



# Acknowledgments



# Antimicrobial



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# Disclosures

- Received research grants from
  - Zoetis and Elanco/Novartis



# Objectives

- To summarize the scope of the problem of AMR
- To inspire the intent to change/reevaluate/improve prescribing practices
- To provide tools to use antimicrobials more effectively
  - Antimicrobial mechanisms of action and resistance
  - Introduction to intrinsic resistance


# The Post-Antibiotic Era

**IF NOT TACKLED, RISING AMR COULD HAVE A DEVASTATING IMPACT**

**TACKLING DRUG-RESISTANT INFECTIONS GLOBALLY:  
FINAL REPORT AND RECOMMENDATIONS**

THE REVIEW ON  
ANTIMICROBIAL RESISTANCE  
CHAired BY JIM O'NEILL

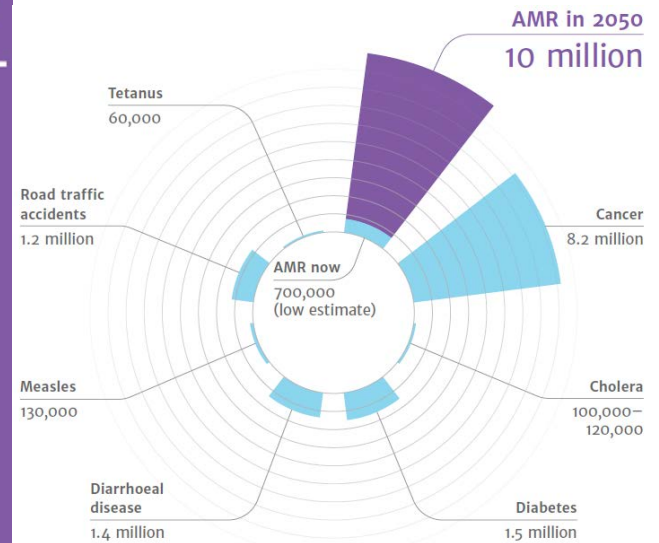
MAY 2016



By 2050, the death toll could be a staggering **one person every three seconds** if AMR is not tackled now.

Source: Review's own analysis.

Review on Antimicrobial Resistance



Estimated Attributable Deaths in 2050

# Current Threats

## Urgent Threats

- *Clostridium difficile*
- Carbapenem-resistant Enterobacteriaceae (CRE)
- Drug-resistant *Neisseria gonorrhoeae*

## Serious Threats

- Multidrug-resistant *Acinetobacter*
- Drug-resistant *Campylobacter*
- Fluconazole-resistant *Candida* (a fungus)
- Extended spectrum  $\beta$ -lactamase producing Enterobacteriaceae (ESBLs)
- Vancomycin-resistant *Enterococcus* (VRE)
- Multidrug-resistant *Pseudomonas aeruginosa*
- Drug-resistant Non-typhoidal *Salmonella*
- Drug-resistant *Salmonella* Typhi
- Drug-resistant *Shigella*
- Methicillin-resistant *Staphylococcus aureus* (MRSA)
- Drug-resistant *Streptococcus pneumoniae*
- Drug-resistant tuberculosis

## Concerning Threats

- Vancomycin-resistant *Staphylococcus aureus* (VRSA)
- Erythromycin-resistant Group A *Streptococcus*
- Clindamycin-resistant Group B *Streptococcus*

Estimated minimum number of illnesses and deaths caused by antibiotic resistance\*:

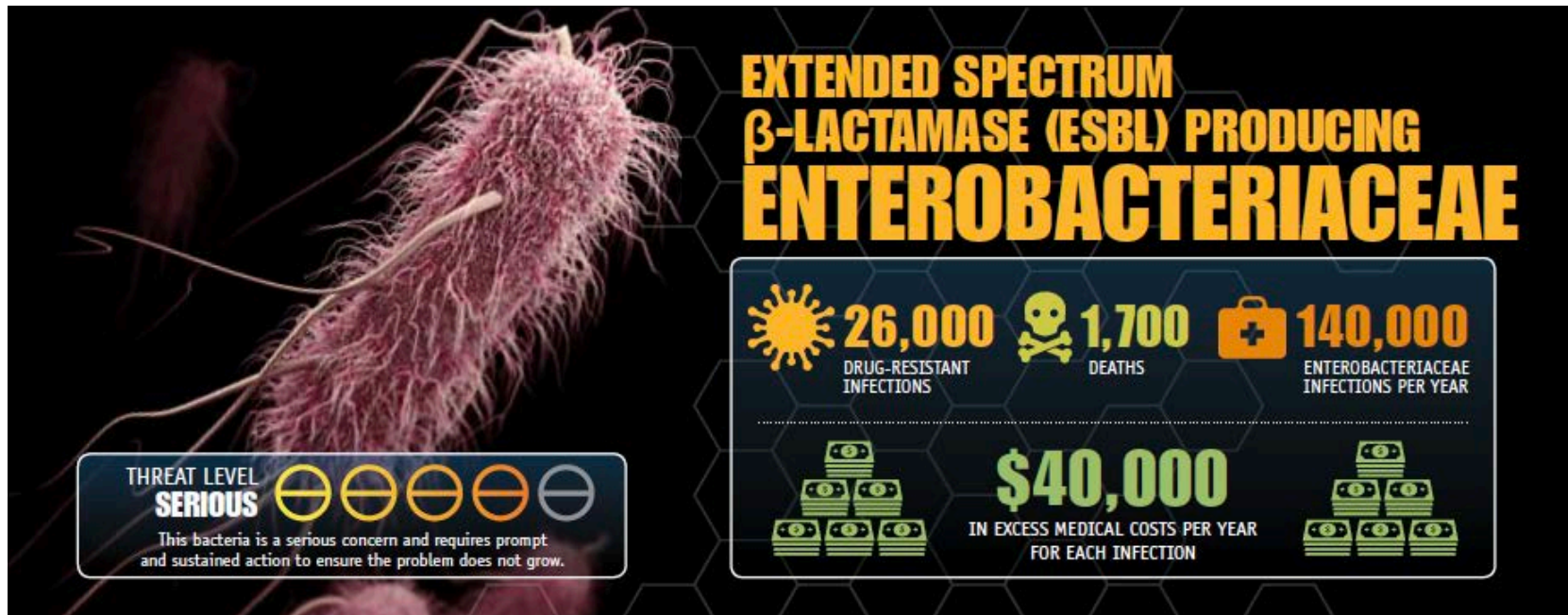
At least  **2,049,442** illnesses,  
 **23,000** deaths

*\*bacteria and fungus included in this report*

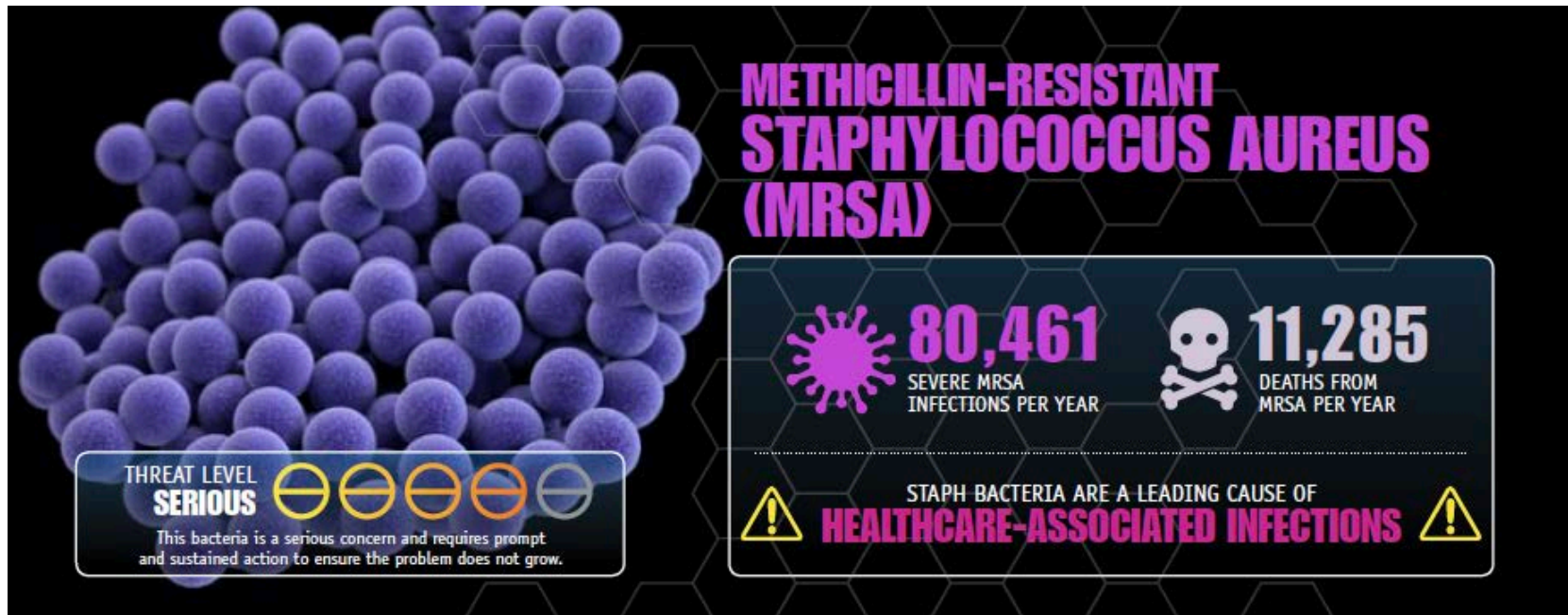
**ANTIBIOTIC RESISTANCE THREATS**  
**in the United States, 2013**



# Broad spectrum $\beta$ -lactamases



# Methicillin-resistant *Staph aureus*





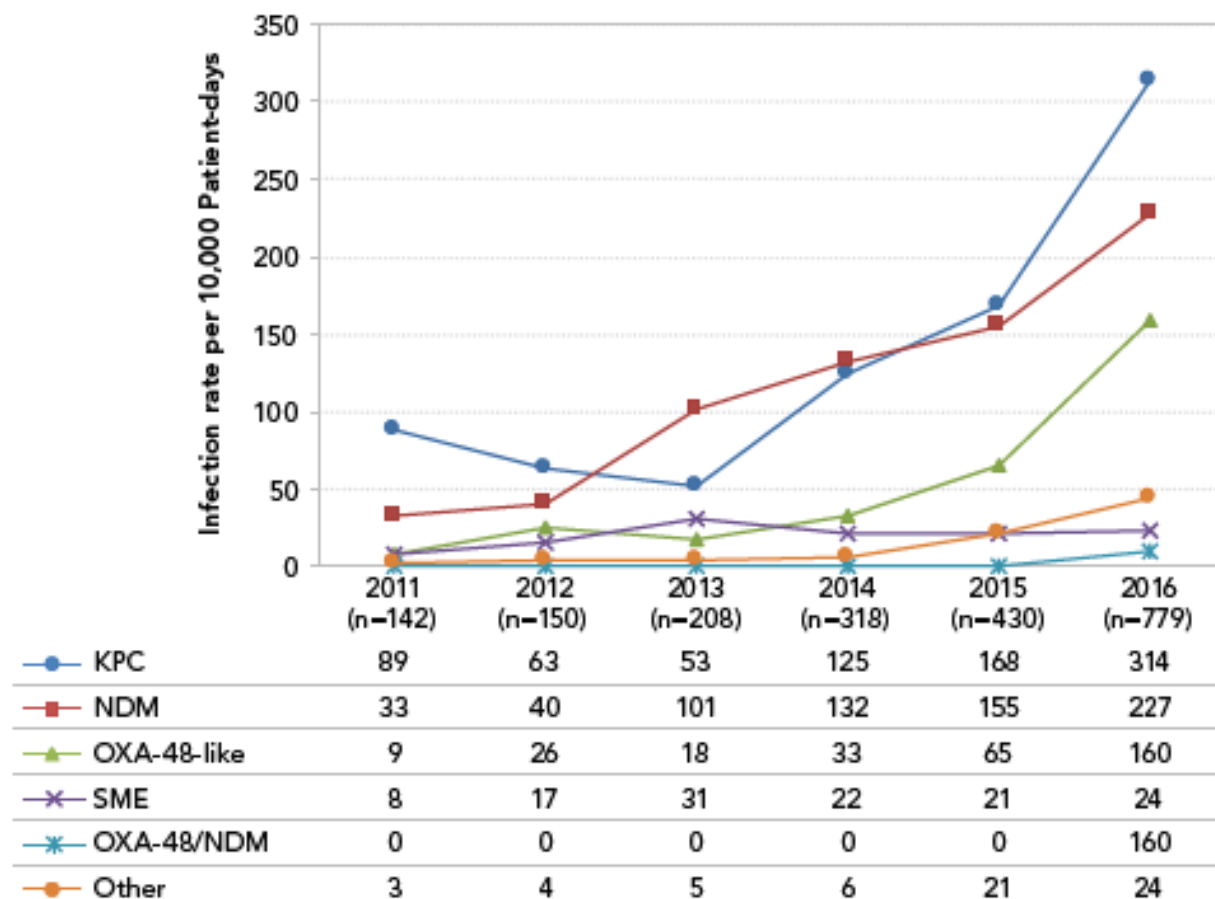
# Emerging Resistance Concerns

- ESKAPE organisms
  - *Enterococcus faecium*
    - (VRE, penicillin resistance)
  - *Staphylococcus aureus (pseudintermedius)*
    - (MRSA, MDR)
  - *Klebsiella pneumoniae*
    - (ESBL, CPO, aminoglycoside, fluoroquinolone)
  - *Acinetobacter baumannii*
    - (Carbapenems and colistin)
  - *Pseudomonas aeruginosa*
    - (CPO, MDR, PanR)
  - *Enterobacter* spp.
    - (ESBL, CPO, MDR, PanR)

VRE – vancomycin resistant *Enterococcus*, MDR – multidrug resistant, ESBL – extended spectrum  $\beta$ -lactamase, CPO – carbapenemases producing organism, PanR – pan drug resistant.

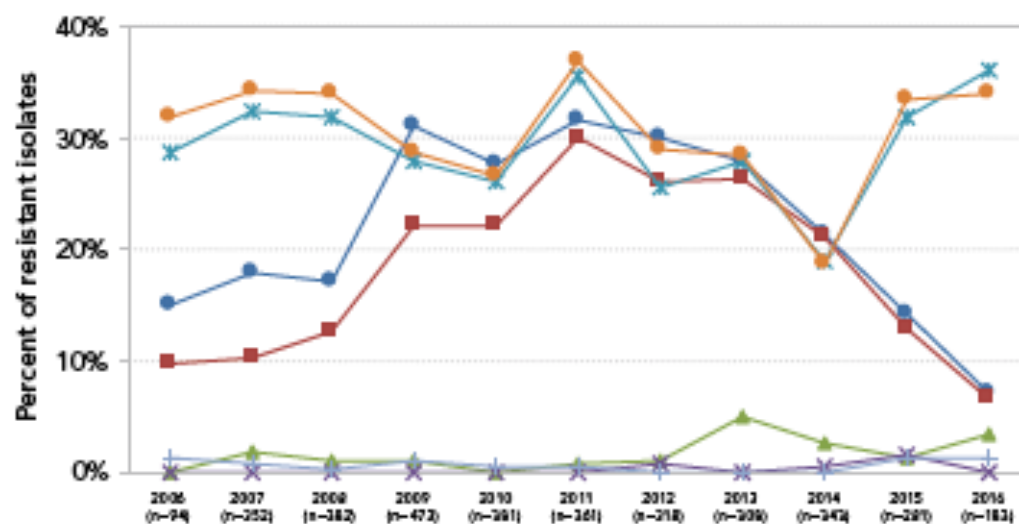
# Emerging Resistance in Canada

FIGURE 15: Count of CPE isolates by resistance gene, 2011-2016



# Changing Resistance?

**FIGURE 38:** Resistance to selected antimicrobials among *Salmonella* isolates from chicken meat samples collected at retail stores, 2006-2016



● Ampicillin	14.9%	17.9%	17.0%	31.1%	27.6%	31.6%	29.9%	27.9%	21.3%	14.2%	7.1%
■ Ceftriaxone	9.6%	10.2%	12.6%	22.0%	22.0%	29.9%	26.1%	26.3%	21.0%	12.8%	6.6%
▲ Gentamicin	0.0%	1.7%	1.0%	0.8%	0.0%	0.6%	0.9%	4.9%	2.6%	1.1%	3.3%
✱ Nalidixic acid	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.6%	0.0%	0.3%	1.4%	0.0%
✱ Streptomycin	28.7%	32.4%	31.7%	27.9%	26.0%	35.5%	25.5%	27.9%	19.0%	31.7%	36.1%
● Tetracycline	31.9%	34.1%	34.0%	28.8%	26.5%	36.8%	28.9%	28.2%	18.7%	33.5%	33.9%
— Trimethoprim-sulfamethoxazole	1.1%	0.6%	0.3%	0.8%	0.5%	0.3%	0.0%	0.0%	0.0%	1.1%	1.1%

# Where Does Resistance Come From?

- Natural phenomenon!
  - Soil organisms survive in an environment that contains antimicrobial compounds
  - Enteric organisms need to survive in the presence of bile acids

## LETTER

doi:10.1038/nature10388

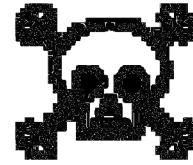
### Antibiotic resistance is ancient

Vanessa M. D'Costa<sup>1,2\*</sup>, Christine E. King<sup>3,4\*</sup>, Lindsay Kalan<sup>1,2</sup>, Mariya Morar<sup>1,2</sup>, Wilson W. L. Sung<sup>4</sup>, Carsten Schwarz<sup>3</sup>, Duane Froese<sup>5</sup>, Grant Zazula<sup>6</sup>, Fabrice Calmels<sup>5</sup>, Régis Debruyne<sup>7</sup>, G. Brian Golding<sup>4</sup>, Hendrik N. Poinar<sup>1,3,4</sup> & Gerard D. Wright<sup>1,2</sup>

Here we report targeted metagenomic analyses of rigorously authenticated ancient DNA from 30,000-year-old Beringian permafrost sediments and the identification of a highly diverse collection of genes encoding resistance to  $\beta$ -lactam, tetracycline and glycopeptide antibiotics.

- Resistance to every drug that has, is or will be used in the future already exists
  - Drug resistance is often a byproduct of something else
- ANY/ALL drug use (appropriate or inappropriate) results in selection pressure
  - If you use a drug it better be worth it!

# The Pre-Antibiotic Era



- Largely powerless to stop invasive infections
- Interesting accounts of infectious disease in conflict settings (WW1)
  - Infected wounds progressed
    - Cut = infection = sepsis = death
  - Quiescent tubercles ubiquitous in urban areas
  - Sexually transmitted infections were 'moral' rather than medical issues
    - Occurred at a rate of 272/1,000 soldiers in US army in WW1

**Importance of antibiotics cannot be overstated... estimate to have led to 10 year increase in life expectancy!**

# The Dark Ages



## MERCUROSAL R 2, 0.05 GRAM Intramuscular

DOSE.—The usual intramuscular dose is 0.05 gram, repeated every 4th or 5th day for 10 or 12 doses. Courses of Mercurosal injections (rather than single doses) may be alternated with arsphenamine treatments.

DIRECTIONS.—Shake contents of the tube to one end; make a sharp scratch mark on tube with file enclosed; break by gentle pressure between thumb and forefinger. Dissolve the Mercurosal in 2 cc of sterile water and inject deeply and slowly into a muscle. Use only freshly prepared solution.

In beginning the treatment of a patient of unknown susceptibility to mercurials, it is better to give one-half the usual dose at the first injection. If no abnormal susceptibility is discovered, the second and subsequent injections should be full doses.

PARKE, DAVIS & COMPANY.

PARKE, DAVIS & CO, *maker*

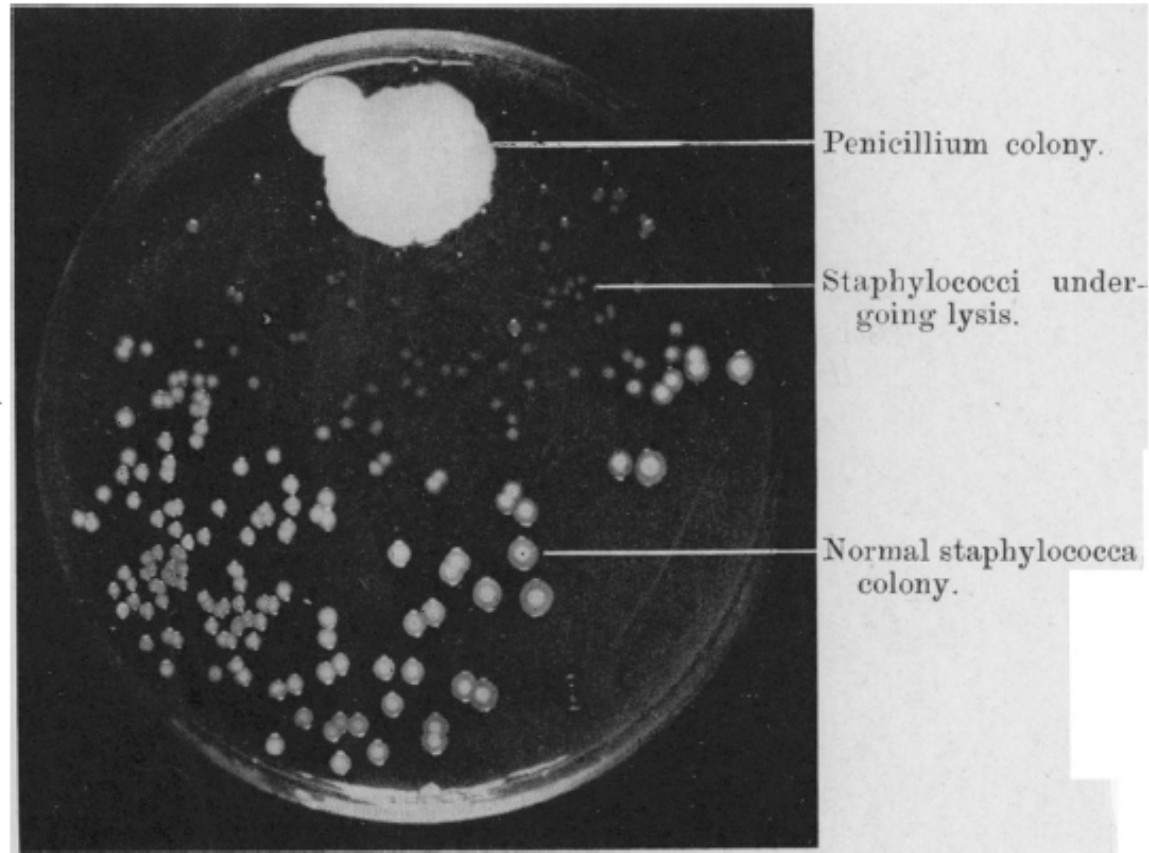
Mercurosal, powdered synthetic mercury compound  
for treatment of syphilis c. 1918

H92.370/251

During World War I, most soldiers who became infected with venereal disease caught gonorrhoea; but some suffered from syphilis and chancroid. Many men suffered combinations of these diseases simultaneously. Prior to the development of antibiotics in the 1940s, the treatments for these diseases were protracted courses of drugs derived from the heavy metals mercury, arsenic and silver, prepared in injectable fluids. Those for syphilis, including mercurosal, were injected directly into the patient's bloodstream. Those for gonorrhoea were injected directly into the urethra using rubber- or glass-tipped urethral syringes or douche nozzles.

Mercury based preparations for the treatment of venereal disease. Specimen photographed at the State Library of Victoria, Melbourne Australia.

# Fleming's Observation



**FIG. 1.**—Photograph of a culture-plate showing the dissolution of staphylococcal colonies in the neighbourhood of a penicillium colony.

# The Finding that Changed it All

ON THE ANTIBACTERIAL ACTION OF CULTURES OF A  
PENICILLIUM, WITH SPECIAL REFERENCE TO THEIR  
USE IN THE ISOLATION OF *B. INFLUENZÆ*.

ALEXANDER FLEMING, F.R.C.S.

*From the Laboratories of the Inoculation Department, St Mary's Hospital, London.*

Received for publication May 10th, 1929.

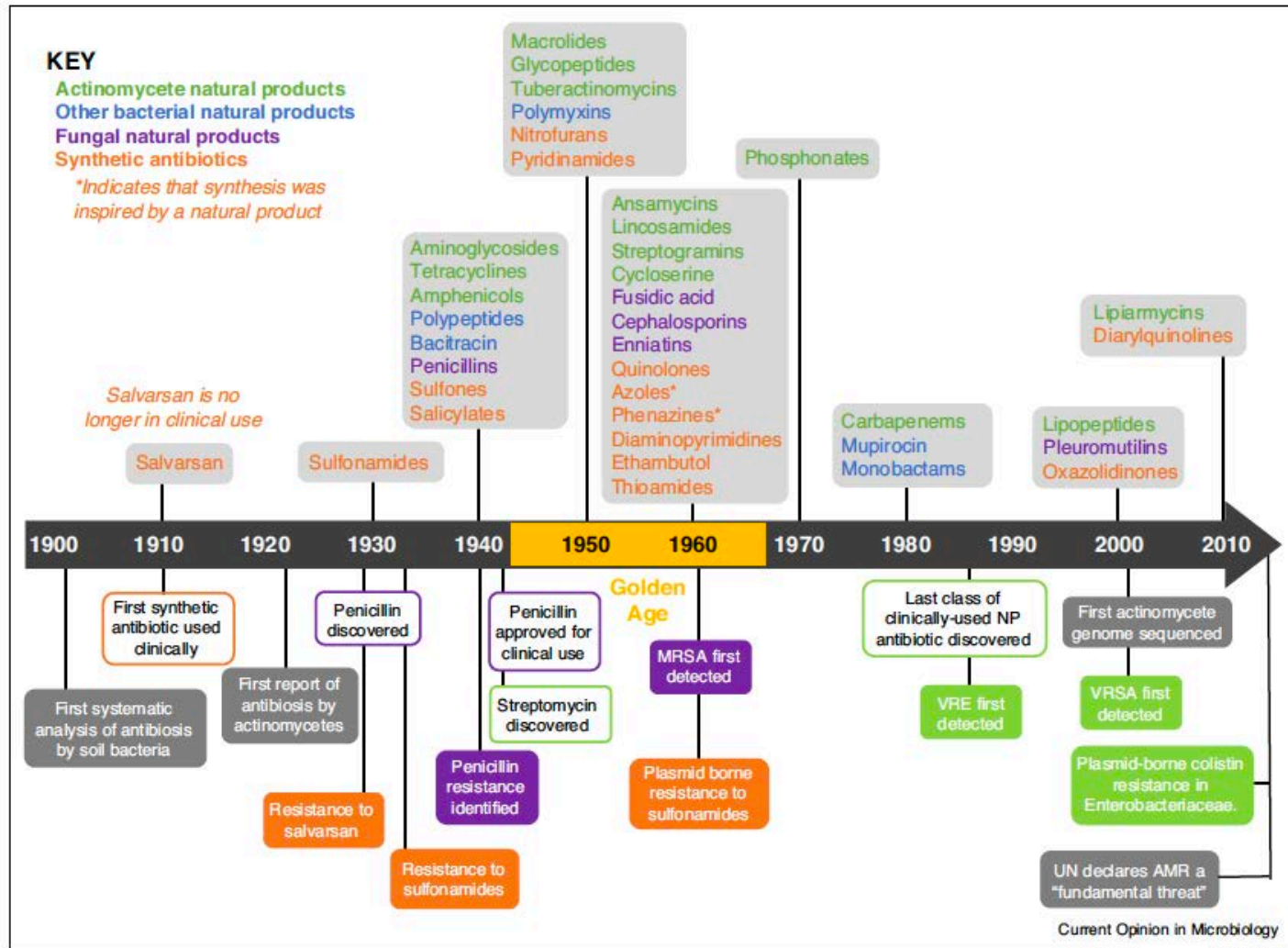
Ernst Boris Chain

Sir Howard Florey





# History of Drug Discovery

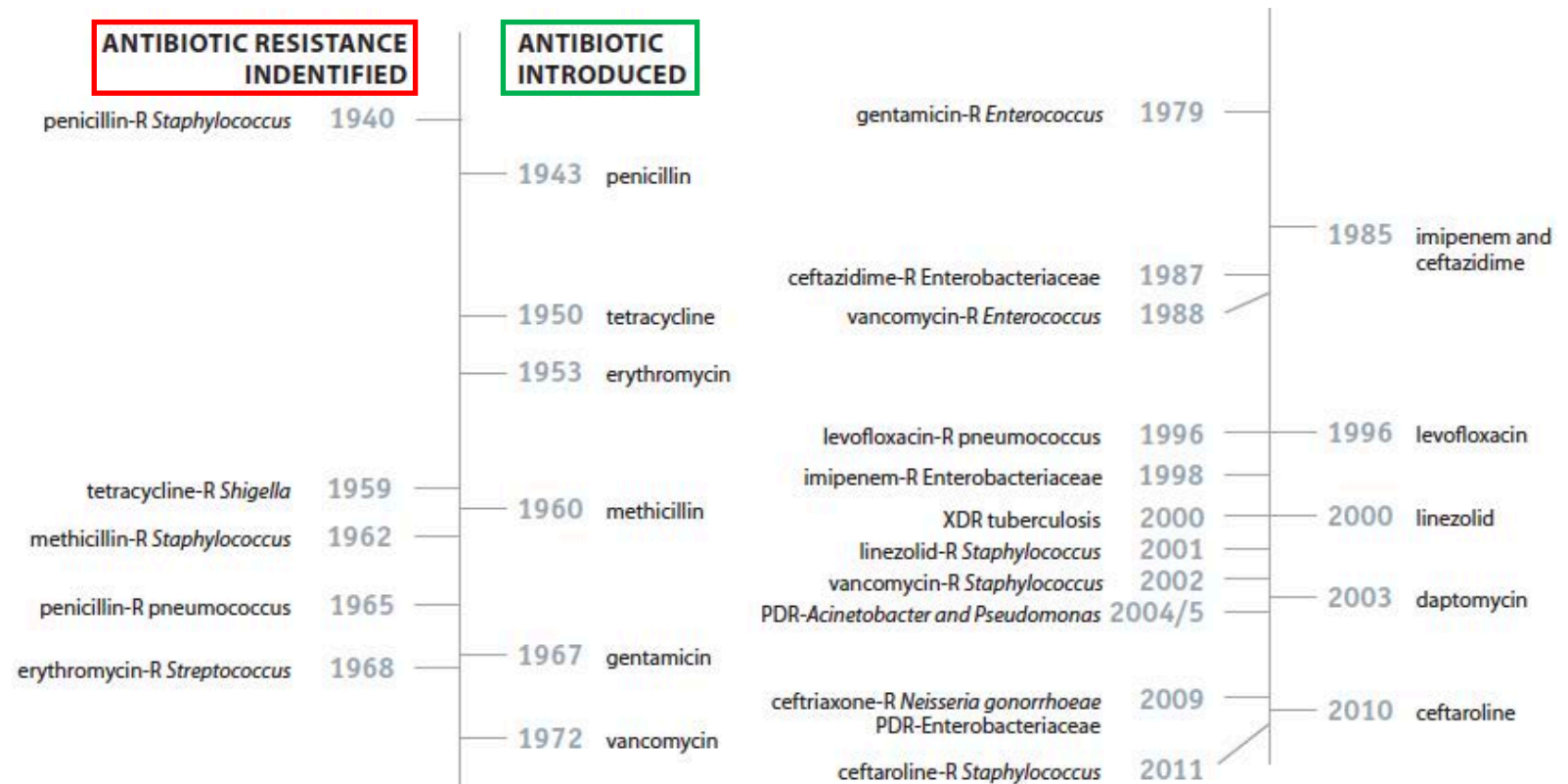


Available online at [www.sciencedirect.com](http://www.sciencedirect.com)

ScienceDirect



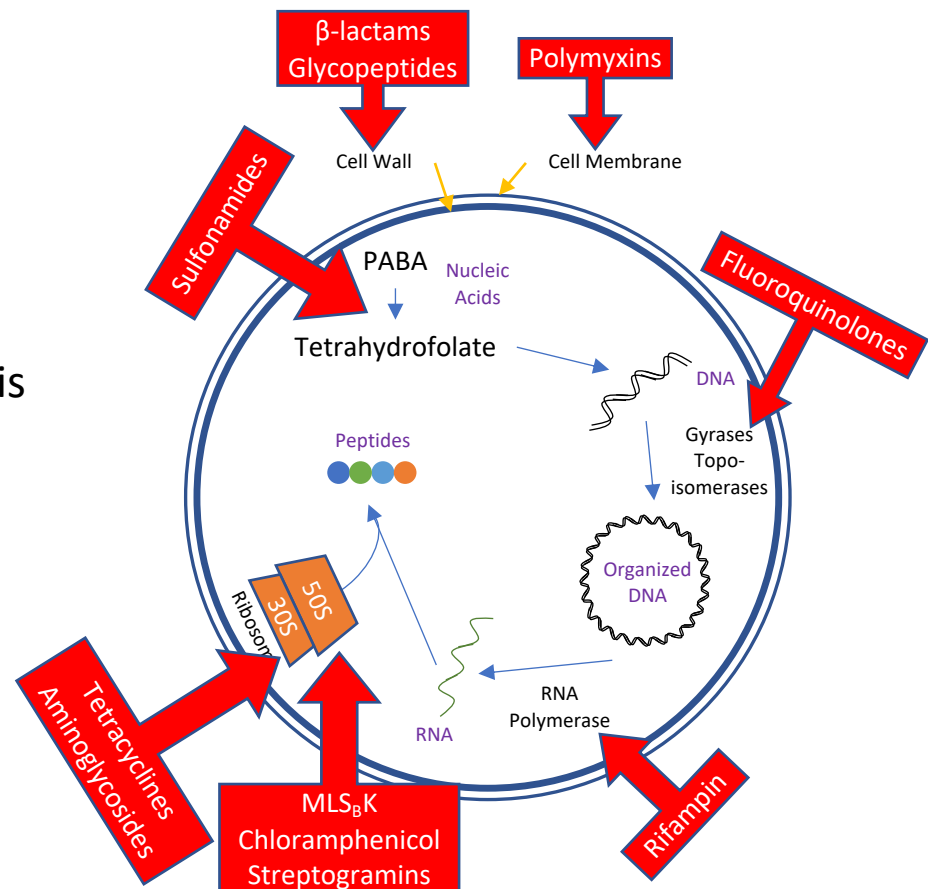
# Resistance Follows Usage



# How Antibiotics Work

- Attack physiological processes unique to bacteria

- Inside/Outside
  - Cell wall
  - Cell membrane
- Central Dogma
  - Nucleic acids
    - Nucleic acid synthesis
    - DNA metabolism
    - RNA polymerase
  - Protein synthesis



# How Bacteria Resist

- Decreased permeability Prevent entry
- Active Efflux Pump out
- Enzymatic Degradation/Alteration Destroy
- Target Modification Disguise
- Alternate Pathways Do something else
- Resistance by Absence Lacking target

Bacteria can deploy these strategies intrinsically or after gaining genetic competence

# Where Resistance Comes From

ATTGCCGT  
TAACGGCA

ATCGCCGT  
TAGCGGCA

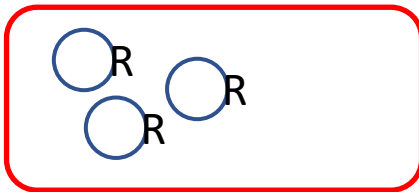
Mutation

# Where Resistance Comes From

ATTGCCGT  
TAACGGCA

ATCGCCGT  
TAGCGGCA

Mutation



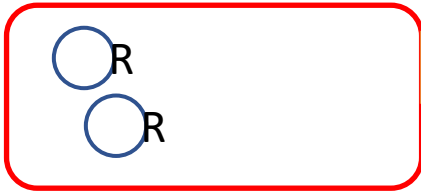
Conjugation

# Where Resistance Comes From

ATTGCCGT  
TAACGGCA

ATCGCCGT  
TAGCGGCA

Mutation



Conjugation



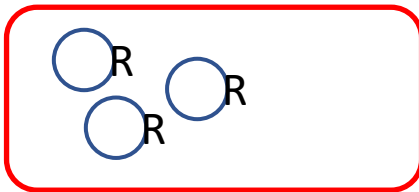
Transduction

# Where Resistance Comes From

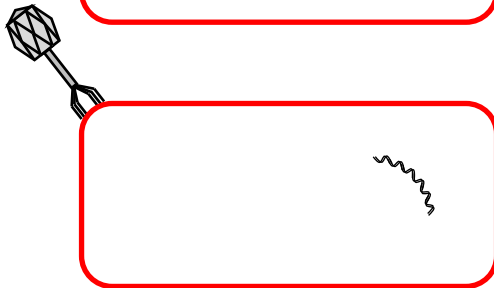
ATTGCCGT  
TAACGGCA

ATCGCCGT  
TAGCGGCA

Mutation



Conjugation



Transduction



Transformation



# Words of Wisdom for New Tools

*“It is a neck-and-neck race in which many of us tend to underestimate the opponent. Staphylococci will not be defeated by the haphazard use of each new antibiotic. As new antibacterial agents are discovered, let us use them with discrimination.”*

Dr. Mary Barber - 1955

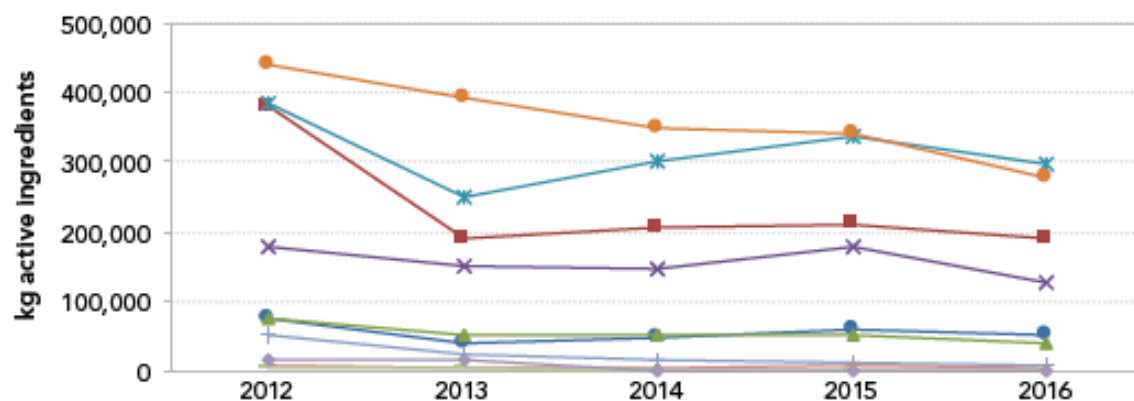
<https://www.youtube.com/watch?v=pIVk4NVIUh8>

# Evolutionary Power

	<b>Human</b>	<b>Bacterial</b>
	<b>Generations Since</b>	<b>Generations in</b>
	<b>Species Origin</b>	<b>Antimicrobial Era</b>
<b>Time</b>		
<b>Generation</b>		
<b>Length</b>		
<b>Generations</b>		

# Antimicrobial Use Animals

**FIGURE 51:** Quantity of medically important antimicrobials (kilograms) distributed for sale for use in animals, by province, 2012-2016



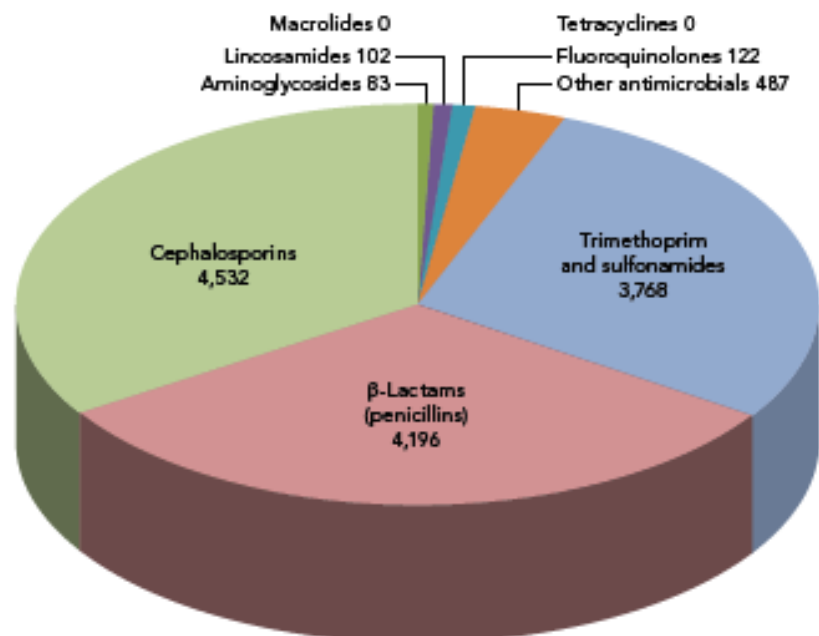
● BC	74,376	38,680	47,351	60,067	52,738
■ AB	381,193	189,245	206,573	210,475	189,870
▲ SK	77,971	50,961	50,333	50,708	39,976
✕ MB	178,577	151,675	147,088	179,660	128,715
* ON	386,917	249,621	303,240	336,049	296,916
● QC	440,364	392,312	348,387	343,544	276,971
+ NB	50,797	23,850	14,696	11,092	8,066
- NS	7,959	6,172	5,782	6,780	4,463
■ PE	3,781	4,164	1,134	1,147	1,378
◆ NL	17,322	15,023	1,883	1,740	1,357

# Antimicrobial Use Dogs and Cats

## Antimicrobial use in companion animals

In 2016, the predominant classes of antimicrobials used in companion animals were cephalosporins,  $\beta$ -lactams, and trimethoprim-sulfas (Figure 54). All three of these classes are antimicrobials of high importance to humans according to the classification system of the Veterinary Drugs Directorate, Health Canada<sup>15</sup>.

**FIGURE 54:** Relative quantities of antimicrobial classes distributed for use in companion animals (percentages based on kg active ingredient), 2016.



# Antimicrobial Use Dogs and Cats

- Large study out of UK
  - 216 practices
    - >400,000 dogs
    - >200,000 cats



**Table 3**

Percentage breakdown of canine antimicrobial agent prescriptions by antimicrobial agent class prescribed for total, systemic and topical prescriptions from a network of United Kingdom small animal veterinary premises.

Antimicrobial agent class	Total		Systemic		Topical	
	%	95% CI <sup>a</sup>	%	95% CI <sup>a</sup>	%	95% CI <sup>a</sup>
Aminoglycoside	12.0	11.4–12.6	0.1	0.0–0.2	29.1	28.0–30.2
Amphenicol	1.9	1.6–2.1	0.0	<0.00	4.5	3.9–5.2
Other antimicrobial agent <sup>b</sup>	7.2	6.6–7.8	0.0	<0.00	17.4	16.1–18.8
β-lactam	43.6	42.3–44.8	73.8	72.2–75.4	0.1	0.0–0.2
Fluoroquinolone	4.4	3.6–5.1	4.1	3.1–5.2	4.6	4.0–5.2
Fusidic acid	18.2	17.4–19.0	0.0	<0.00	44.3	43.1–45.4
Lincosamide	4.7	4.2–5.2	7.9	7.0–8.8	0.0	<0.00
Macrolide	0.2	0.0–0.3	0.3	0.0–0.6	0.0	<0.00
Nitroimidazole	4.7	4.0–5.4	8.0	6.7–9.2	0.0	<0.00
Nitroimidazole-macrolide	0.8	0.5–1.0	1.3	0.8–1.7	0.0	<0.00
Rifamycin	0.0	<0.00	0.0	<0.00	0.0	<0.00
Sulphonamide	1.5	1.1–1.9	2.5	1.9–3.2	0.0	<0.00
Tetracycline	1.2	1.0–1.3	2.0	1.7–2.2	0.0	0.0–0.01

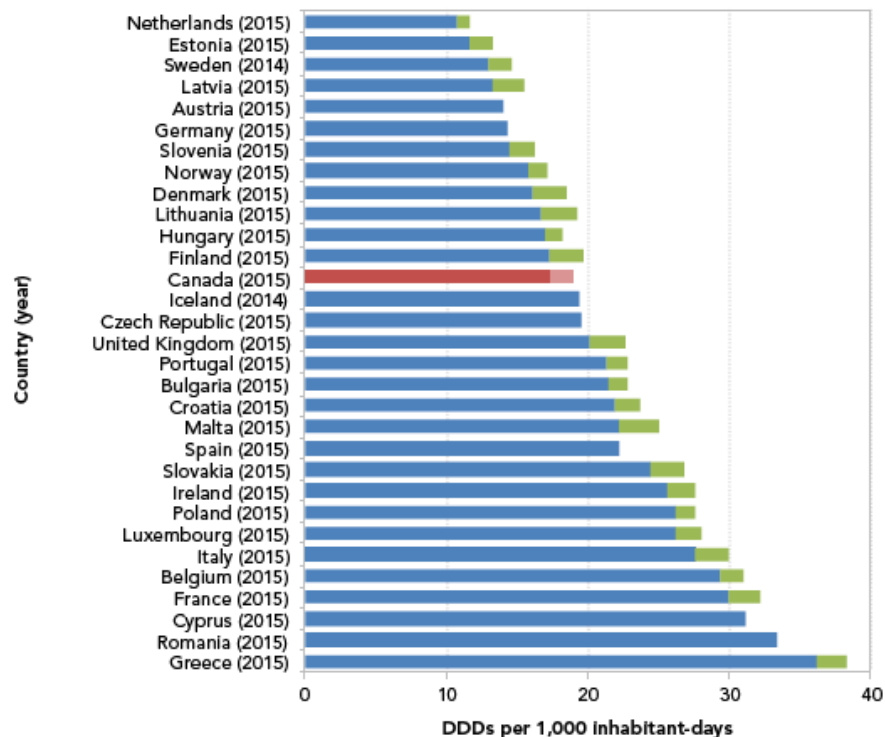
**Table 5**

Percentage breakdown of β-lactam antimicrobial agent prescription by species and β-lactam sub-categories as a percentage of total and systemic antimicrobial agent prescriptions from a network of small animal veterinary premises in the United Kingdom.

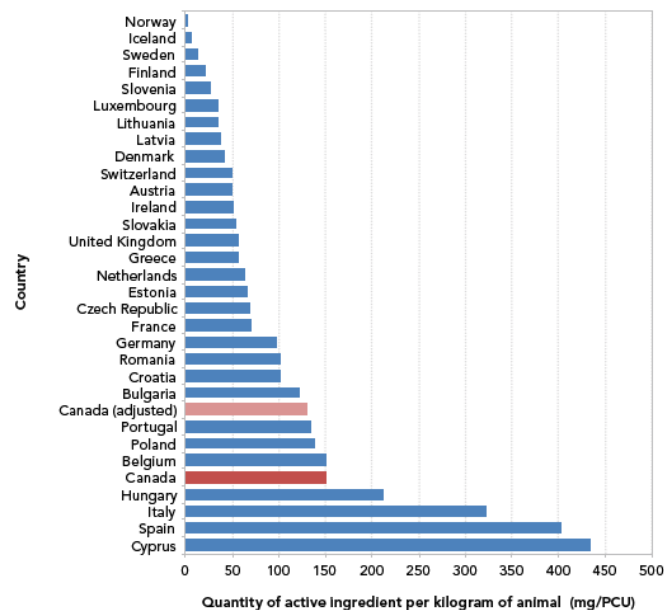
Class of antimicrobial agent	Total prescription				Systemic prescription			
	Dog		Cat		Dog		Cat	
	%	95% CI <sup>a</sup>	%	CI <sup>a</sup>	%	CI <sup>a</sup>	%	CI <sup>a</sup>
Amoxicillin	5.3	4.1–6.5	12.5	10.0–15.0	9.0	7.1–10.9	15.3	12.2–18.3
Other β-lactams <sup>b</sup>	0.4	0.0–0.8	0.07	0.01–0.13	0.5	0.0–1.3	0.02	0.00–0.05
First generation cephalosporin	8.4	7.8–9.0	0.4	0.3–0.5	14.2	13.2–15.3	0.5	0.4–0.6
Second generation cephalosporin	0.04	0.01–0.07	0.01	0.00–0.02	0.07	0.02–0.12	0.02	0.00–0.03
Third generation cephalosporin	0.9	0.7–1.0	36.2	33.9–38.5	1.5	1.3–1.8	45.1	42.1–48.2
Clavulanic acid potentiated amoxicillin	28.6	27.4–29.8	21.6	19.6–23.6	48.5	46.0–50.9	26.9	24.5–29.3
Penicillin	0.03	0.01–0.05	0.03	0.01–0.05	0.04	0.01–0.07	0.04	0.01–0.06
Total	43.6		70.8		73.8		87.9	

# How Canada's AMU Compares

**FIGURE 57:** J01 Antimicrobial consumption (DDDs per 1,000 inhabitant-days), Canada (CA) and Europe (EU)



**FIGURE 58:** Sales of antimicrobials (adjusted by populations and weights) for Canada (2016) and countries participating in the European Surveillance of Veterinary Antimicrobial Consumption (2015)



**NOTE:** Data sources: Canadian Animal Health Institute, Statistics Canada, Agriculture and Agri-Food Canada, Equine Canada, European Surveillance of Veterinary Antimicrobial Consumption (ESVAC). PCU = population correction unit. The Canadian data used for live horses were from 2010 and fish from 2015; more recent data were unavailable. For the Canadian data, values do not include antimicrobials imported under the 'own use' provision or imported as active pharmaceutical ingredients used in compounding. The PCU denominator was harmonized to the greatest extent possible with ESVAC<sup>9</sup>. ESVAC denominator does not include beef cows, whereas in Canada beef cows are a significant population and are included. The ESVAC approach excludes companion animal data.

We're somewhere in the middle, so there's probably room to improve

CANADIAN  
ANTIMICROBIAL  
RESISTANCE  
SURVEILLANCE SYSTEM

2017 REPORT

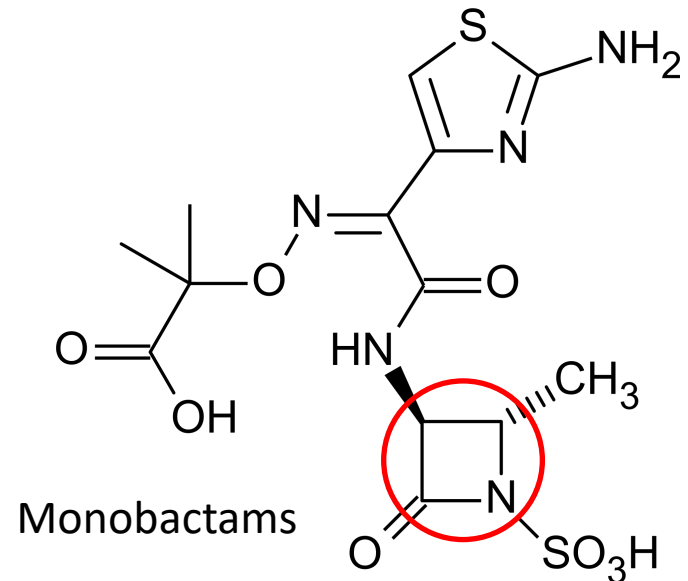
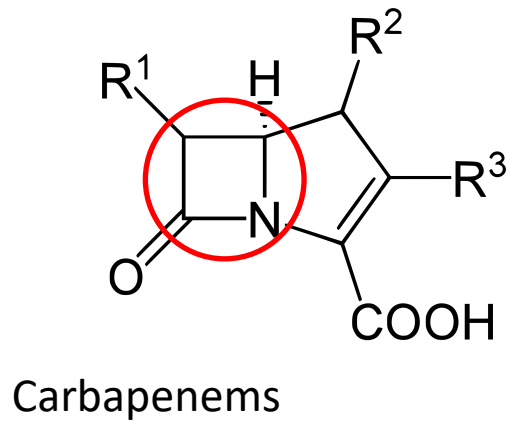
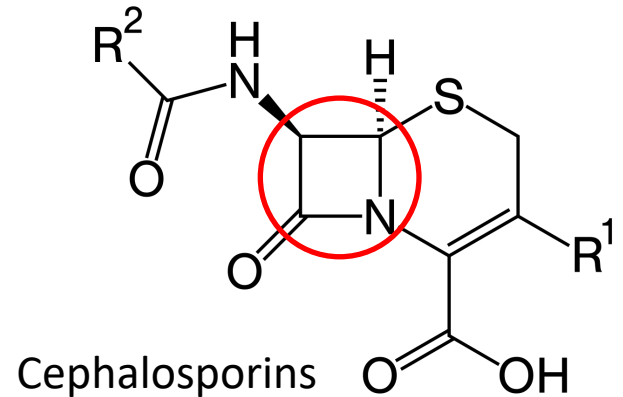
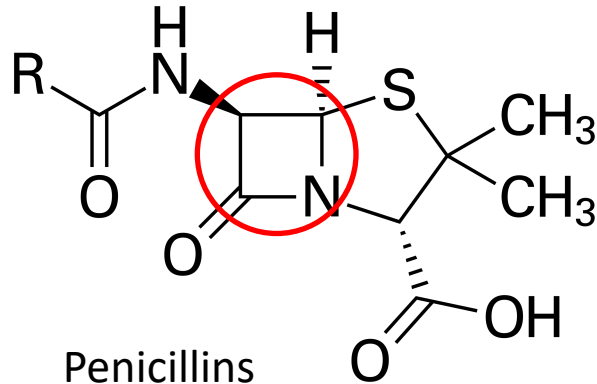
Public Health Agency of Canada / Agence de la santé publique du Canada

Canada

# $\beta$ -lactams

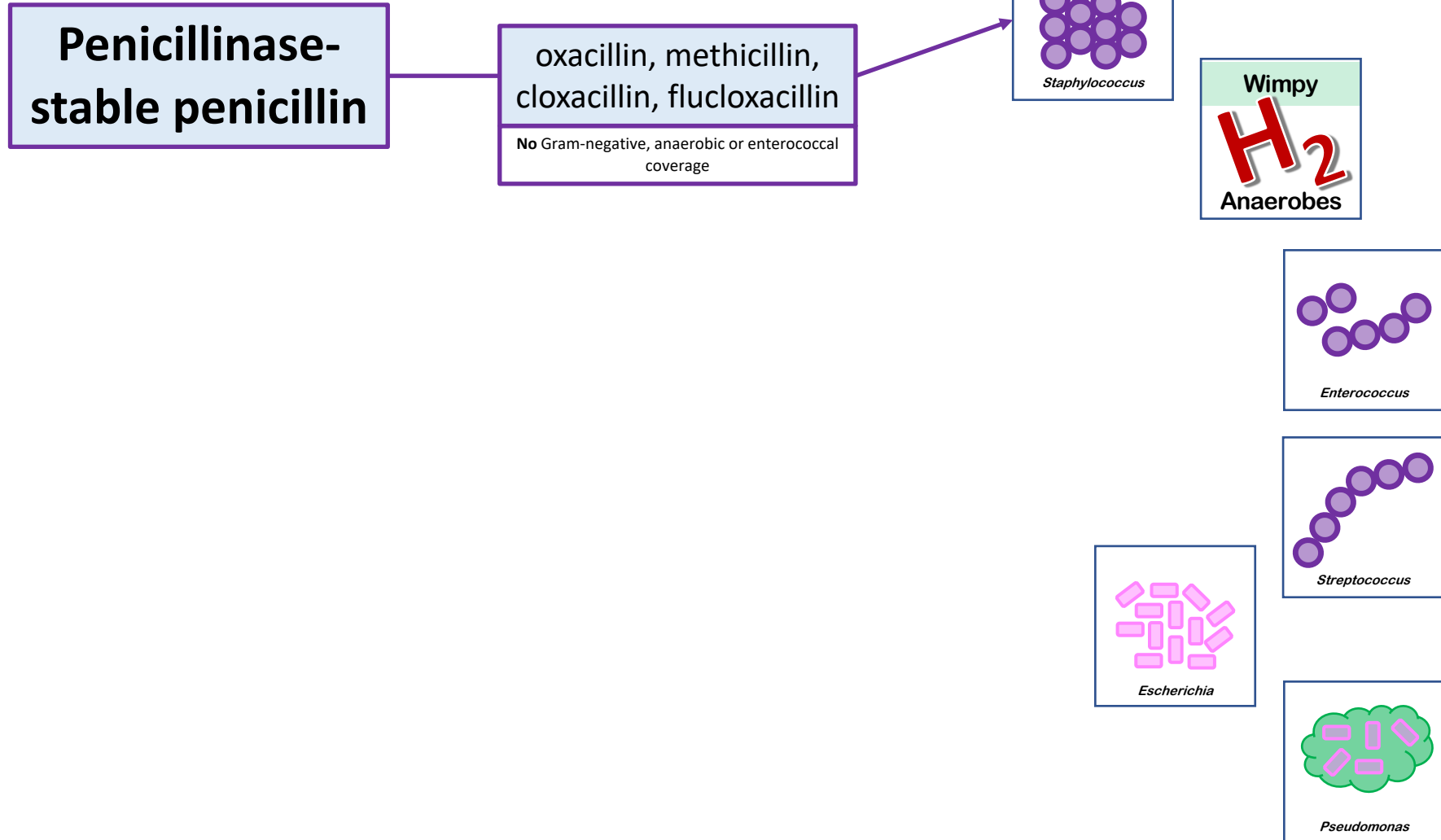
- Inhibit cell wall synthesis
  - Bind to penicillin binding proteins
    - Transpeptidases and carboxypeptidases
  - Prevent final stage of peptidoglycan synthesis
- Super family of antimicrobials
  - Penicillins
  - Cephalosporins
  - Carbapenems
  - $\beta$ -lactamase inhibitors

# $\beta$ -lactam Basic Structure

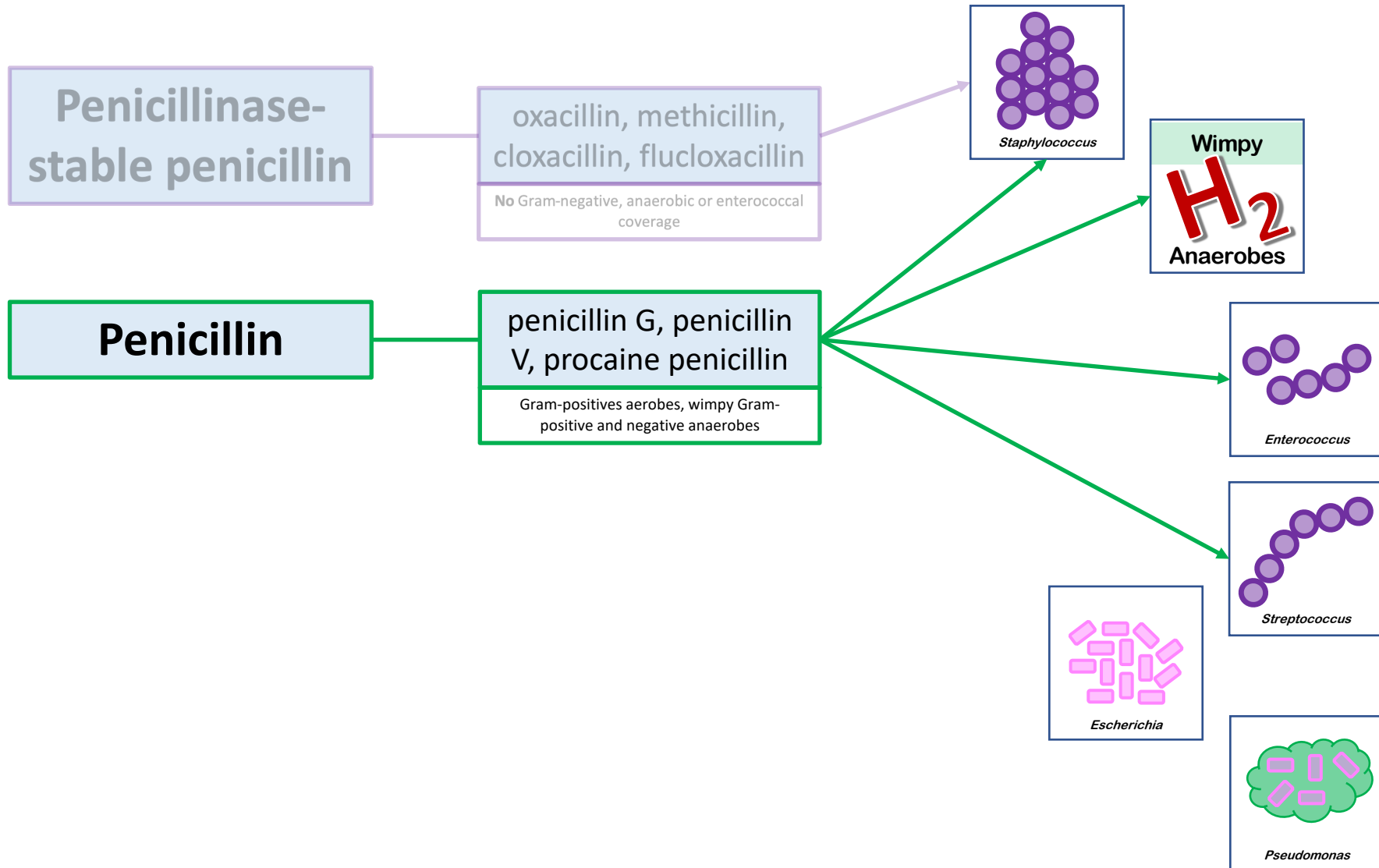




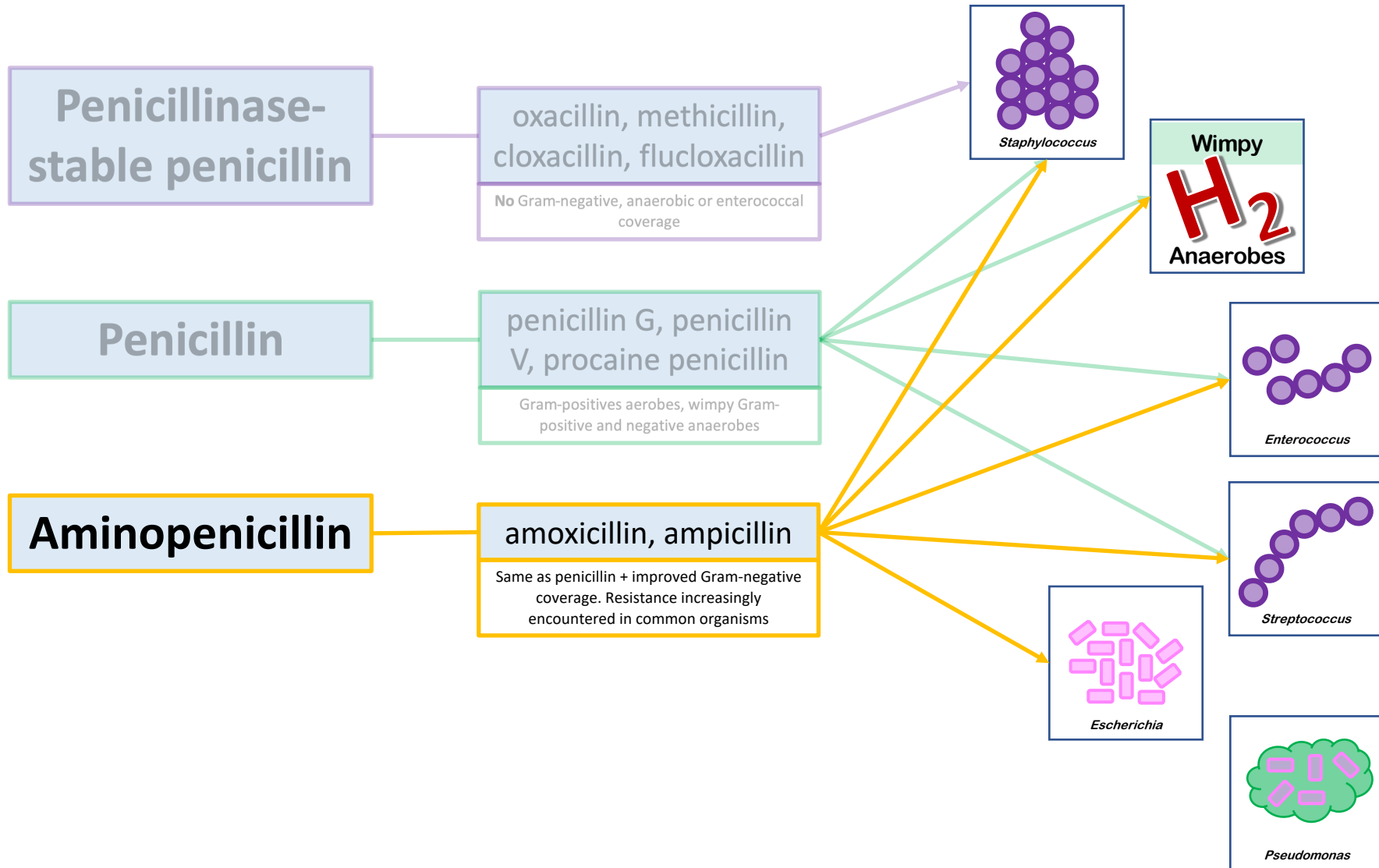
# $\beta$ -lactams - Penicillins



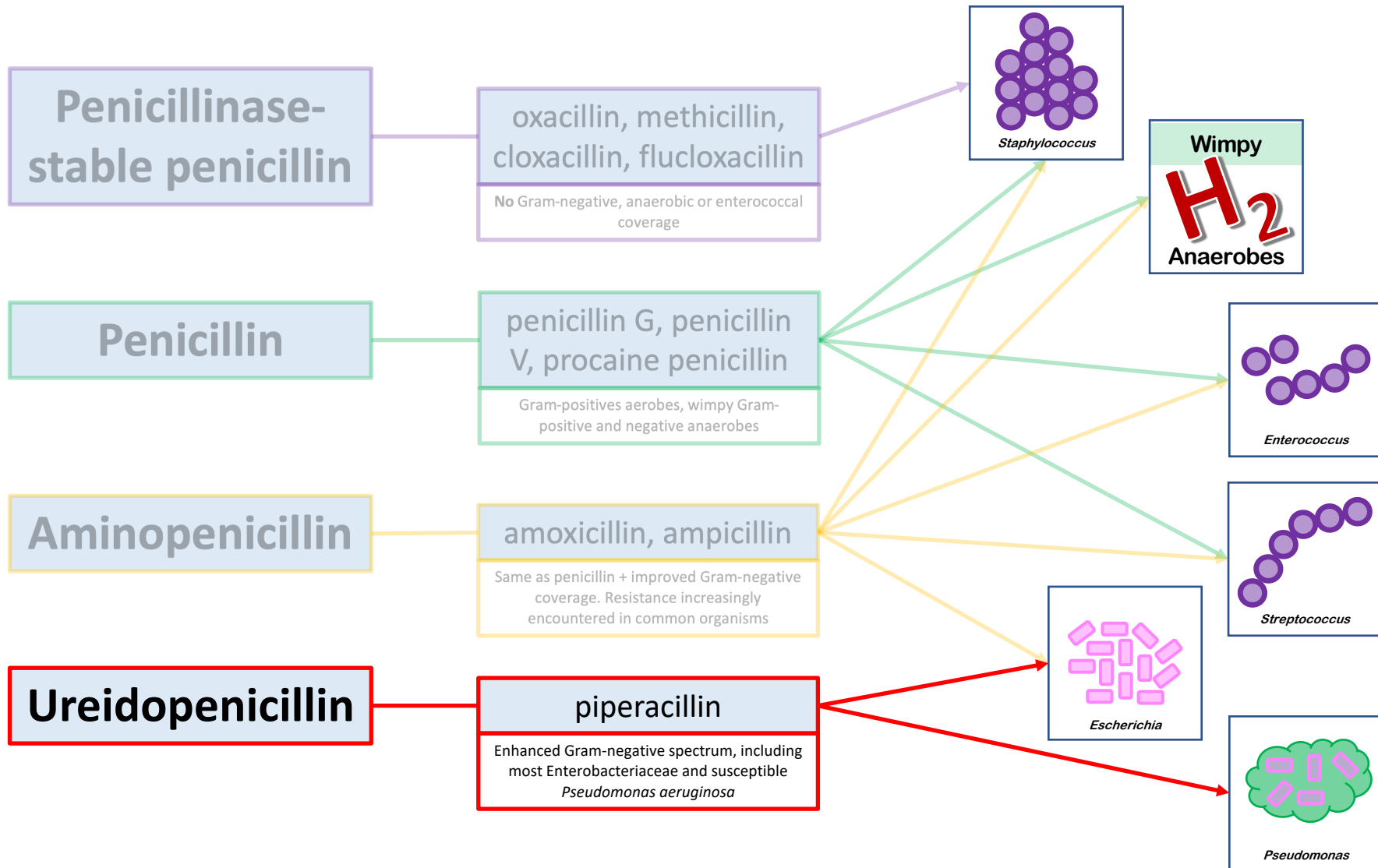
# $\beta$ -lactams - Penicillins



# $\beta$ -lactams - Penicillins



# $\beta$ -lactams - Penicillins



# $\beta$ -Lactams/Inhibitor Combinations

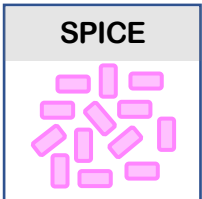
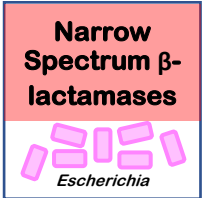
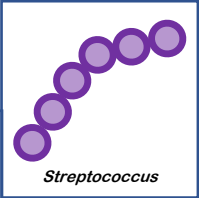
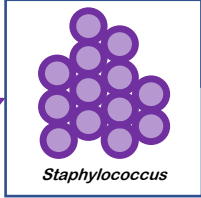
- Currently available:
  - Clavulanic acid (amoxicillin + clavulanic acid)
  - Sulbactam (ampicillin + sulbactam)
  - Tazobactam (piperacillin + tazobactam)
- Act by irreversibly binding to the serine catalytic site of certain bacterial  $\beta$ -lactamases
  - Only active against Class A enzymes
  - NOT ALL  $\beta$ -LACTAMASES can be inhibited

# $\beta$ -lactams - Cephalosporins

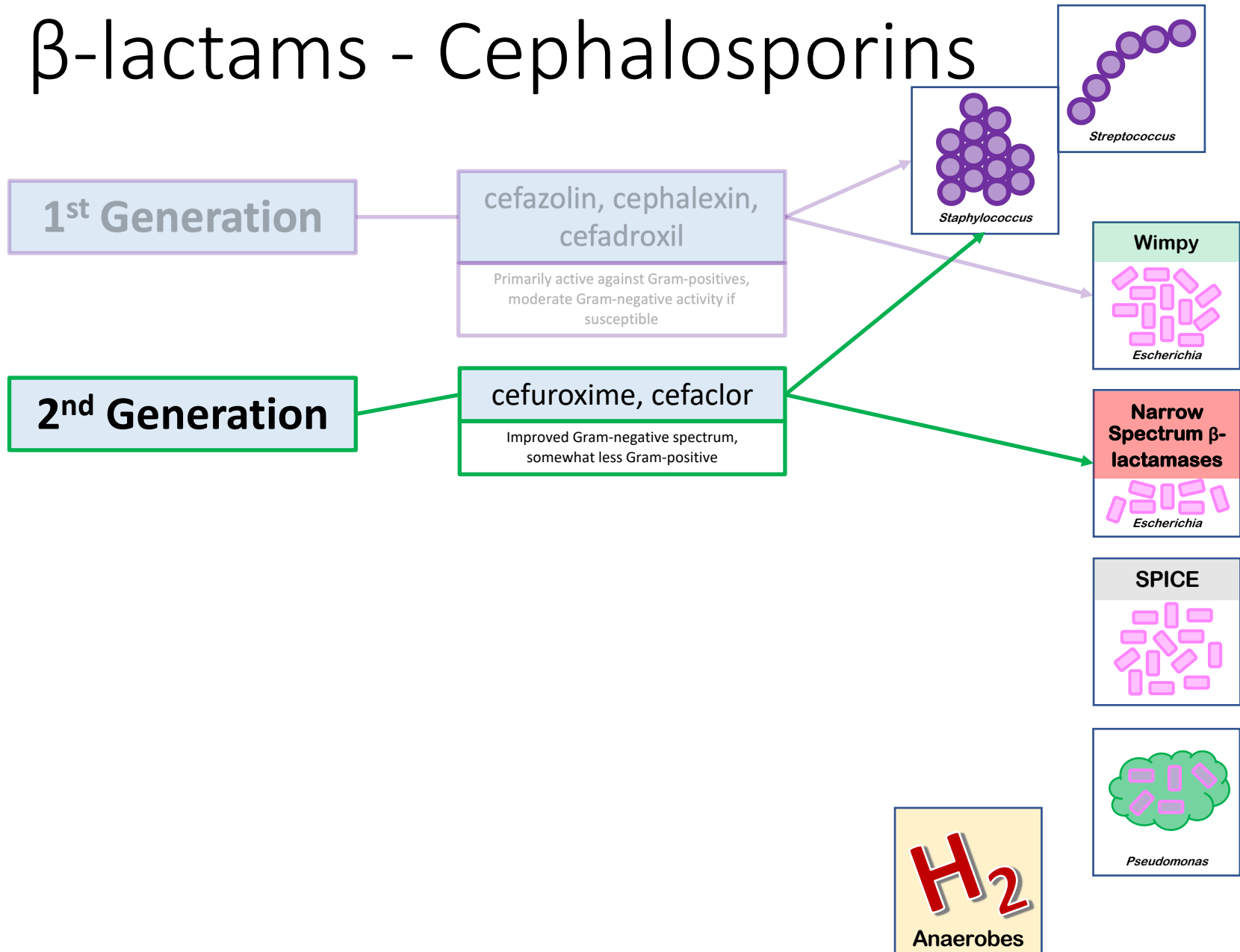
**1<sup>st</sup> Generation**

cefazolin, cephalexin,  
cefadroxil

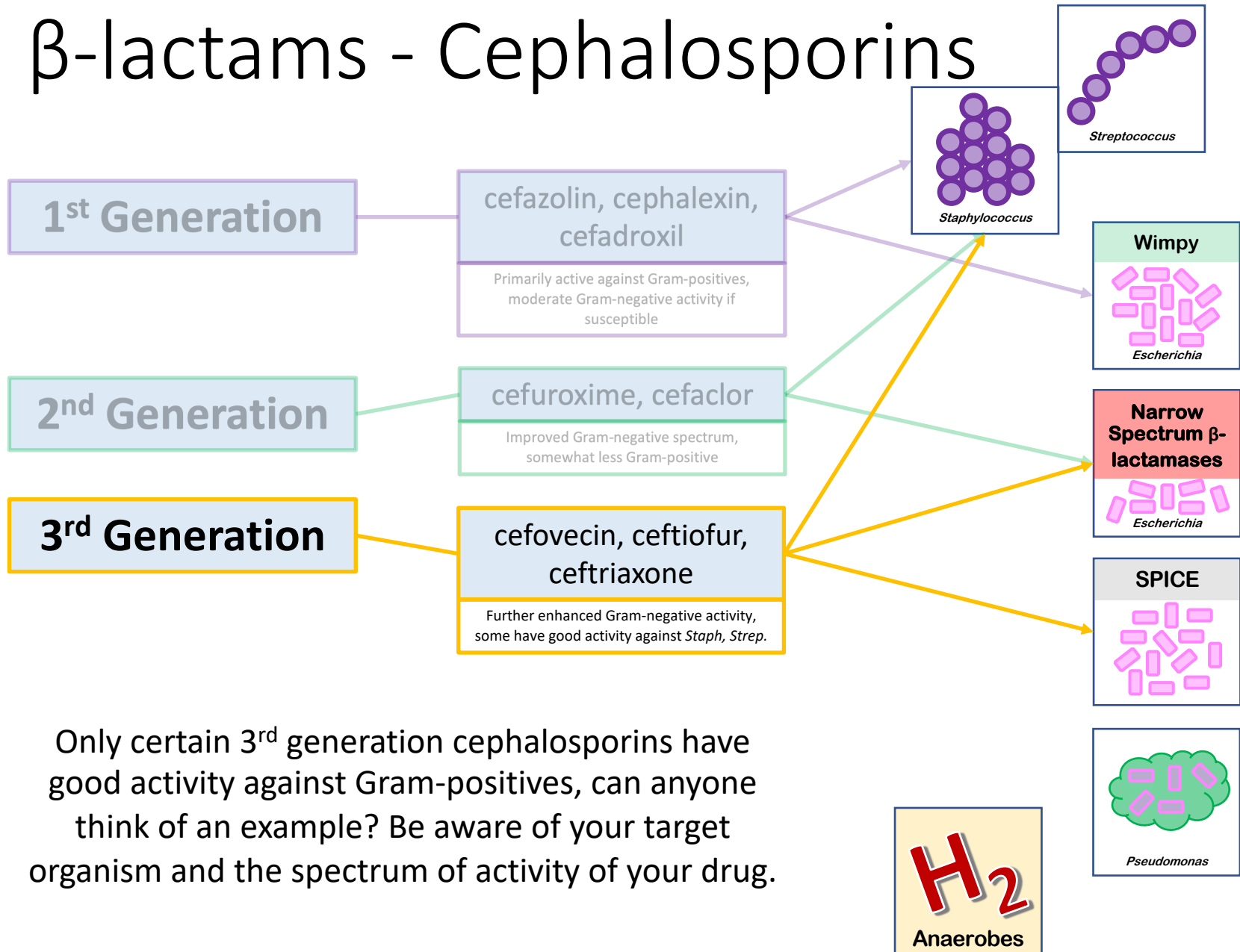
Primarily active against Gram-positives,  
moderate Gram-negative activity if  
susceptible



# $\beta$ -lactams - Cephalosporins



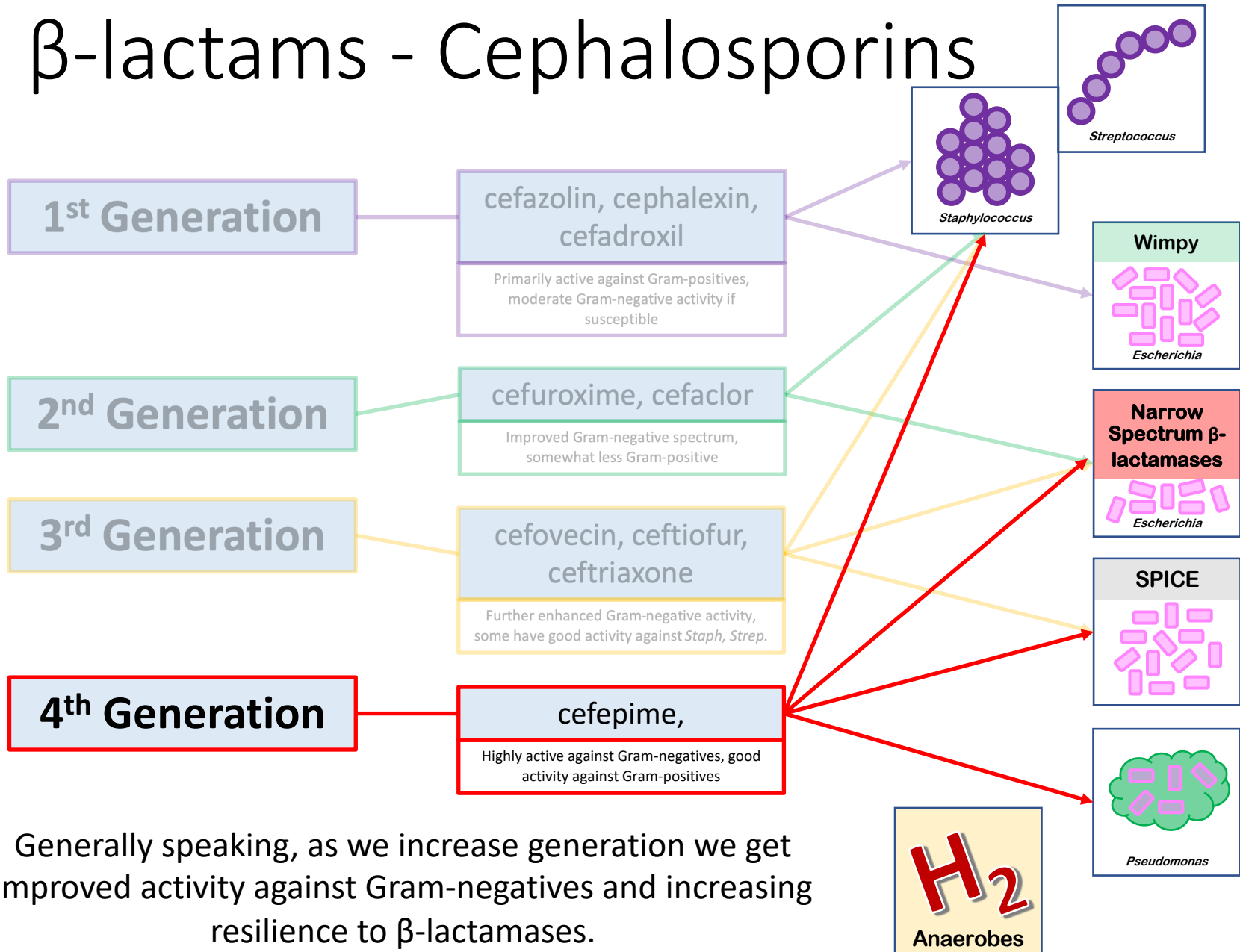
# β-lactams - Cephalosporins



Only certain 3<sup>rd</sup> generation cephalosporins have good activity against Gram-positives, can anyone think of an example? Be aware of your target organism and the spectrum of activity of your drug.

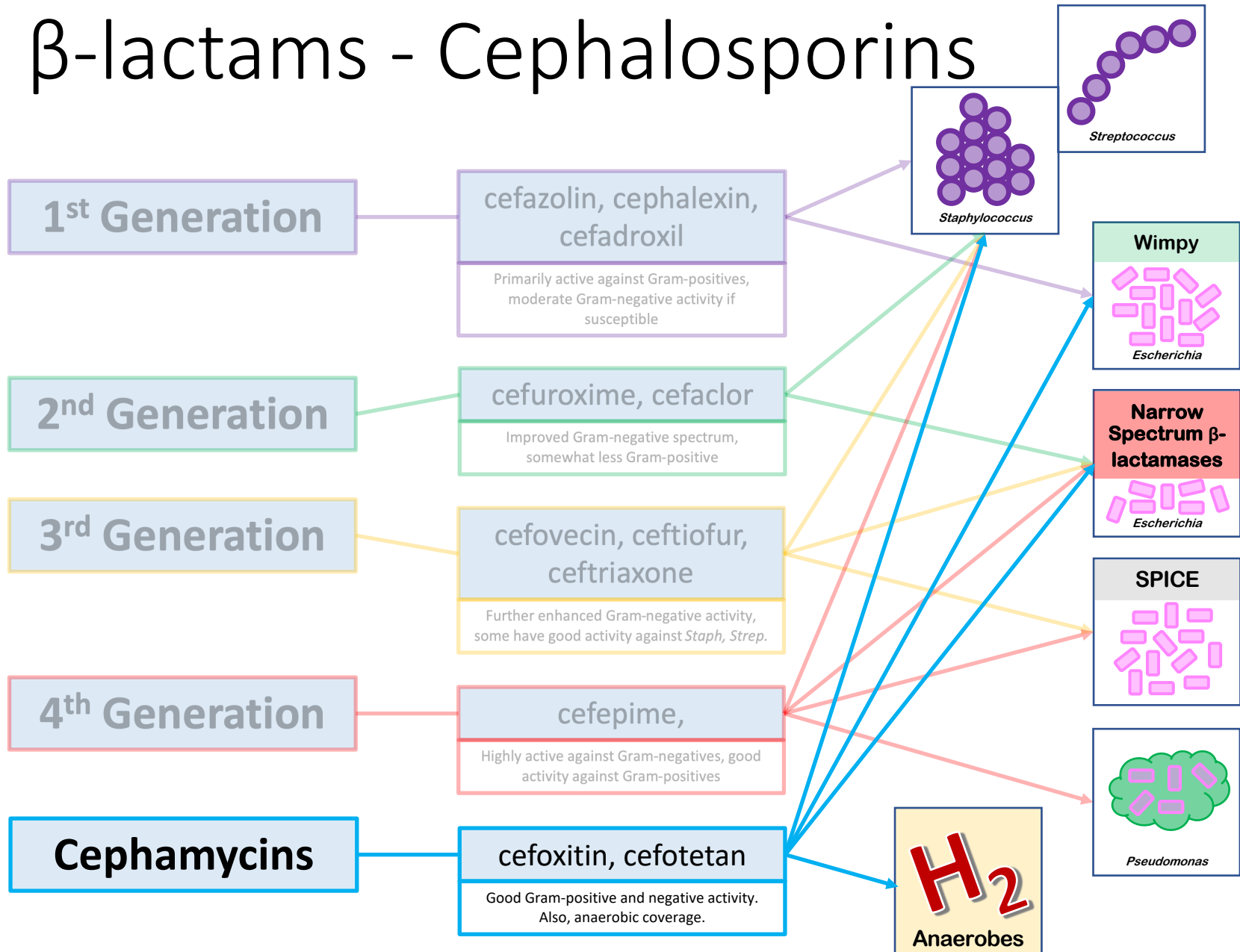


# $\beta$ -lactams - Cephalosporins



Generally speaking, as we increase generation we get improved activity against Gram-negatives and increasing resilience to  $\beta$ -lactamases.

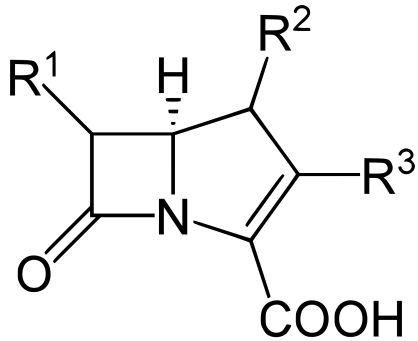
# β-lactams - Cephalosporins



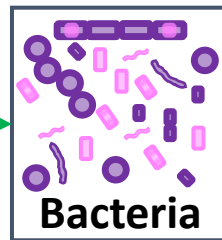
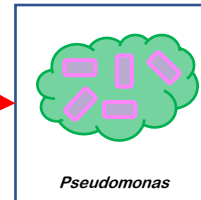
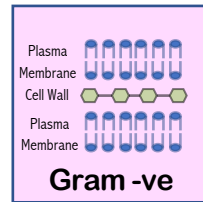
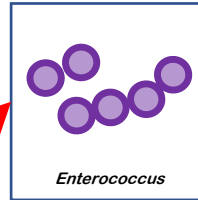
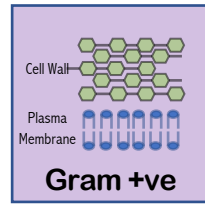
# Other $\beta$ -lactams

Very broad spectrum, most Gram-pos, neg and anaerobes. Ertapenem has no activity against enterococci or *Pseudomonas*

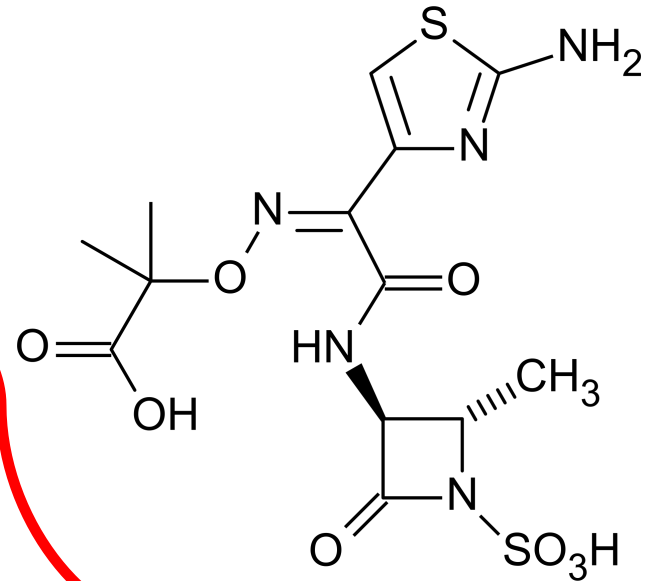
Imipenem, Meropenem



Carbapenems



Aztreonam

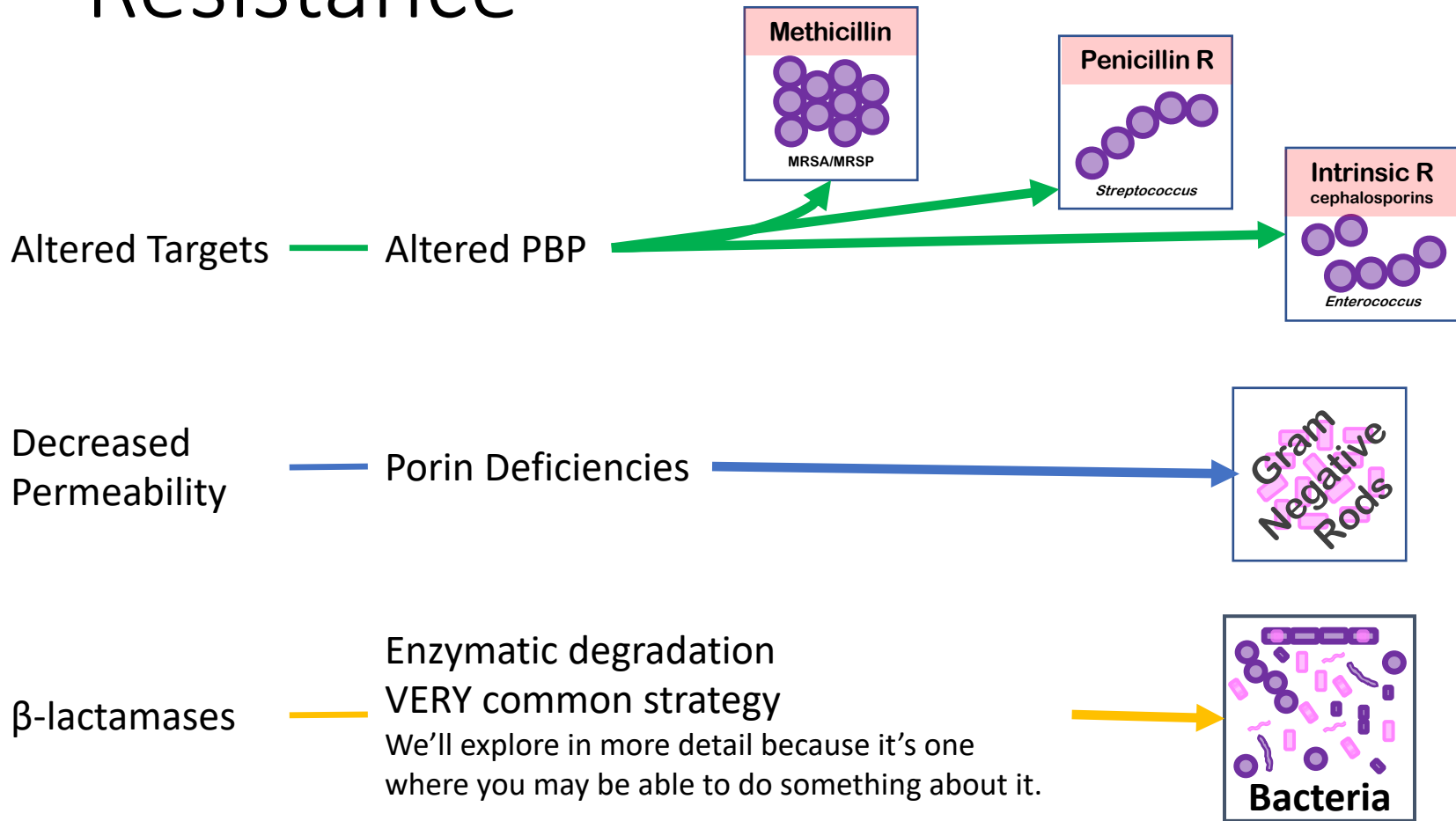


Monobactams

Only Gram-neg activity, including against *Pseudomonas aeruginosa*

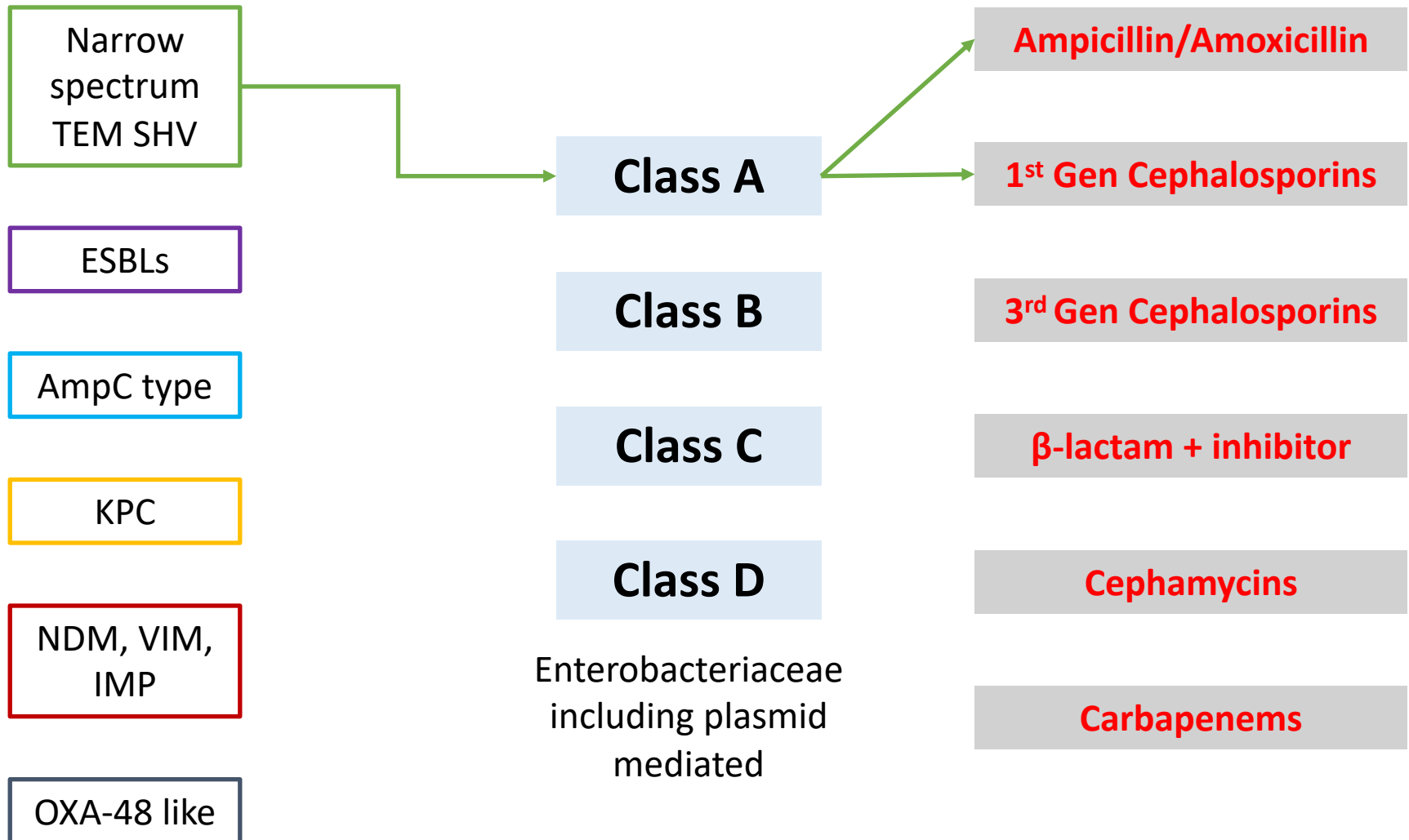
Ertapenem

# Mechanisms of $\beta$ -lactam Resistance

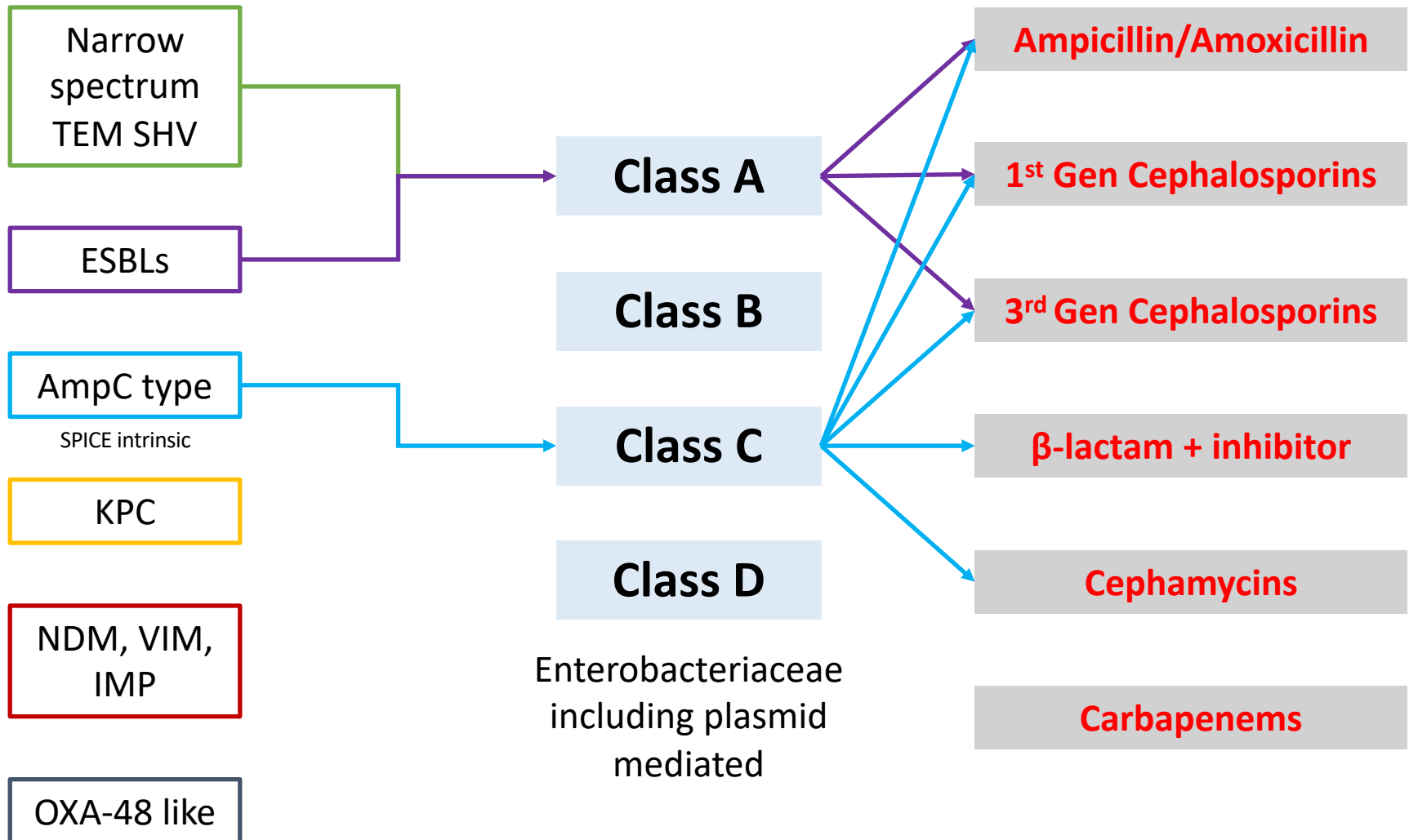


Why is it particularly important for clinicians to understand mechanisms of  $\beta$ -lactam resistance?

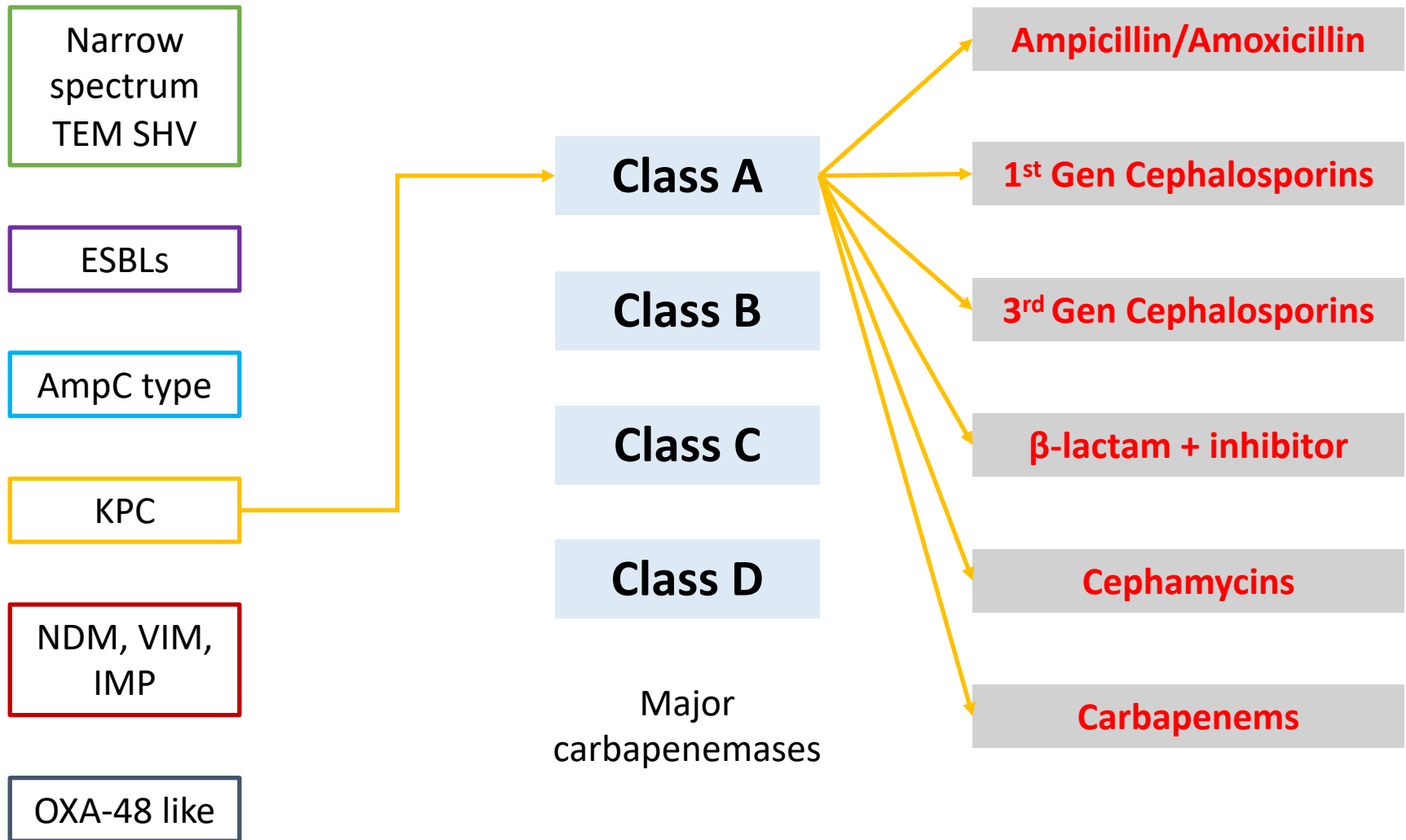
# $\beta$ -lactamase Diversity



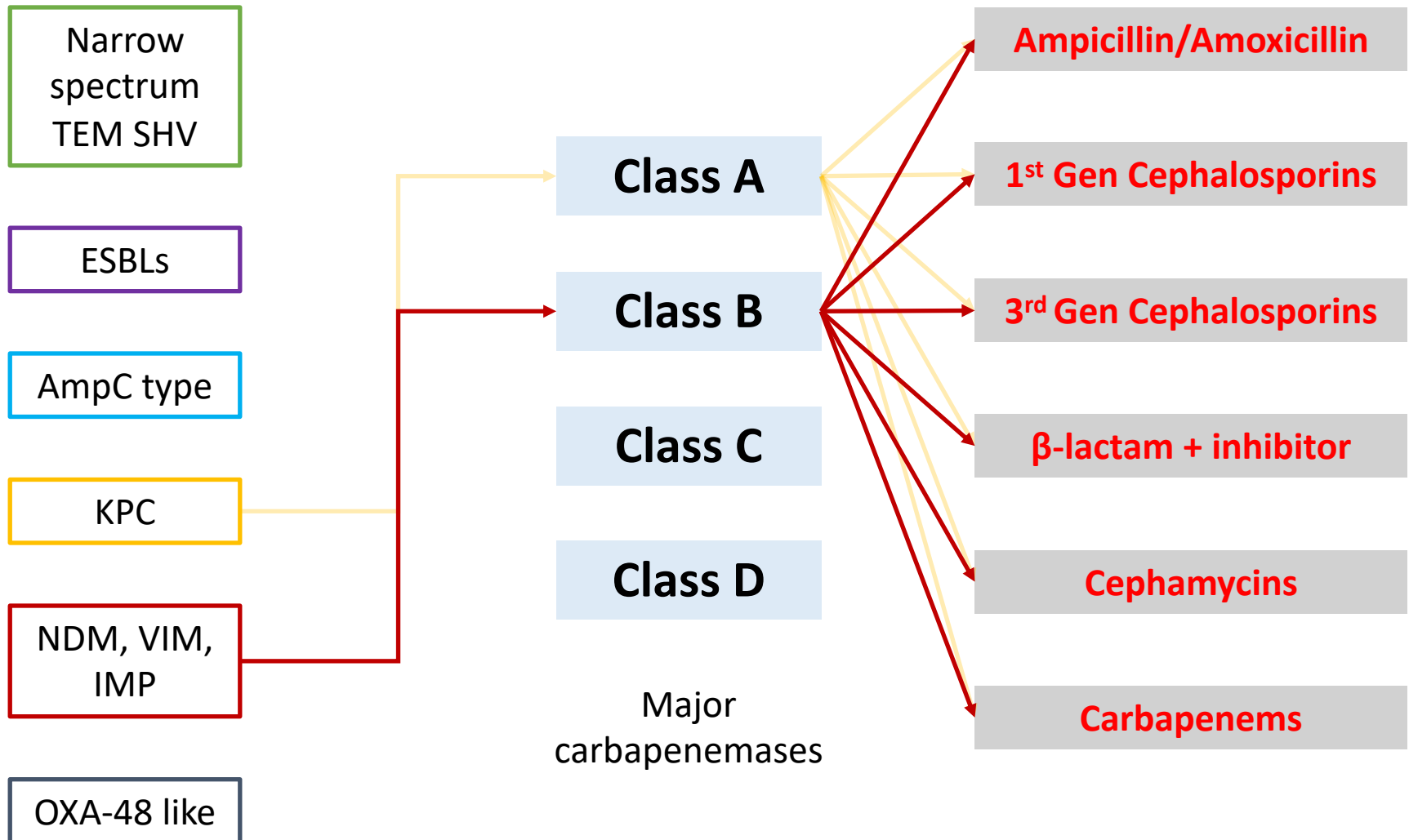
# $\beta$ -lactamase Diversity



# $\beta$ -lactamase Diversity

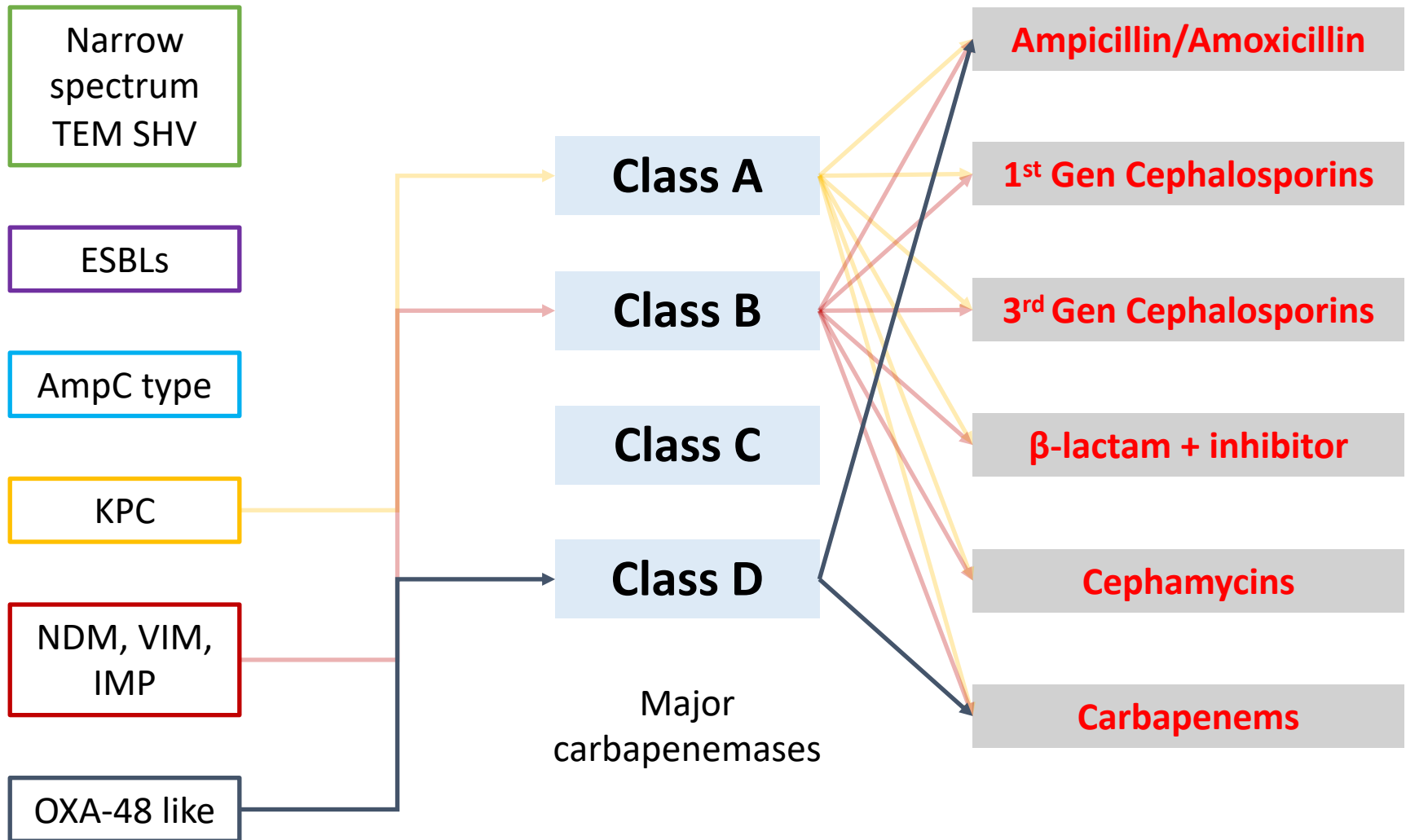


# $\beta$ -lactamase Diversity



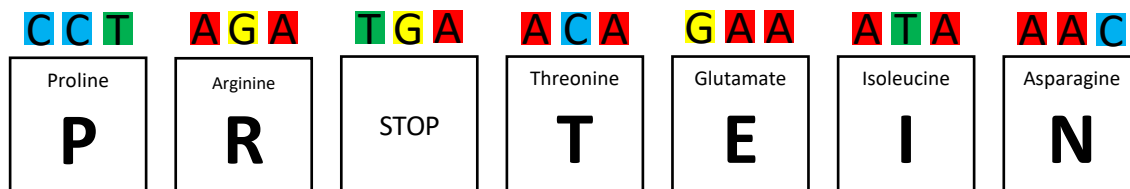


# $\beta$ -lactamase Diversity



# Protein synthesis inhibitors

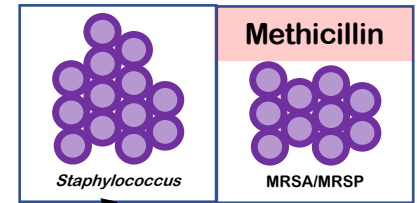
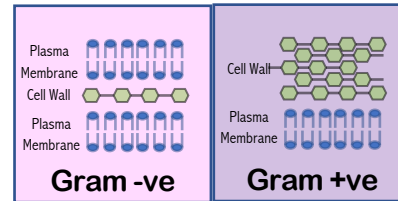
- Bacteria a 30S and 50S ribosomal subunits
  - Distinct from Eukaryotes – 40S and 60S
- Targets for many drug classes
  - Tetracyclines
  - Aminoglycosides
  - MLS<sub>B</sub>K
  - Phenicol
  - Streptogramins



# Tetracyclines

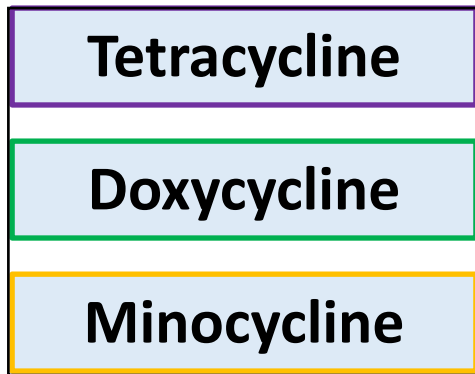
Broad spectrum agents. Gram positive activity more limited than Gram negative. Resistance is common, so susceptibility testing essential

Binds to 30S ribosomal subunit reversibly - bacteriostatic



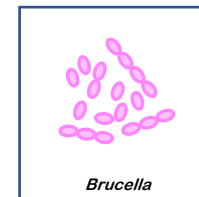
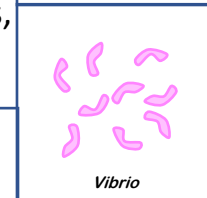
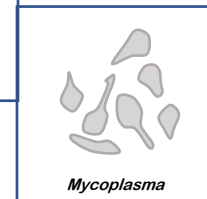
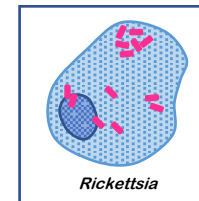
Increasingly important as MRSP becomes more common

Increasing Lipophilicity ↓

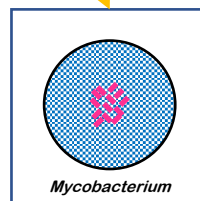
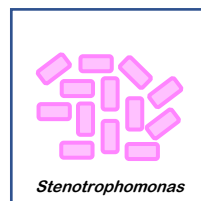


What does increasing lipophilicity mean for you as a clinician?

The 'weirdos', intracellular parasites, *Mycoplasma*



Minocycline has activity against *Stenotrophomonas* and *Mycobacterium marinum*



# Mechanisms of Tetracycline Resistance

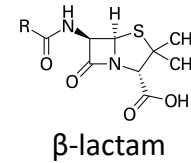
- Efflux
  - Common in Gram positive and negative
    - Resistance not necessarily across class...
      - If you want to use a drug test it!
- Ribosomal protection
  - Very common
    - *S. pseudintermedius* (tetM)
  - Conformational change in tetracycline binding site on 30S subunit of ribosome
- Ribosomal mutations, enzymatic inactivation also occur

# Aminoglycosides

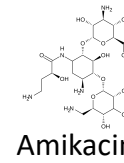
Binds to 30S ribosomal subunit but also effects electron transport chain, DNA metabolism and cell membrane - bactericidal



ONLY AEROBIC BACTERIA!



+



= synergy

**Streptomycin**



Plague  
Tularemia  
Brucella  
Bioterrorism  
Zoonoses

Gentamicin

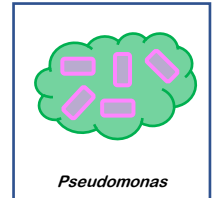
Amikacin

Neomycin

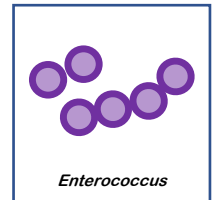
Spectinomycin\*

\*Aminocyclitol, related drug class

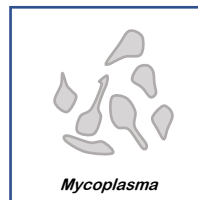
Gram  
Negative  
Rods



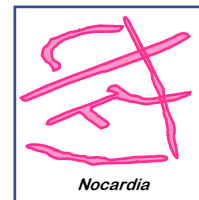
*Pseudomonas*



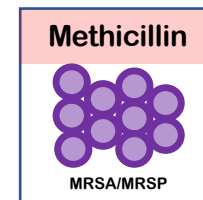
*Enterococcus*



*Mycoplasma*



*Nocardia*



**Methicillin**

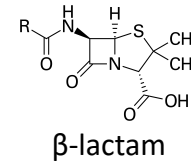
MRSA/MRSP

# Aminoglycosides

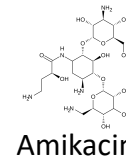
Binds to 30S ribosomal subunit but also effects electron transport chain, DNA metabolism and cell membrane - bactericidal



ONLY AEROBIC BACTERIA!



+



= synergy

Streptomycin

**Gentamicin**

Amikacin

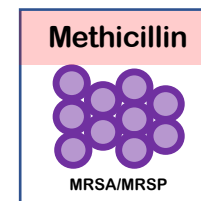
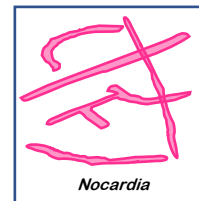
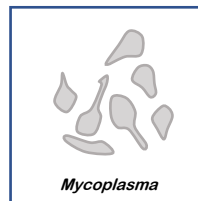
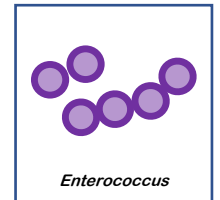
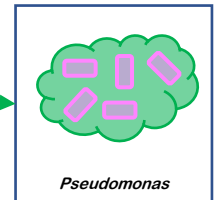
Neomycin

Spectinomycin\*

Plague  
Tularemia  
Brucella  
Bioterrorism  
Zoonoses

Gram  
Negative  
Rods

Some of the best  
anti-pseudomonal  
activity



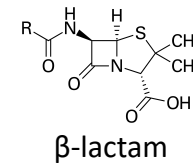
\*Aminocyclitol, related drug class

# Aminoglycosides

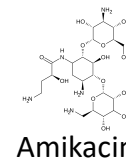
Binds to 30S ribosomal subunit but also effects electron transport chain, DNA metabolism and cell membrane - bactericidal



ONLY AEROBIC BACTERIA!



+



=

synergy

Streptomycin

Gentamicin

**Amikacin**

Neomycin

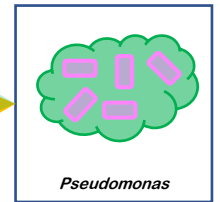
Spectinomycin\*

\*Aminocyclitol, related drug class

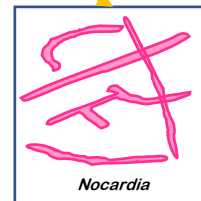
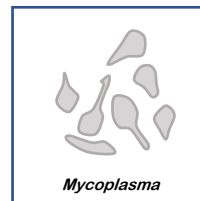
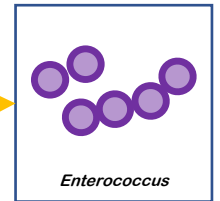
Plague  
Tularemia  
Brucella  
Bioterrorism  
Zoonoses

Gram  
Negative  
Rods

Some of the best  
anti-pseudomonal  
activity



+  $\beta$ -lactam



**Methicillin**  
MRSA/MRSP

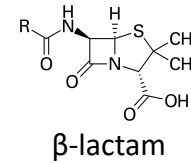
Last line of defense  
against MRSP

# Aminoglycosides

Binds to 30S ribosomal subunit but also effects electron transport chain, DNA metabolism and cell membrane - bactericidal



ONLY AEROBIC BACTERIA!

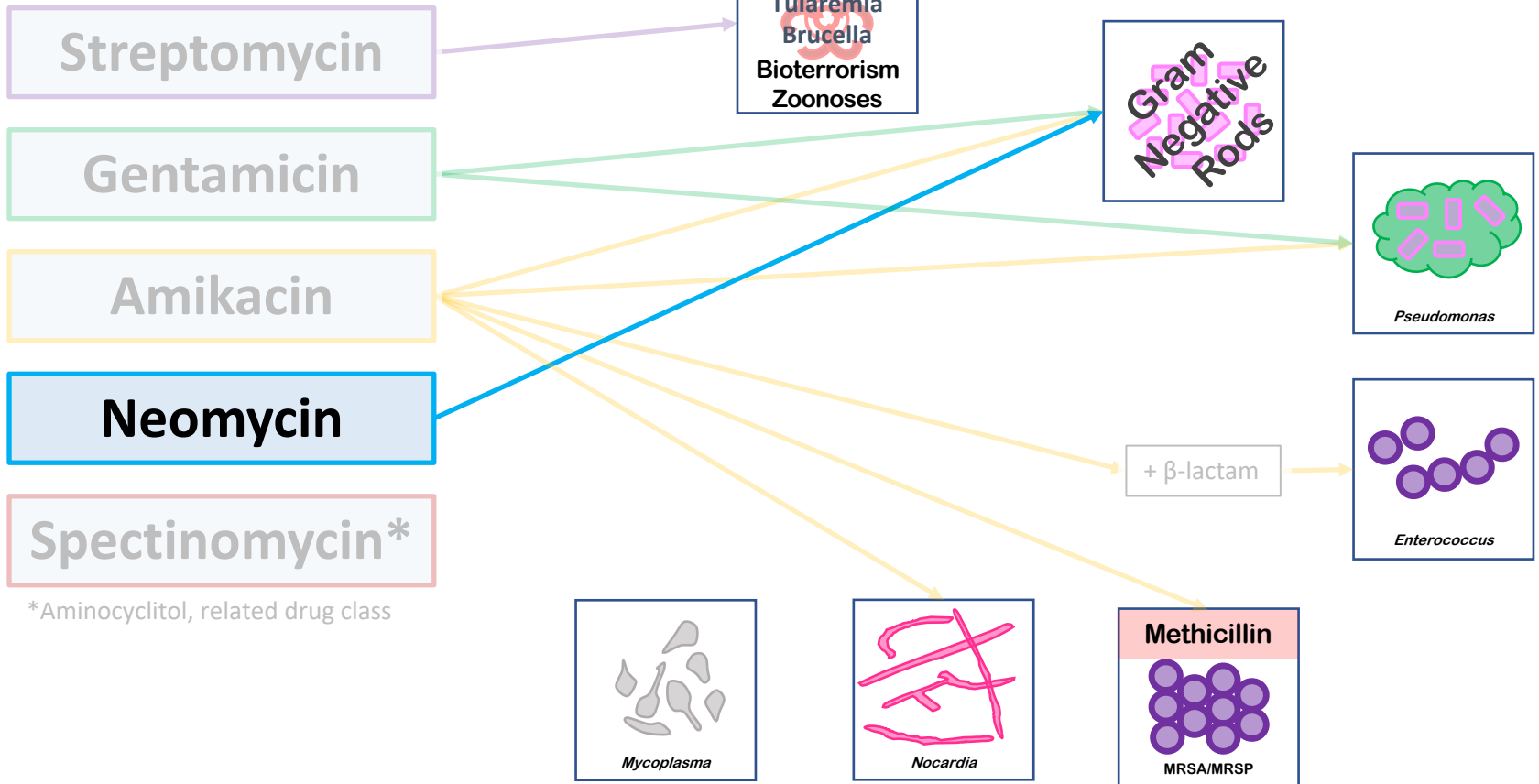


+



=

synergy



\*Aminocyclitol, related drug class

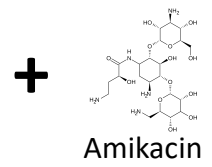
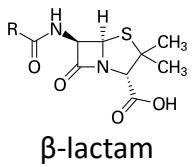


# Aminoglycosides

Binds to 30S ribosomal subunit but also effects electron transport chain, DNA metabolism and cell membrane - bactericidal



ONLY AEROBIC BACTERIA!



= synergy

Streptomycin

Gentamicin

Amikacin

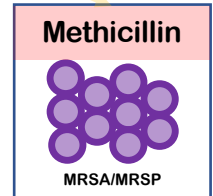
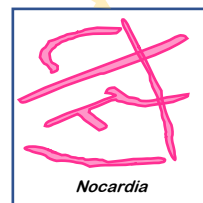
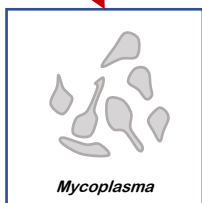
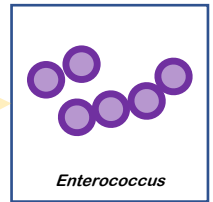
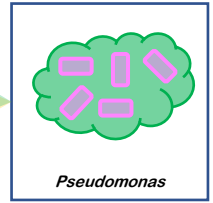
Neomycin

**Spectinomycin\***

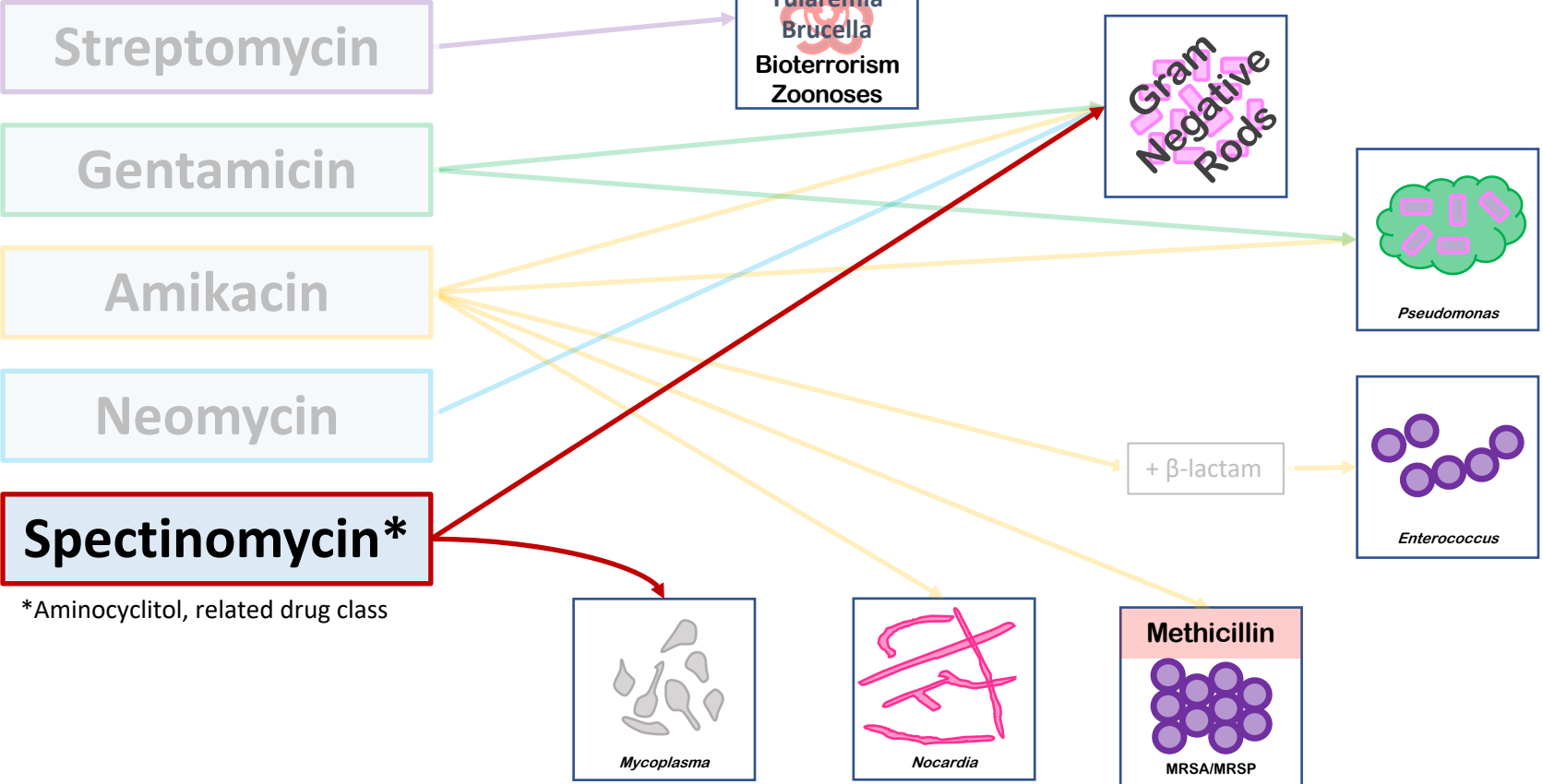
\*Aminocyclitol, related drug class

Plague  
Tularemia  
Brucella  
Bioterrorism  
Zoonoses

Gram  
Negative  
Rods



+  $\beta$ -lactam



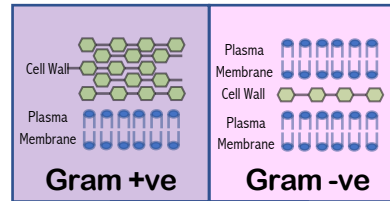
# Mechanisms of Resistance Aminoglycosides

- Enzymatic inactivation
  - Aminoglycoside modifying enzymes
  - Most common mechanism of resistance
- Decreased permeability
  - Cross resistance to other antimicrobials

# Phenicol

Reversible binding to 50S ribosomal subunit - bacteriostatic

Broad spectrum agents



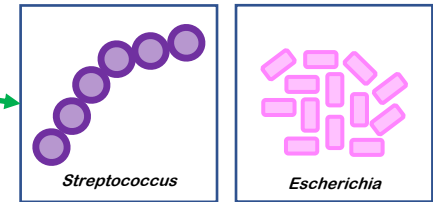
Banned in food animals, rare idiosyncratic aplastic anemia in people (1:20,000-40,000)

**Chloramphenicol**

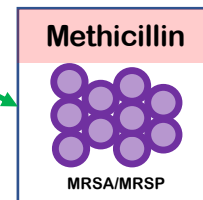
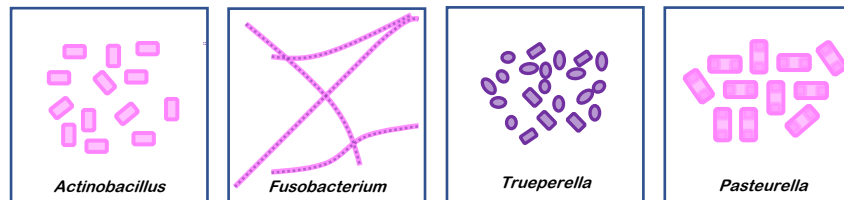
**H<sub>2</sub>**  
Anaerobes

Florfenicol

Aplastic anemia not associated with florfenicol



Bacterial conjunctivitis caused by variety of organisms



An option for MRSP

# Phenicol

Reversible binding to 50S ribosomal subunit - bacteriostatic

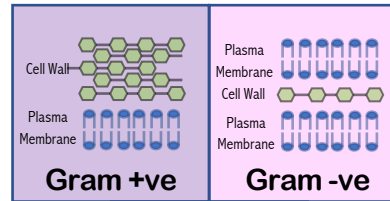
Broad spectrum agents

Banned in food animals, rare idiosyncratic aplastic anemia in people (1:20,000-40,000)

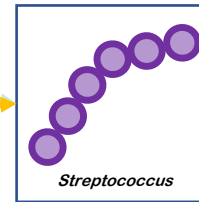
**Chloramphenicol**

**Florfenicol**

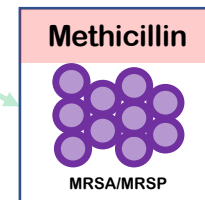
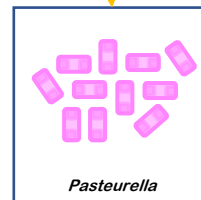
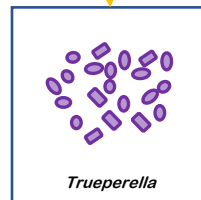
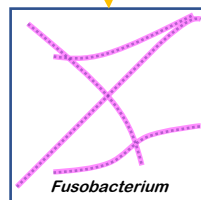
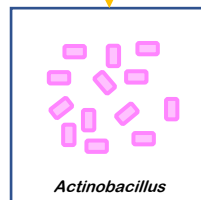
Aplastic anemia not associated with florfenicol



**H<sub>2</sub>**  
Anaerobes



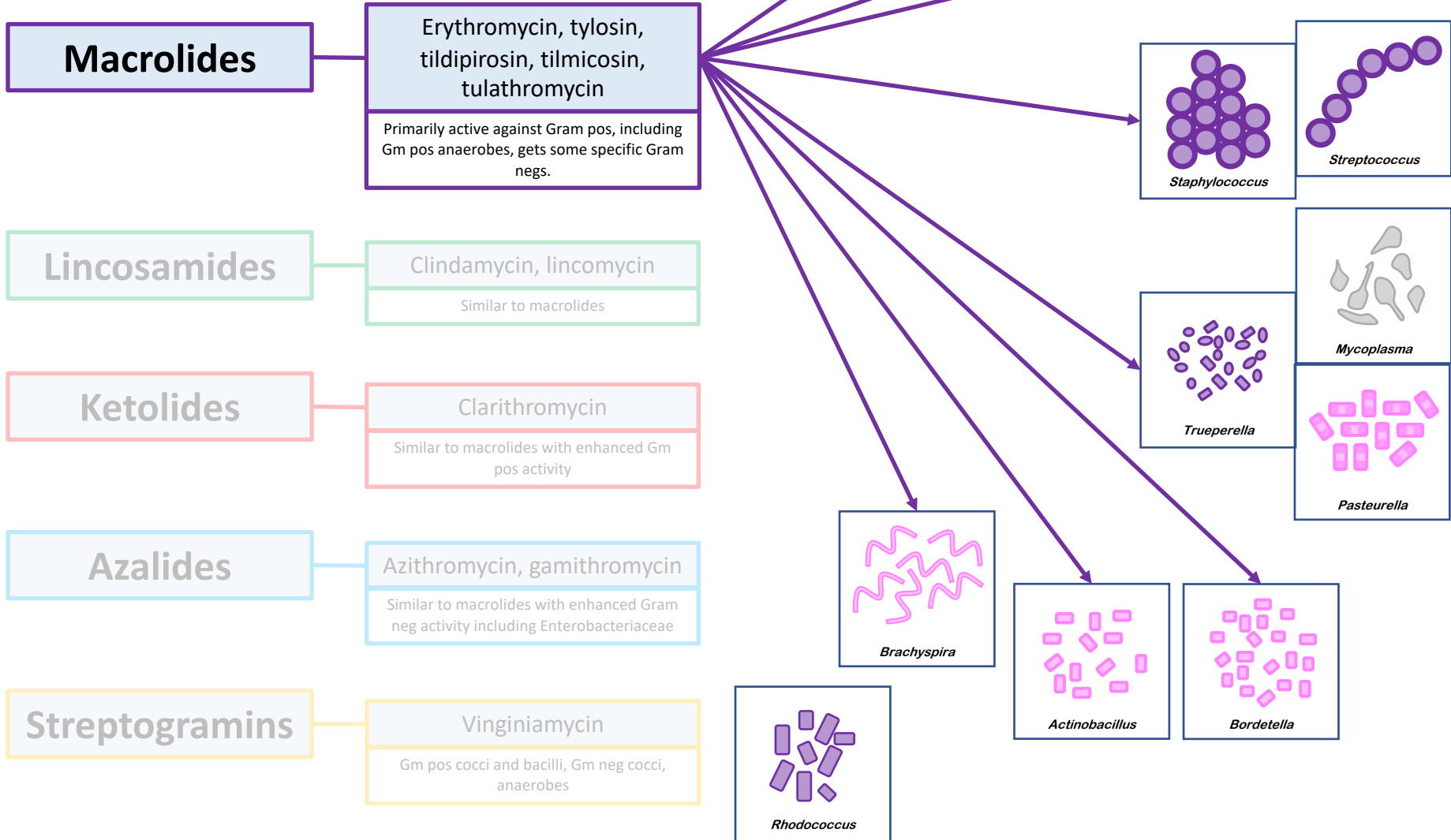
Bacterial conjunctivitis caused by variety of organisms



An option for MRSP

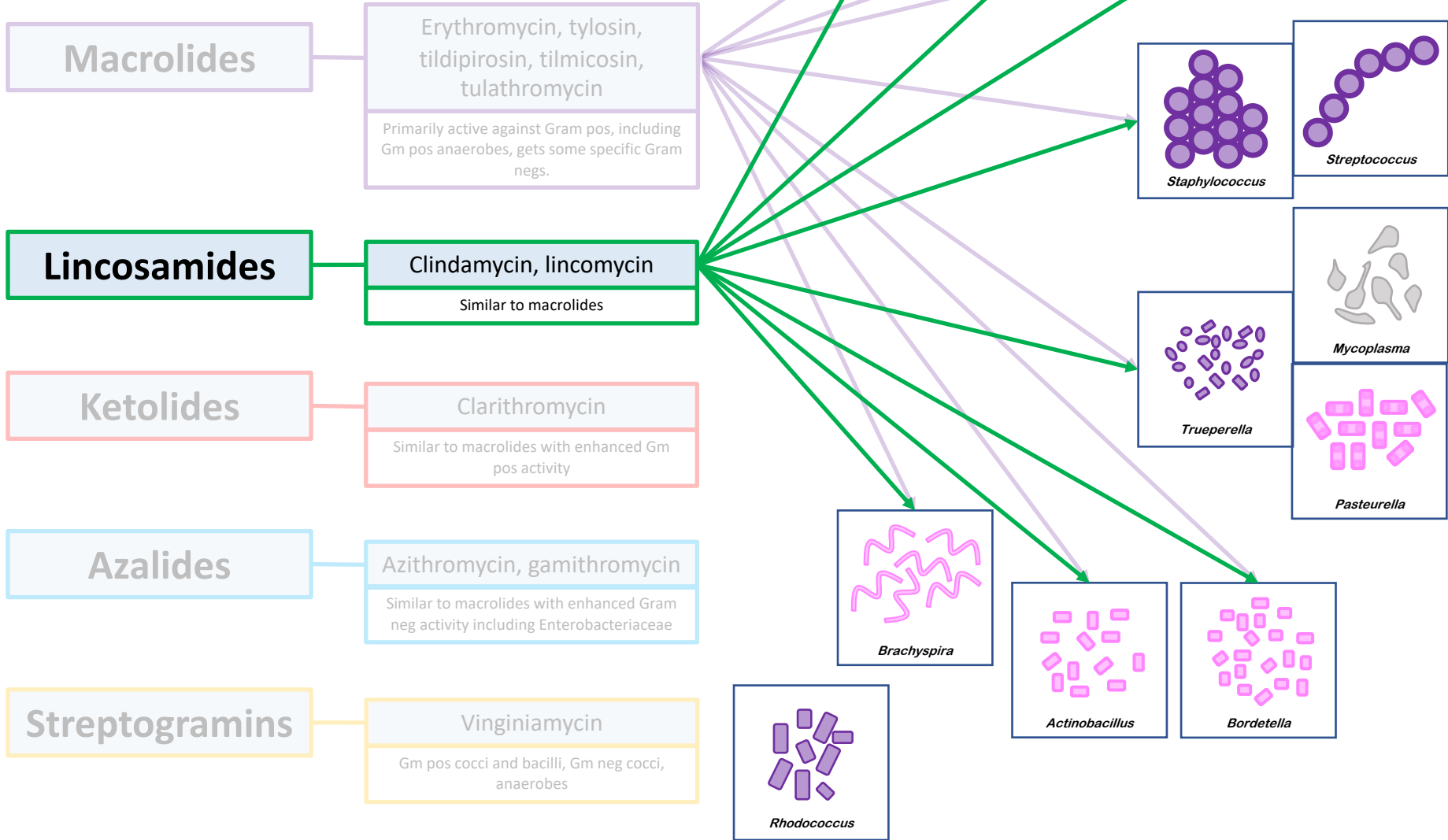
# MLS<sub>B</sub>K

Resistance increasingly common, susceptibility testing VERY important  
Reversible binding to 50S ribosomal subunit - bacteriostatic



# MLS<sub>B</sub>K

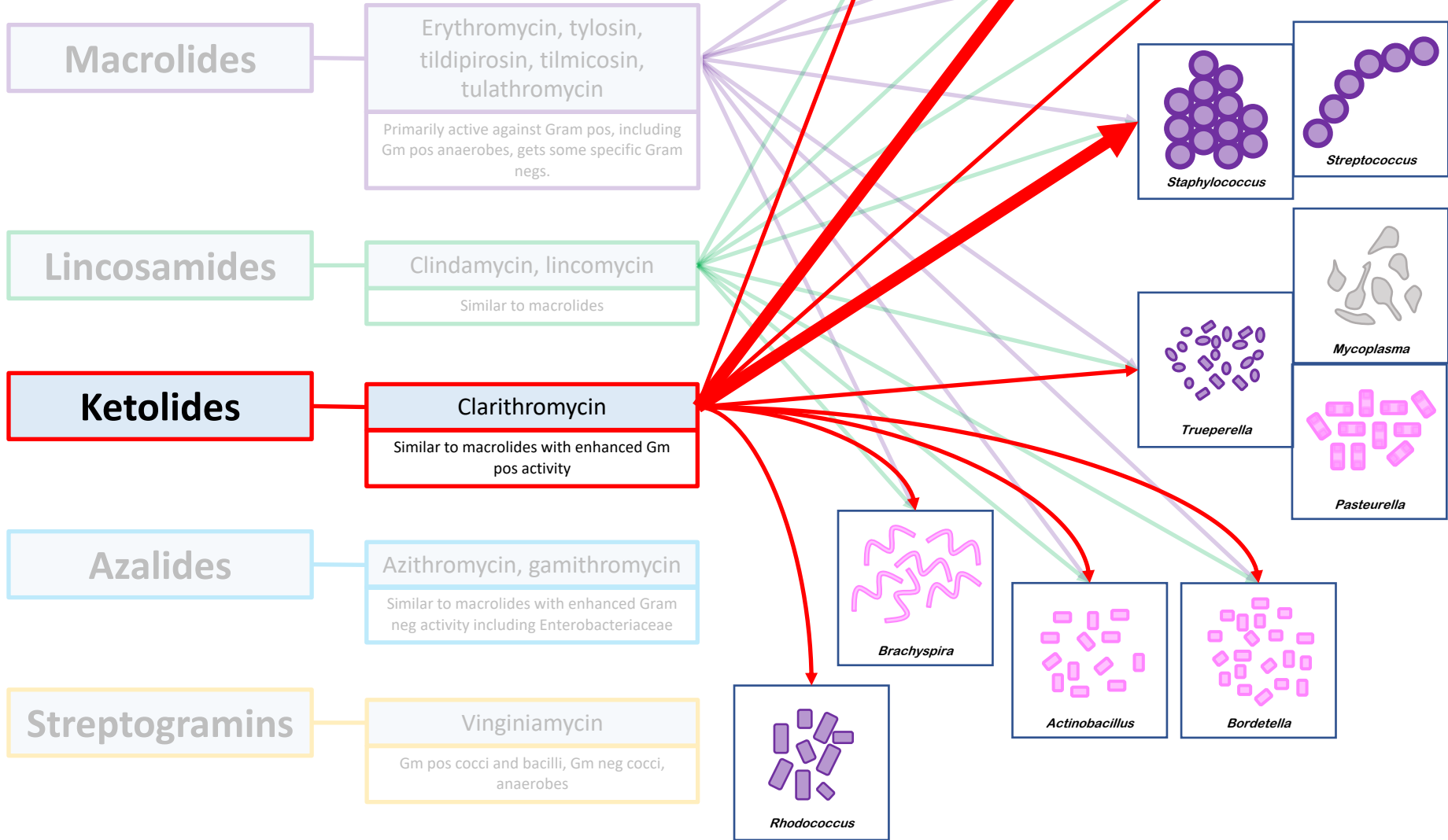
Resistance increasingly common, susceptibility testing VERY important  
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# MLS<sub>B</sub>K

Resistance increasingly common, susceptibility testing VERY important

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# MLS<sub>B</sub>K

Resistance increasingly common, susceptibility testing VERY important

Reversible binding to 50S ribosomal subunit - bacteriostatic

**H<sub>2</sub>**  
Anaerobes

Cell Wall  
Plasma Membrane  
Gram +ve

*Clostridium Clostridioides*

## Macrolides

Erythromycin, tylosin, tildipirosin, tilmicosin, tulathromycin

Primarily active against Gram pos, including Gm pos anaerobes, gets some specific Gram negs

*Escherichia*

## Lincosamides

Clindamycin, lincomycin

Similar to macrolides

*Rickettsia*

## Ketolides

Clarithromycin

Similar to macrolides with enhanced Gm pos activity

## Azalides

Azithromycin, gamithromycin

Similar to macrolides with enhanced Gram neg activity including Enterobacteriaceae

## Streptogramins

Vinginiamicin

Gm pos cocci and bacilli, Gm neg cocci, anaerobes

*Rhodococcus*

*Brachyspira*

*Actinobacillus*

*Bordetella*

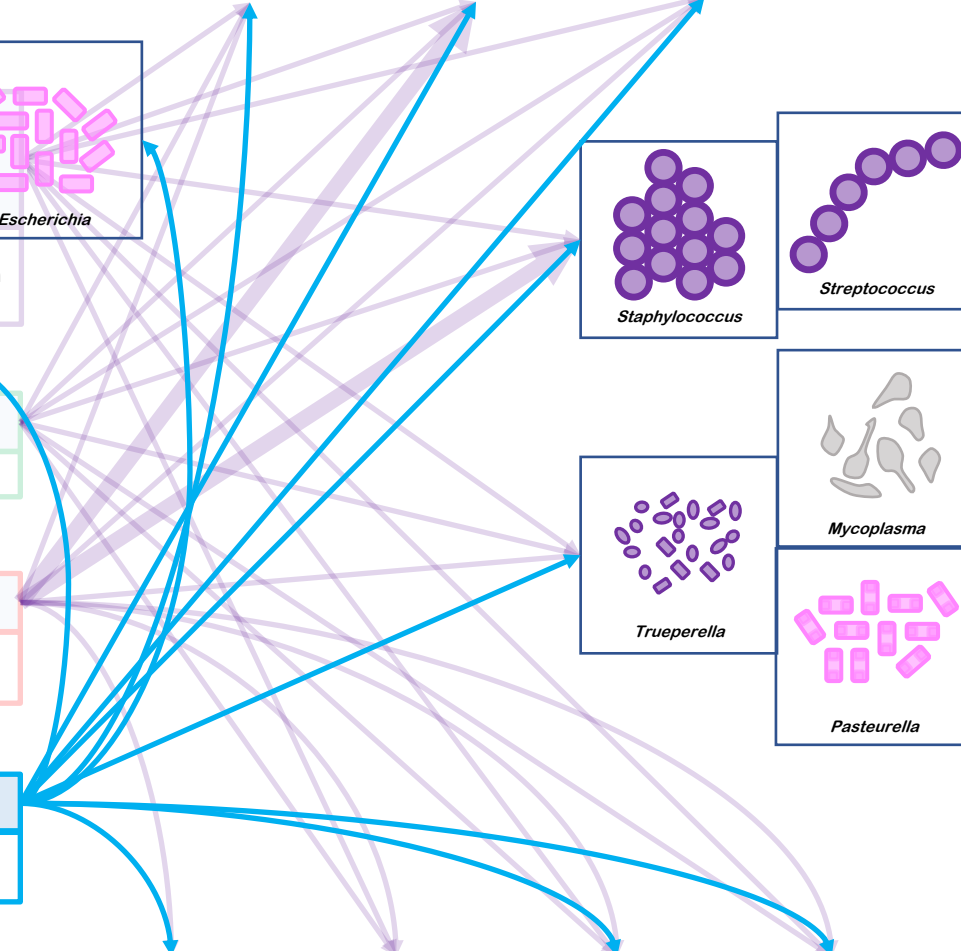
*Staphylococcus*

*Streptococcus*

*Trueperella*

*Mycoplasma*

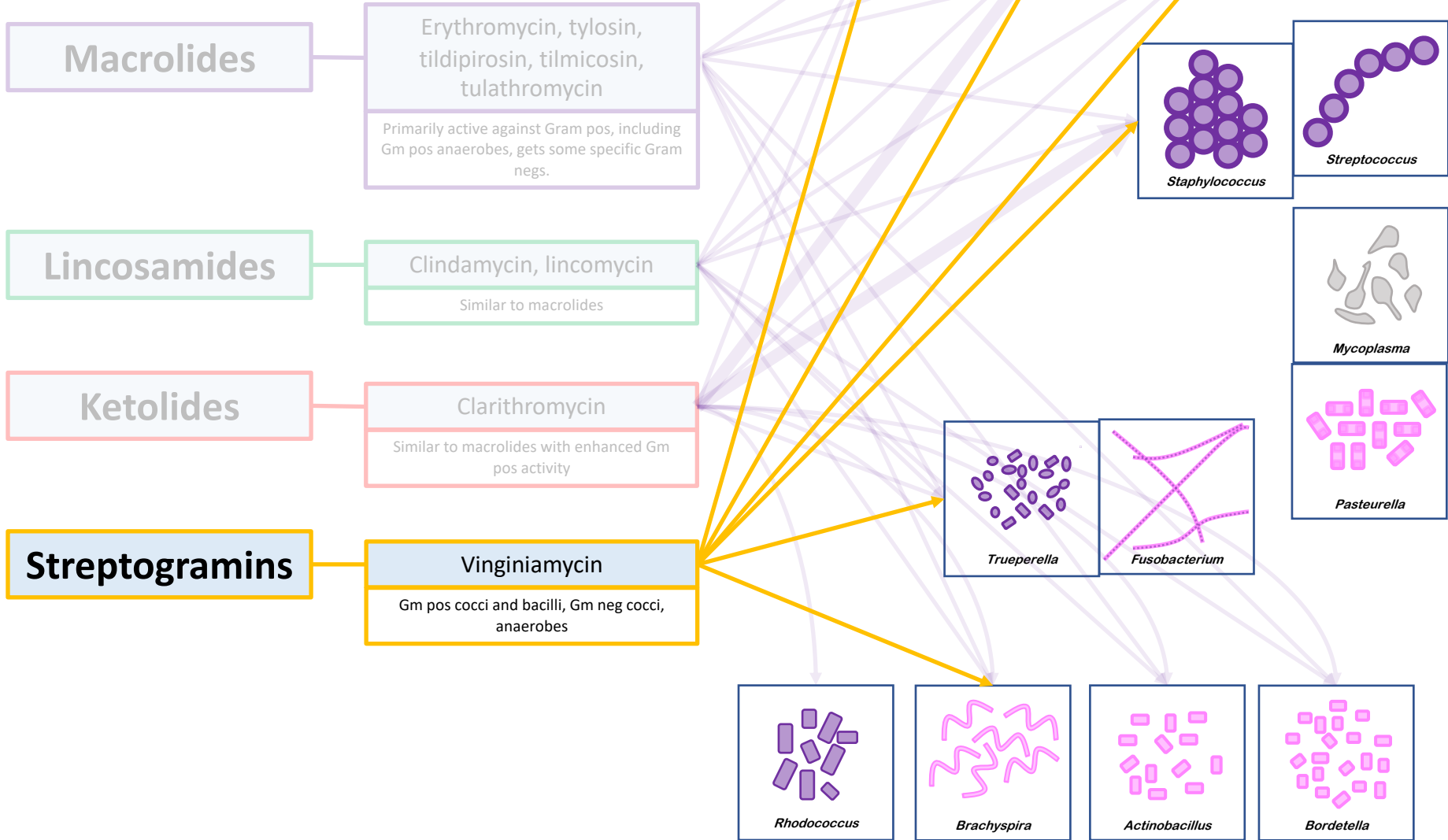
*Pasteurella*





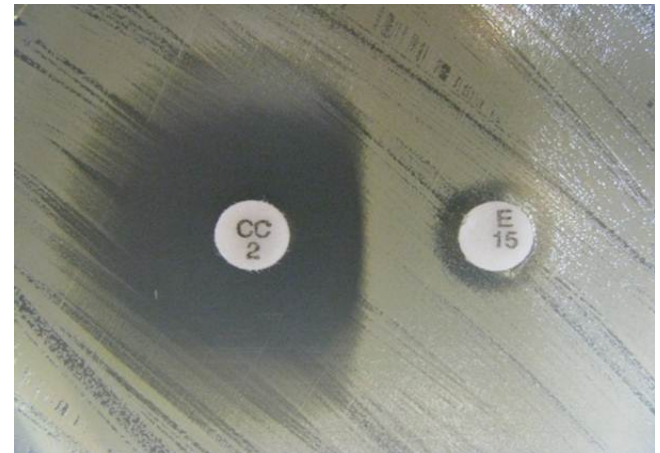
# MLS<sub>B</sub>K

Resistance increasingly common, susceptibility testing VERY important  
Reversible binding to 50S ribosomal subunit - bacteriostatic



# Mechanisms of Resistance $MLS_BK$

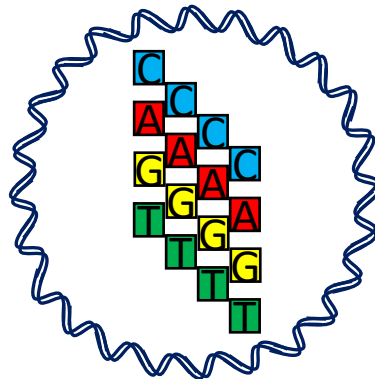
- Target Modification
  - Ribosomal methylases
    - *erm* gene family
  - Be aware of inducible resistance
- Active Efflux
- Enzymatic Inactivation



Inducible clindamycin resistance in *S. aureus*  
Detection requires specialized laboratory tests

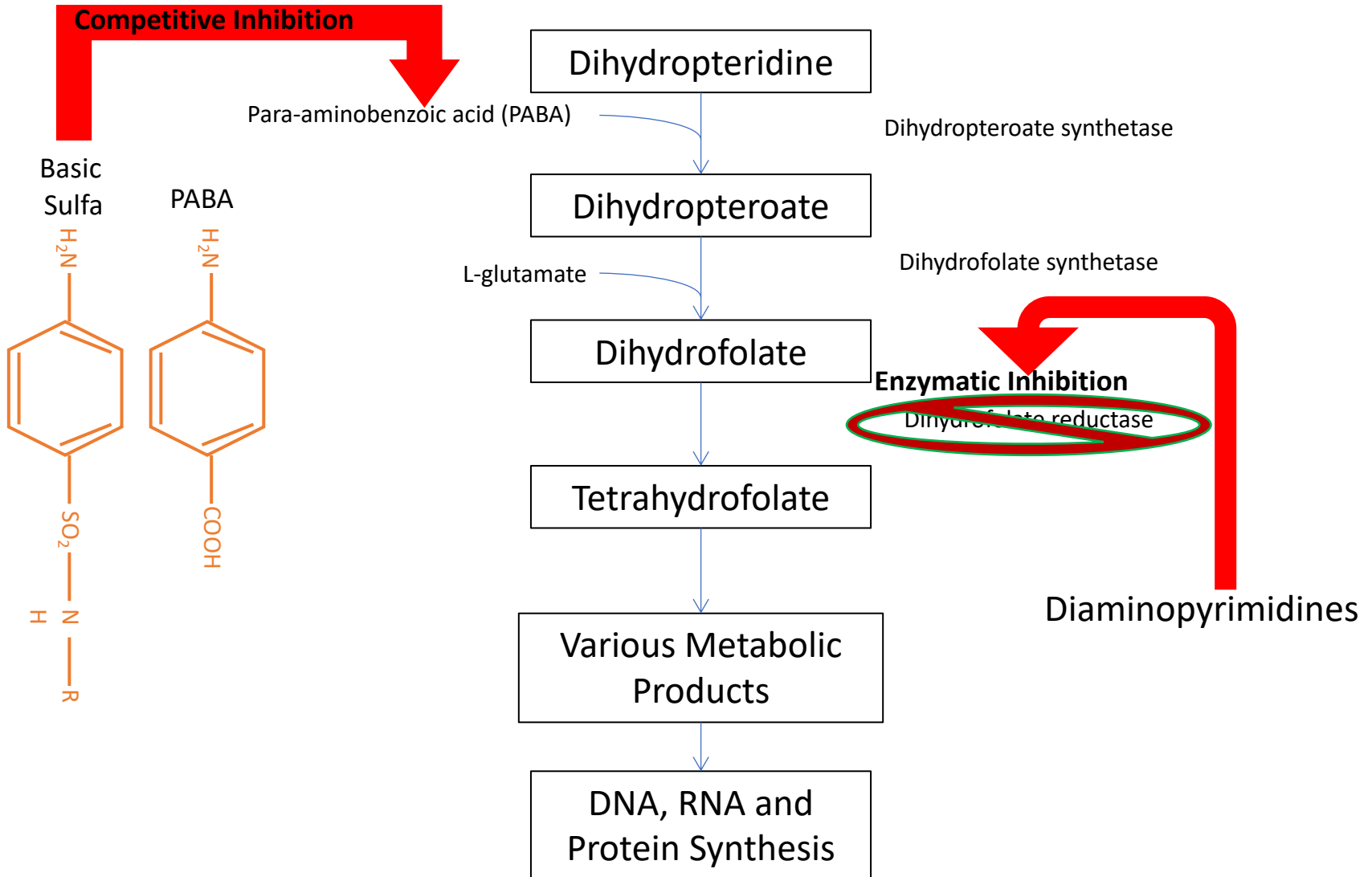
# Agents Affecting Nucleic Acids

- Agents act at many steps along the process
  - Folate production
  - Disrupting DNA production
  - DNA organization and replication
  - RNA synthesis



# Folate Synthesis Inhibitors

Bacteriostatic

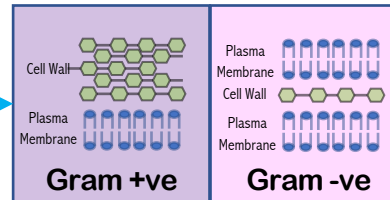


# Folate Synthesis Inhibitors

Oldies but goodies!

**Trimethoprim + Sulfamethoxazole**

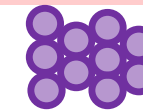
Broad bacterial spectrum



**Notable Exceptions**

Enterococci, *Pseudomonas aeruginosa*  
Group A Strep (more human)

**Methicillin**

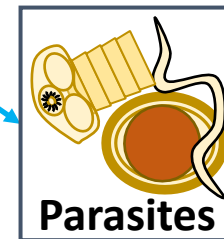


MRSA/MRSP

Another option for MRSP

## Mechanisms of Resistance

- Altered enzymes
  - *dfr* genes (trimethoprim resistance)
    - Gram positive and negative
  - *sul* genes (sulfa resistance)
    - Gram negative bacteria
    - Often found in multi-resistant bacteria, linkage to other resistance genes
- Hyper-production of PABA

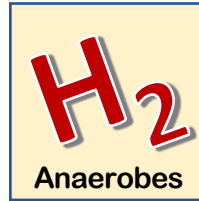


**Parasites**

Activity against some Protozoans and Toxoplasma

# Nitroimidazoles (Metronidazole)

Disrupts DNA production by production of radical anions following intracellular metabolism - bactericidal

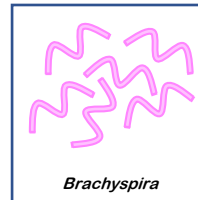
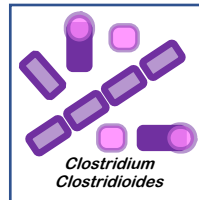
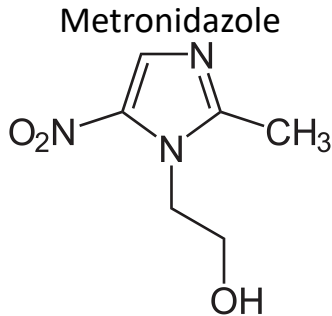


Broad spectrum anaerobic coverage



Activity limited to anaerobes!

**BANNED in food animals**



Trichomonas, Giardia, Entamoeba

Shown to reduce colonization resistance for important pathogens (*Salmonella* and *E. coli*) and increase intestinal inflammation

Mechanisms of Resistance:

Reduced uptake

Efflux

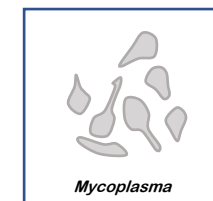
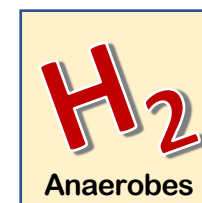
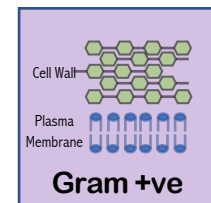
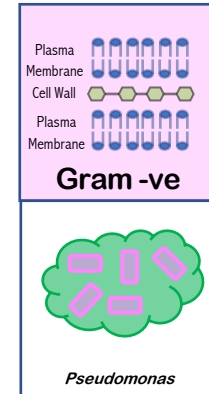
Reducing the rate of reductive activation

Inactivating enzymes

Increased DNA repair

# (Fluoro)quinolones

Inhibits DNA gyrase and topoisomerase IV, prevents replication and organization (supercoiling) - bactericidal



**Quinolones**

Nalidixic Acid  
Only Enterobacteriaceae

**1<sup>st</sup> Generation FQ**

Ofloxacin  
Gm neg

**2<sup>nd</sup> Generation FQ**

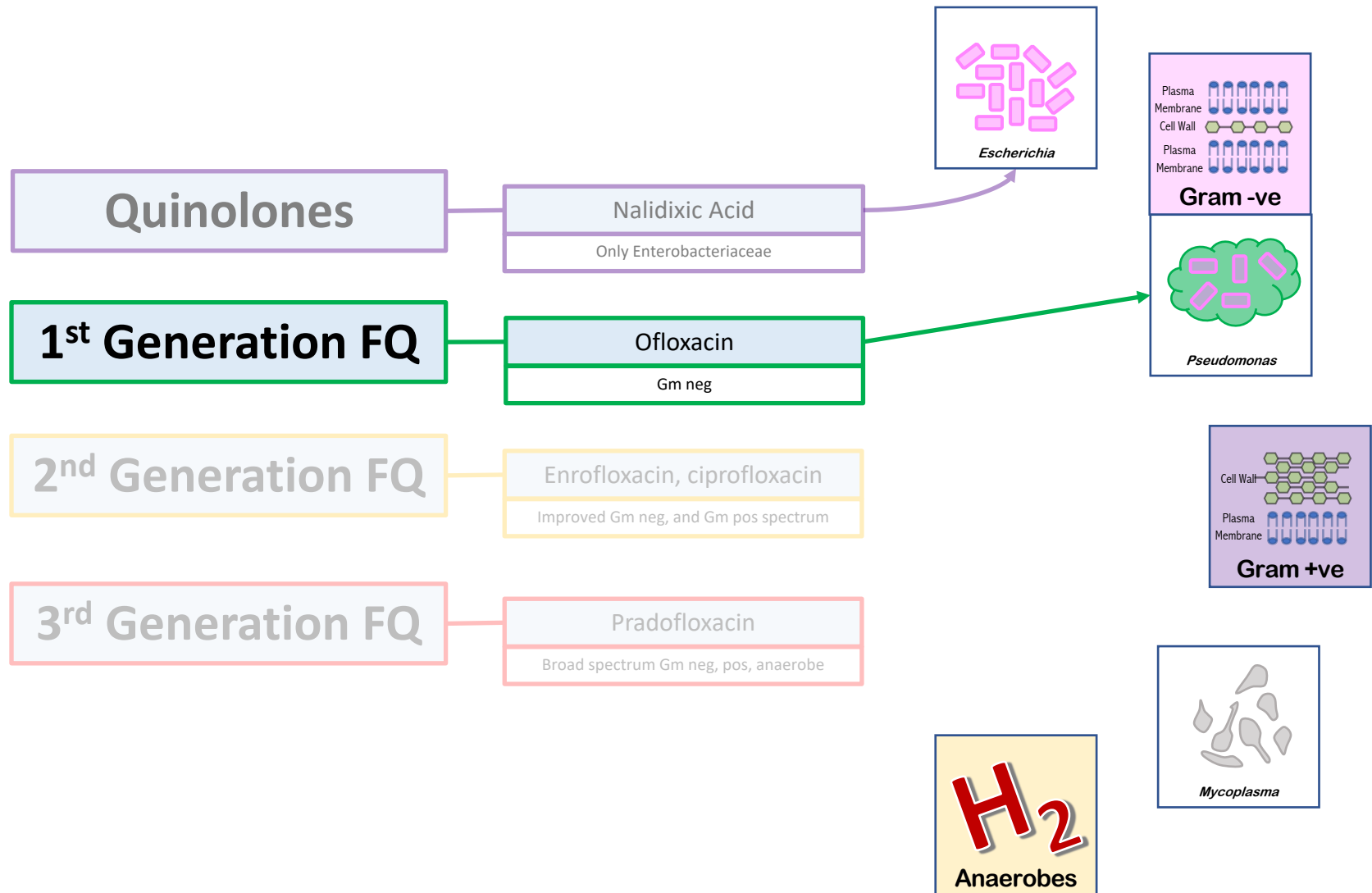
Enrofloxacin, ciprofloxacin  
Improved Gm neg, and Gm pos spectrum

**3<sup>rd</sup> Generation FQ**

Pradofloxacin  
Broad spectrum Gm neg, pos, anaerobe

# (Fluoro)quinolones

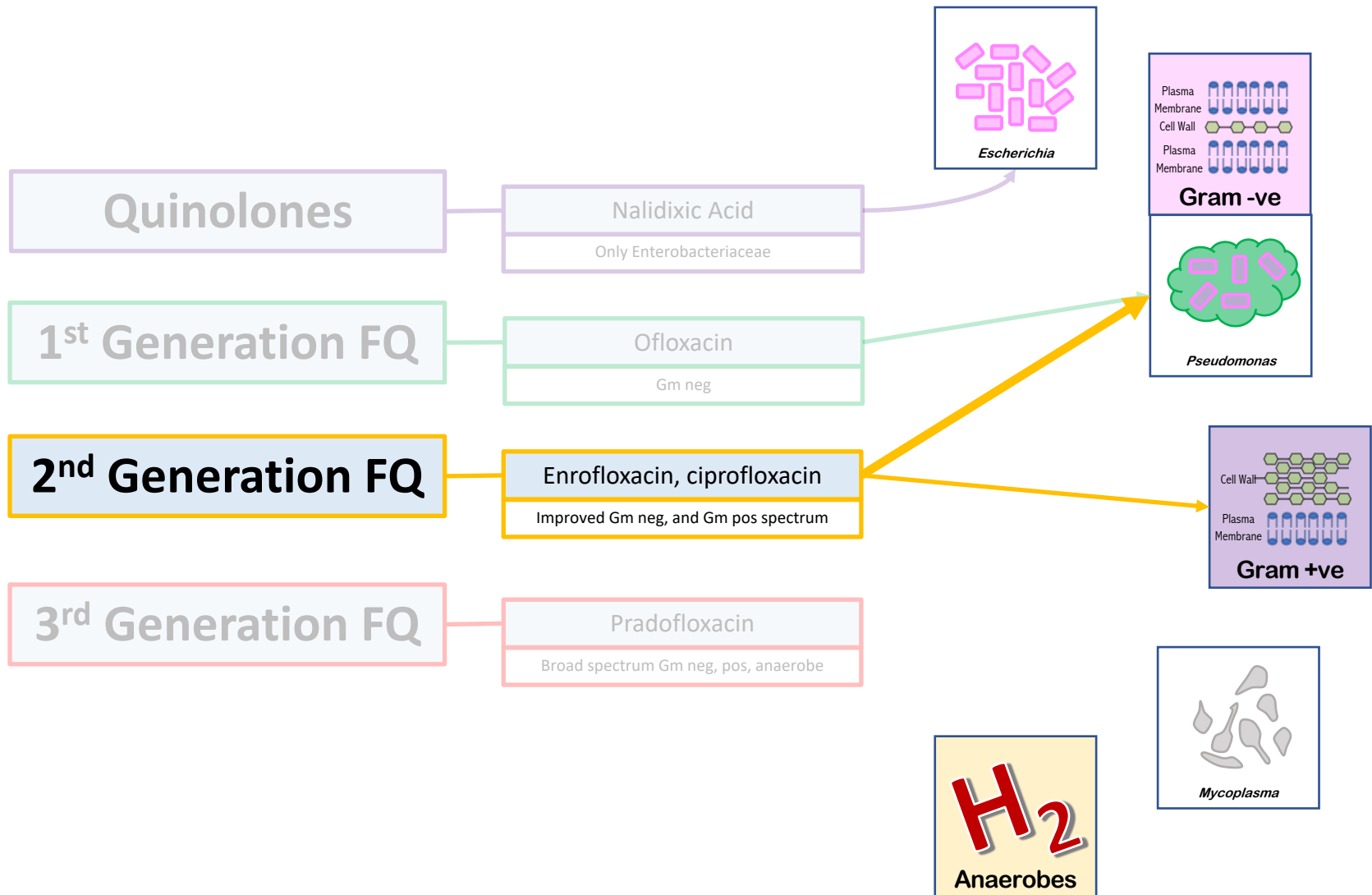
Inhibits DNA gyrase and topoisomerase IV, prevents replication and organization (supercoiling) - bactericidal





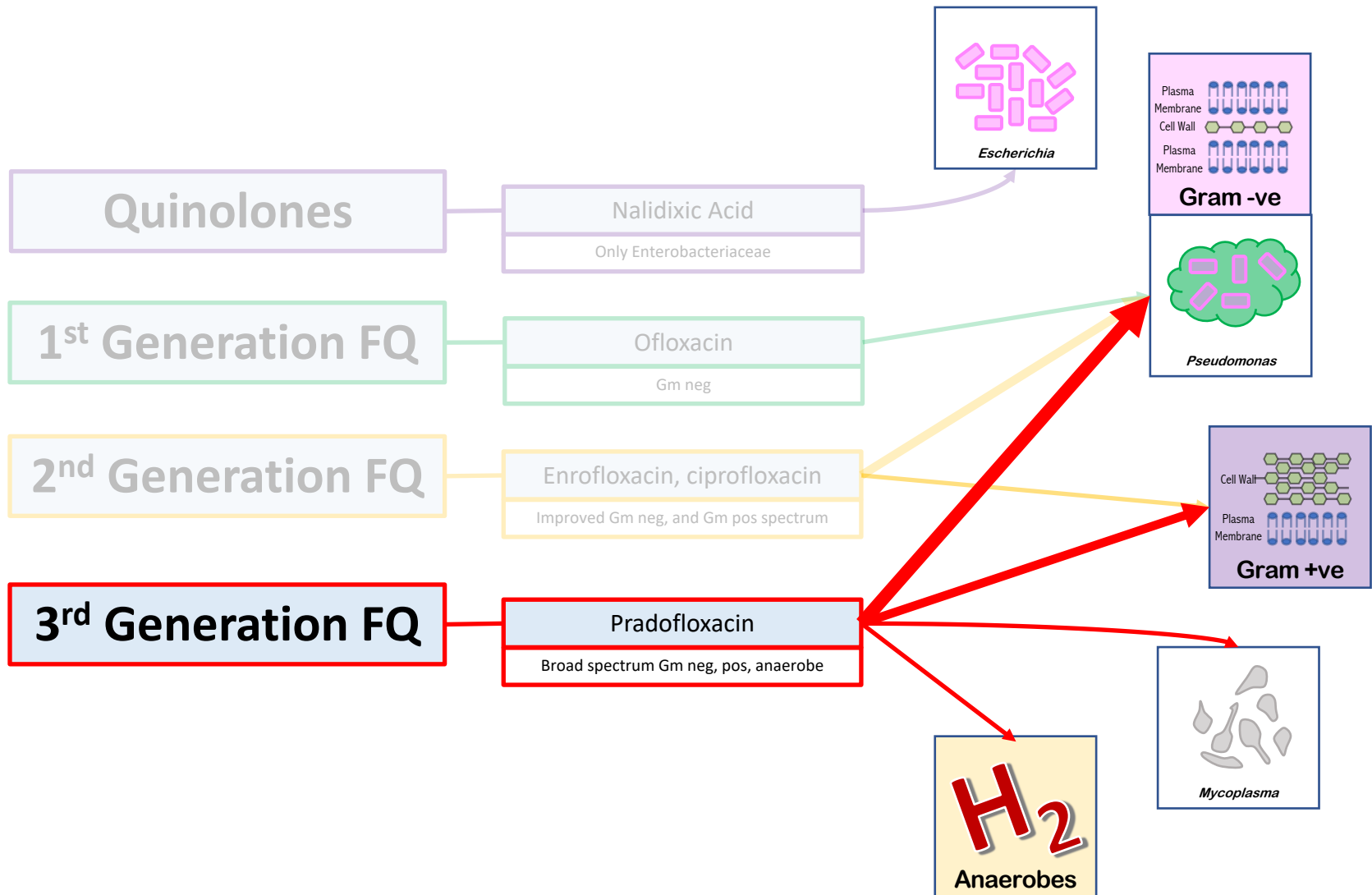
# (Fluoro)quinolones

Inhibits DNA gyrase and topoisomerase IV, prevents replication and organization (supercoiling) - bactericidal



# (Fluoro)quinolones

Inhibits DNA gyrase and topoisomerase IV, prevents replication and organization (supercoiling) - bactericidal

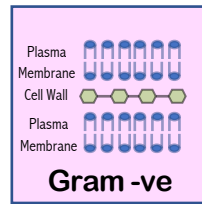
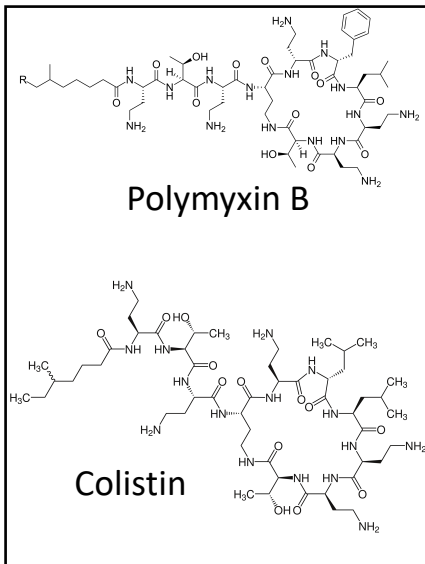




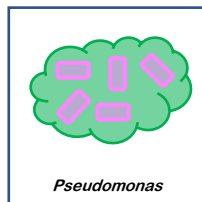
# Polymyxins

Disrupt outer membrane surrounding Gram negative bacteria

- Only active against Gram-negatives



These are last line of defense drugs against Gram negatives, often the last agents to which MDR organisms remain susceptible



Gram positives and anaerobes intrinsically resistant as they lack LPS containing membrane.

Some Gram negatives are intrinsically resistant, including members of the Enterobacteriaceae (*Edwardsiella* spp., *Morganella morganii*, *Proteus* spp., *Providentia* spp., *Serratia* spp. Mechanism not known

## Mechanisms of Resistance

1. Modification of LPS - chromosomally encoded
2. Plasmid mediated - *mcr-1* exact mechanism unknown, but this encodes a protein homologous to one in *Paenibacillus* spp. which product polymyxins

# Key Definitions

- MIC (minimum inhibitory concentration)
  - The lowest antimicrobial concentration inhibits growth
  - By convention, a doubling dilution series
    - e.g. 0.12 $\mu$ g/ml, 0.25 $\mu$ g/ml, 0.5 $\mu$ g/ml, 1 $\mu$ g/ml, 2 $\mu$ g/ml, 4 $\mu$ g/ml

## Susceptible

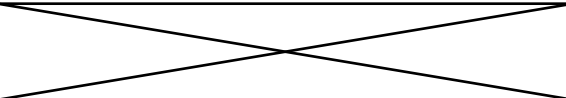
When a patient has an infection with a susceptible organism, there is a high likelihood of clinical success when treated with a drug according to the drug label indication

## Resistant

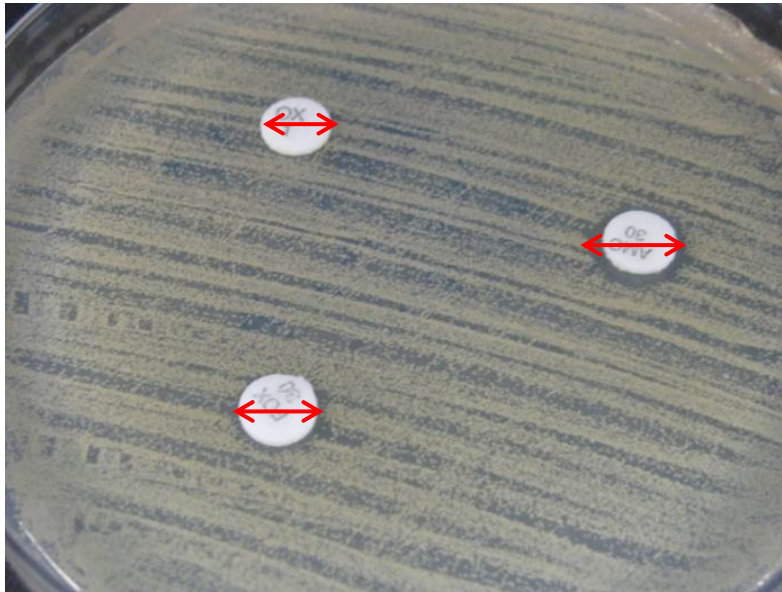
When a patient has an infection with a resistant organism, clinical failure is predicted when treated with a drug according to the label indication

# Susceptibility Test Methods

- Categorical methods
  - Only tell you whether the organism is susceptible or resistant
- Quantitative methods
  - Yield an MIC which describes exactly *how* susceptible or resistant the isolate is
  - An MIC can be translated into a categorical result

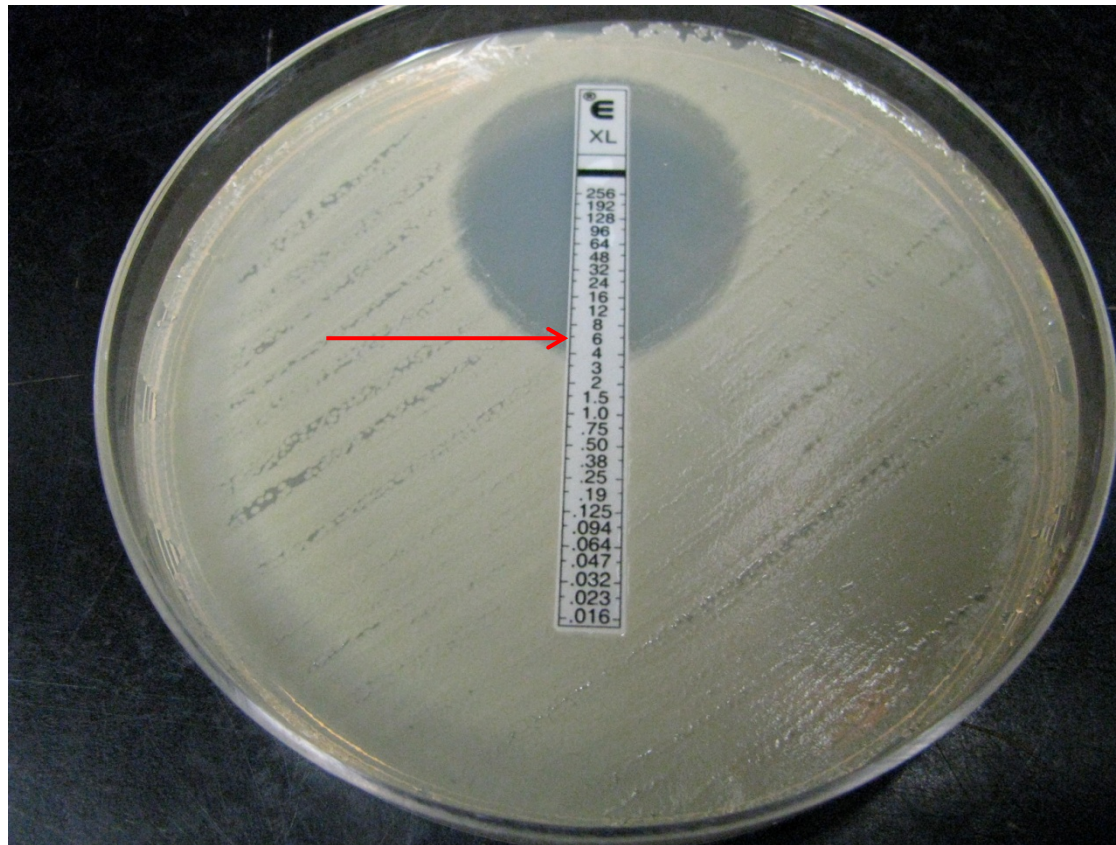
	<b>Diffusion Methods</b>	<b>Dilution Methods</b>
<b>Categorical</b>	Kirby-Bauer (Disks)	
<b>Quantitative</b>	Gradient strips (E-tests)	Agar dilution Broth micro/macro dilution

# Kirby-Bauer Disk Testing



# Gradient Strips

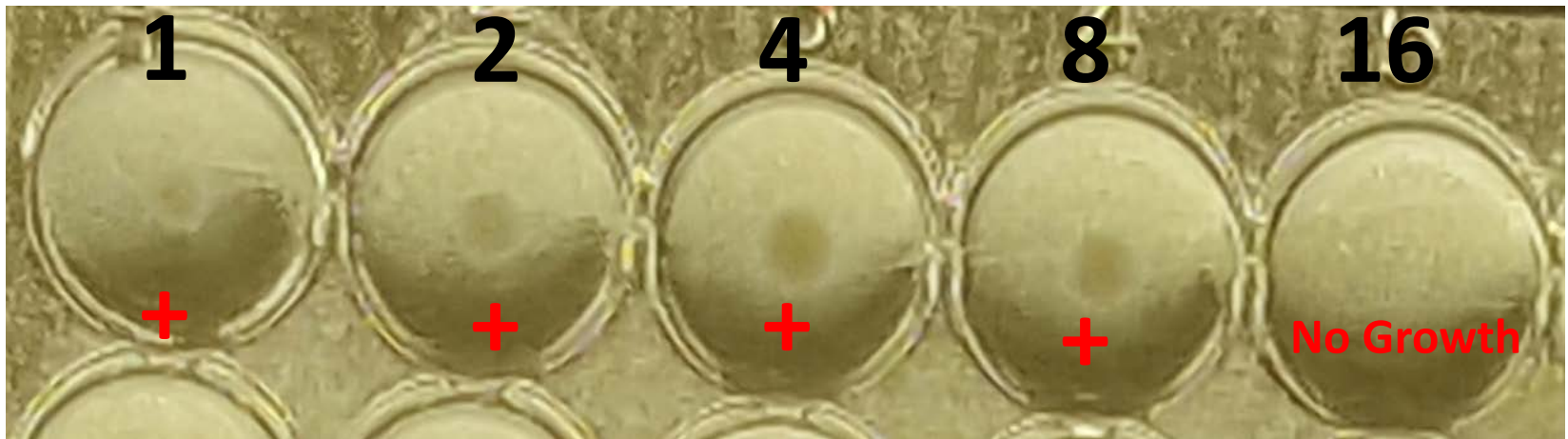
MIC = 6  
By convention, this  
is rounded to 8





# Broth Micro-Dilution

Tetracycline



# Interpretation of Tests

- Standardized interpretive criteria critical
  - Clinical and Laboratory Standards Institute (CLSI) – USA
  - European Committee on Antimicrobial Susceptibility Testing (EUCAST) – Europe



### Clinical breakpoints

<b>Organization</b>	<b>Clinical breakpoints</b>
<b>EUCAST News</b>	<a href="#">See information on Clinical breakpoint tables.</a>
<b>Clinical breakpoints</b>	<b>Breakpoint table for bacteria</b>
About "Clinical breakpoints".	<b>Clinical breakpoints - bacteria (v 7.1)</b> - pdf file for Printing (Update 2017-03-13)
Splitting MIC wild type distributions	<b>Clinical breakpoints - bacteria (v 7.1)</b> - excel file for screen (Update 2017-03-13)
When there are no breakpoints?	<b>Addendum on ceftiozane-tazobactam zone diameter breakpoints</b> for <i>Pseudomonas aeruginosa</i> (7 June, 2017).
Where clinical data is lacking!	Addendum on a change in the <b>ceftaroline R-breakpoint for <i>Staphylococcus aureus</i></b> (from 1 mg/L to 2 mg/L). The intermediate category is introduced in conjunction with an EMA approved high dose of ceftaroline.
EUCAST setting breakpoints.	Note: To utilize all functions in the Excel® file, use Microsoft™ original programs only.
<b>Expert rules and intrinsic resistance</b>	Changes in EUCAST Breakpoint Tables v 7.1, 10 March 2017 marked in light blue. All previous Changes (between versions 6.0 and 7.0) are still marked in pale yellow.
<b>Resistance mechanisms</b>	■ <i>Staphylococcus</i> spp. - Cefoxitin screen for <i>S. epidermidis</i> (zone diameter) revised
<b>Guidance documents</b>	■ <i>Staphylococcus</i> spp. - Cefoxitin screen for <i>S. pseudintermedius</i> replaced with oxacillin (zone diameter).
<b>Consultations</b>	■ Topical agents - Mupirocin ECOFF changed from 1/1 to 1 mg/L (typo)
<b>MIC distributions and ECOFFs</b>	■ Dosages - Amoxicillin-clavulanic acid standard and high dose revised
<b>Zone distributions and ECOFFs</b>	■ Dosages - Ceftazidime-avibactam high dose removed (typo)
<b>AST of bacteria</b>	The most important news and changes in version 7.0 are
<b>AST of mycobacteria</b>	- Breakpoints added for ceftazidime-avibactam, nitroloxine and fosfomicin (zone diameter).
<b>AST of fungi</b>	- All fluoroquinolone breakpoints have been reviewed and several revised (MIC and zone diameter).
<b>AST of veterinary pathogens</b>	
<b>Frequently Asked Questions (FAQ)</b>	
<b>Meetings</b>	

# Interpretation of Tests

## Enterobacteriaceae

## EUCAST Clinical Breakpoint Tables v. 6.0, valid from 2016-01-01

**Disk diffusion (EUCAST standardised disk diffusion method)**  
**Medium:** Mueller-Hinton agar  
**Inoculum:** McFarland 0.5  
**Incubation:** Air, 35±1°C, 18±2h  
**Reading:** Read zone edges as the point showing no growth viewed from the back of the plate against a dark background illuminated with reflected light.  
**Quality control:** *Escherichia coli* ATCC 25922. For control of the inhibitor component of beta-lactam inhibitor-combination disks, use either *Escherichia coli* ATCC 35218 or *Klebsiella pneumoniae* ATCC 700603.

Penicillins <sup>1</sup>	MIC breakpoint (mg/L)		Disk content (µg)	Zone diameter breakpoint (mm)		Notes
	S ≤	R >		S ≥	R <	
<b>Benzympenicillin</b>	-	-	-	-	-	<p>1/A. Wild type Enterobacteriaceae are categorised as susceptible to aminopenicillins. Some countries prefer to categorise wild type isolates of <i>E. coli</i> and <i>P. mirabilis</i> as intermediate. When this is the case, use the MIC breakpoint S ≤ 0.5 mg/L and the corresponding zone diameter breakpoint S ≥ 50 mm.</p> <p>2. For susceptibility testing purposes, the concentration of sulbactam is fixed at 4 mg/L.</p> <p>3. For susceptibility testing purposes, the concentration of clavulanic acid is fixed at 2 mg/L.</p> <p>4. For susceptibility testing purposes, the concentration of tazobactam is fixed at 4 mg/L.</p> <p>5/D. Mecillinam (pivmecillinam) breakpoints relate to <i>E. coli</i>, <i>Klebsiella</i> spp. and <i>P. mirabilis</i> only.</p> <p>B. Ignore growth that may appear as a thin inner zone on some batches of Mueller-Hinton agars.</p> <p>C. Susceptibility inferred from ampicillin.</p> <p>D. Ignore isolated colonies within the inhibition zone for <i>E. coli</i>.</p>
<b>Ampicillin</b>	8 <sup>1</sup>	8	10	14 <sup>A,B</sup>	14 <sup>B</sup>	
<b>Ampicillin-sulbactam</b>	8 <sup>1,2</sup>	8 <sup>2</sup>	10-10	14 <sup>A,B</sup>	14 <sup>B</sup>	
<b>Amoxicillin</b>	8 <sup>1</sup>	8	-	Note <sup>C</sup>	Note <sup>C</sup>	
<b>Amoxicillin-clavulanic acid</b>	8 <sup>1,3</sup>	8 <sup>3</sup>	20-10	19 <sup>A,B</sup>	19 <sup>B</sup>	
<b>Amoxicillin-clavulanic acid (uncomplicated UTI only)</b>	32 <sup>1,3</sup>	32 <sup>3</sup>	20-10	16 <sup>A,B</sup>	16 <sup>B</sup>	
<b>Piperacillin</b>	8	16	30	20	17	
<b>Piperacillin-tazobactam</b>	8 <sup>4</sup>	16 <sup>4</sup>	30-6	20	17	
<b>Ticarcillin</b>	8	16	75	23	23	
<b>Ticarcillin-clavulanic acid</b>	8 <sup>3</sup>	16 <sup>3</sup>	75-10	23	23	
<b>Phenoxymethylpenicillin</b>	-	-	-	-	-	
<b>Oxacillin</b>	-	-	-	-	-	
<b>Cloxacillin</b>	-	-	-	-	-	
<b>Dicloxacillin</b>	-	-	-	-	-	
<b>Flucloxacillin</b>	-	-	-	-	-	
<b>Mecillinam (uncomplicated UTI only)</b> <i>E. coli</i> , <i>Klebsiella</i> spp. and <i>P. mirabilis</i>	8	8	10	15 <sup>D</sup>	15 <sup>D</sup>	

WHAT is definition based on?



S I R

Dogs											
A	Skin, soft tissue	Amoxicillin-clavulanate	<i>E. coli</i>	-	-	-	-	≤ 0.25/ 0.12	0.5/0.25	≥ 1/0.5	(19) Amoxicillin-clavulanate breakpoints were determined from an examination of MIC distribution data, efficacy data, and PK-PD analysis of amoxicillin in dogs. The dosage regimen used for PK-PD analysis of amoxicillin was 11 mg/kg administered every 12 hours orally.
A	UTI	Amoxicillin-clavulanate	<i>E. coli</i>	-	≥ 18	-	-	≤ 8/4	-	-	(20) With the exception of isolates from UTIs, <i>E. coli</i> and other <i>Enterobacteriaceae</i> should be reported as resistant to ampicillin, amoxicillin, and amoxicillin-clavulanate because the drug concentrations achieved according to the labeled dosing regimen are not high enough to reach the therapeutic target. For uncomplicated UTIs, see comment (21).  (21) This breakpoint was derived from published literature in which orally administered ampicillin 25.6 mg/kg and amoxicillin 11 mg/kg were administered to healthy dogs at 8-hour intervals for 5 consecutive doses and produced urine concentrations in dogs > 300 µg/mL.
Cats											
A	Skin, soft tissue, UTI	Amoxicillin-clavulanate	<i>E. coli</i>	-	-	-	-	≤ 0.25/ 0.12	0.5/0.25	≥ 1/0.5	(23) Amoxicillin-clavulanate breakpoints were determined from an examination of MIC distribution data, efficacy data, and PK-PD analysis of amoxicillin in cats at a dosage of 12.5 mg/kg (amoxicillin) administered every 12 hours orally.

Dogs												
A	Skin, soft tissue	Ampicillin	<i>E. coli</i>	-	-	-	-	≤0.25	0.5	≥1.0	(12) Systemic breakpoints were derived from microbiological and PK-PD data. The dosage regimen used for PK-PD analysis of amoxicillin was 22 mg/kg every 12 hours orally.  (13) Except for lower UTI, <i>E. coli</i> and other <i>Enterobacteriaceae</i> will test resistant to ampicillin and amoxicillin.	22 mg/kg q12 hours
A	UTI	Ampicillin	<i>E. coli</i>	-	-	-	-	≤8	-	-	(14) This breakpoint for UTIs was derived from published literature in which orally administered ampicillin 25.6 mg/kg and amoxicillin 11 mg/kg was administered to healthy dogs at 8-hour intervals for 5 consecutive doses and produced urine concentrations in dogs > 300 µg/mL.	11 mg/kg q8 hours
Cats												
A	Skin, soft tissue, UTI	Ampicillin	<i>E. coli</i>	-	-	-	-	≤0.25	0.5	≥1.0	(15) Ampicillin breakpoints were determined from an examination of MIC distribution data and PK-PD analysis of amoxicillin in cats. The dosage regimen used for PK-PD analysis of amoxicillin was 12.5 mg/kg administered every 12 hours orally.	12.5 mg/kg q8 hours
Cattle												
A	Metritis	Ampicillin	<i>E. coli</i>	-	-	-	-	≤0.25	0.5	≥1.0	(16) Breakpoints were derived from microbiological and PK-PD data. The dose of ampicillin trihydrate used to derive this breakpoint was 11 mg/kg every 24 hours IM.	11 mg/kg q24 hours

Test/Report Group	Antimicrobial Agent	Disk Content	Interpretive Categories and Zone Diameter Breakpoints, nearest whole mm				Interpretive Categories and MIC Breakpoints, µg/mL				Comments
			S	SDD	I	R	S	SDD	I	R	
PENICILLINS											
A	Ampicillin	10 µg	≥ 17	-	14-16	≤ 13	≤ 8	-	16	≥ 32	(4) Results of ampicillin testing can be used to predict results for amoxicillin. See general comment (2).

**Table 2H. *Pasteurella multocida* (Continued)**

Test/ Report Group	Body Site	Antimicrobial Agent	Disk Content	Interpretive Categories and Zone Diameter Breakpoints, nearest whole mm			Interpretive Categories and MIC Breakpoints, µg/mL			Comments
				S	I	R	S	I	R	
<b>Penicillins</b>										
<b>Cats</b>										
A	Skin, soft tissue, UTI	Ampicillin	–	–	–	–	≤0.25	0.5	≥1	(3) Ampicillin breakpoints were determined from an examination of MIC distribution data and PK-PD analysis of amoxicillin in cats. The dosage regimen used for PK-PD analysis of amoxicillin was 12.5 mg/kg administered every 12 hours orally.
<b>Swine</b>										
A	Respiratory	Ampicillin	–	–	–	–	≤0.5	1	≥2	(4) Ampicillin is the class representative for the aminopenicillins and should be tested.  (5) Breakpoints were derived from microbiological data using ampicillin, PK data from a dose of 15 mg/kg IM of amoxicillin once daily, and PD data. <sup>1</sup>
A		Penicillin G	–	–	–	–	≤0.25	0.5	≥1	(6) Breakpoints were derived from microbiological, PK data (using accepted clinical but extra-label doses), and PD data. The dose of procaine penicillin G modeled was 33 000 U/kg every 24 hours IM by needle in the neck.
<b>Cattle</b>										
A	Respiratory	Ampicillin	–	–	–	–	≤0.03	0.06– 0.12	≥0.25	(7) Breakpoints were derived from microbiological and PK-PD data. The dose of ampicillin trihydrate used to derive this breakpoint was 11 mg/kg every 24 hours IM.
A	Respiratory	Penicillin G	–	–	–	–	≤0.25	0.5	≥1	(8) Breakpoints were derived from microbiological, PK data (using accepted clinical but extra-label doses), and PD data. The dose of procaine penicillin G modeled was 22 000 U/kg every 24 hours IM.

12.5 mg/kg  
q12 hours

15 mg/kg  
q24 hours

11 mg/kg  
q24 hours

# Read the Monograph!!!!

For Veterinary Use Only

**Pr Clinacin**  
(clindamycin hydrochloride tablets)

**DESCRIPTION:**  
CLINACIN tablets contain clindamycin hydrochloride, which is the hydrated salt of clindamycin. Clindamycin is a semi-synthetic antibiotic produced by a 7 (S)-chloro-substitution of the 7 (R)-hydroxyl group of lincomycin, a naturally-produced antibiotic produced by *Streptomyces lincolnensis* var. *lincolnensis*.

**INDICATIONS:**  
For treatment of infected wounds, abscesses and dental infections caused by or associated with *Streptococcus* spp., *Staphylococcus* spp., *Bacteroides* spp., *Fusobacterium necrophorum* and *Clostridium perfringens* in dogs.  
For treatment of osteomyelitis caused by *Staphylococcus aureus* in dogs.

 **Vétoquinol**



**CLAVASEPTIN<sup>®</sup>**

## AMOXICILLIN / CLAVULANIC ACID CHEWABLE TABLETS

### INDICATIONS

**Dogs:** For the treatment of gingivitis associated with periodontal infections caused by bacteria susceptible to amoxicillin/clavulanic acid.

**Cats:** For the treatment of skin and soft tissue infections, such as wounds and abscesses, caused by bacteria susceptible strains of *Pasteurella* spp., *Staphylococcus* spp. and *Streptococcus* spp.

**Note:** To limit the development of antimicrobial resistance this drug should be used as directed. It is recommended to obtain samples for *in vitro* culture and susceptibility testing prior to treatment.

Off label use of a product, reduces the predictive power of a susceptibility test.

ex. higher dose might result in clinical success despite resistance

ex. treating a different type of infection may result in clinical failure despite susceptibility

# Resistance Defined

- Resistance can be sub-divided into intrinsic and acquired
- Intrinsic resistance is constitutive for an organism
  - Natural “superbugs”, it’s just part of what they are

*Pseudomonas  
aeruginosa*



# Basic Definition – What is Resistance?

- Resistance can be sub-divided into intrinsic and acquired
- Intrinsic resistance is constitutive for an organism
- Acquired resistance is not inherent to the organism, these bugs have something that makes them “super”

*Staphylococcus*

*aureus*

versus

(MRSA)

# Intrinsic resistance

- A good grasp of normal allows lab data to be interpreted
  - What do all of those “R’s” really mean?
- Intrinsic resistance is independent of antibiotic exposure
- “Wild-type” phenotype
- *Mycoplasma* spp. intrinsically resistant to penicillin
  - They lack a cell wall and therefore don’t have the drug target

# Intrinsic Resistance Enterobacteriaceae

Table 1. Intrinsic resistance in Enterobacteriaceae. Enterobacteriaceae are also intrinsically resistant to benzylpenicillin, glycopeptides, fusidic acid, macrolides (with some exceptions<sup>1</sup>), lincosamides, streptogramins, rifampicin, daptomycin and linezolid.

Rule no.	Organisms	Ampicillin	Amoxicillin-Clavulanic acid	Ampicillin-sulbactam	Ticarcillin	Cefazolin, Cefalotin Cefalexin, Cefadroxil	Cefoxitin <sup>2</sup>	Cefuroxime	Tetracyclines	Tigecycline	Polymyxin B, Colistin	Nitrofurantoin
1.1	<i>Citrobacter koseri</i> , <i>Citrobacter amalonaticus</i> <sup>3</sup>	R			R							
1.2	<i>Citrobacter freundii</i> <sup>4</sup>	R	R	R		R	R					
1.3	<i>Enterobacter cloacae</i> complex	R	R	R		R	R					
1.4	<i>Enterobacter aerogenes</i>	R	R	R		R	R					
1.5	<i>Escherichia hermannii</i>	R			R							
1.6	<i>Hafnia alvei</i>	R	R	R		R	R					
1.7	<i>Klebsiella pneumoniae</i>	R			R							
1.8	<i>Klebsiella oxytoca</i>	R			R							
1.9	<i>Morganella morganii</i>	R	R	R		R			R		R	R
1.10	<i>Proteus mirabilis</i>								R	R	R	R
1.11	<i>Proteus penneri</i>	R				R		R	R	R	R	R
1.12	<i>Proteus vulgaris</i>	R				R		R	R	R	R	R
1.13	<i>Providencia rettgeri</i>	R	R	R		R		R	R	R	R	R
1.14	<i>Providencia stuartii</i>	R	R	R		R		R	R	R	R	R
1.15	<i>Raoultella</i> spp.	R			R							
1.16	<i>Serratia marcescens</i>	R	R	R		R	R	R	R <sup>5</sup>		R	R
1.17	<i>Yersinia enterocolitica</i>	R	R	R	R	R	R					
1.18	<i>Yersinia pseudotuberculosis</i>										R	

R = resistant

<sup>1</sup> Azithromycin is effective *in vivo* for the treatment of typhoid fever and erythromycin may be used to treat travellers' diarrhoea.

ALL Enterobacteriaceae intrinsically Resistant to:

- Benzylpenicillin (original penicillin)
- Macrolides
- Lincosamides

# A group to remember

- SPICE organisms
  - *Serratia*
  - *Providentia*
  - Indole positive Proteae\*
  - *Citrobacter*
  - *Enterobacter*
- Produce AmpC  $\beta$ -lactamases
  - Can become de-repressed (over-produced) with therapy
- Intrinsic 3<sup>rd</sup> generation cephalosporin resistance
- In a veterinary context I would recommend avoiding all  $\beta$ -lactams

\*Includes *Proteus vulgaris* and *Morganella* spp.

# Intrinsic Resistance Non-Fermenters

Table 2. Intrinsic resistance in non-fermentative Gram-negative bacteria. Non-fermentative Gram-negative bacteria are also generally intrinsically resistant to benzylpenicillin, first and second generation cephalosporins, glycopeptides, fusidic acid, macrolides, lincosamides, streptogramins, rifampicin, daptomycin and linezolid

Rule no.	Organisms	Ampicillin	Amoxicillin-Clavulanic acid	Ampicillin-sulbactam	Ticarcillin	Ticarcillin-clavulanic acid	Piperacillin	Piperacillin-tazobactam	Cefazolin, Cefalothin Cefalexin, Cefadroxil	Cefotaxime	Ceftriaxone	Ceftazidime	Cefepime	Aztreonam	Ertapenem	Imipenem	Meropenem	Ciprofloxacin	Chloramphenicol	Aminoglycosides	Trimethoprim	Fosfomycin	Tetracyclines	Tigecycline	Polymyxin B/Colistin		
2.1	<i>Acinetobacter baumannii</i> , <i>Acinetobacter pittii</i> , <i>Acinetobacter nosocomialis</i> and <i>Acinetobacter calcoaceticus</i> complex	R	R	Note <sup>1</sup>					R	R	R			R	R						R	R	R <sup>2</sup>	Note <sup>2</sup>			
2.2	<i>Achromobacter xylosoxydans</i>	R							R	R	R				R				R	R						R	
2.3	<i>Burkholderia cepacia</i> complex <sup>3</sup>	R	R	R	R	R	R	R	R	R	R			R	R			R	R	R <sup>4</sup>	R	R				R	
2.4	<i>Elizabethkingia meningoseptica</i>	R	R	R	R	R	R		R	R	R	R	R	R	R	R	R									R	
2.5	<i>Ochrobactrum anthropi</i>	R	R	R	R	R	R	R	R	R	R	R	R	R	R												
2.6	<i>Pseudomonas aeruginosa</i>	R	R	R					R	R	R				R				R	Note <sup>5</sup>	R		R	R			
2.7	<i>Stenotrophomonas maltophilia</i>	R	R	R	R			R	R	R	R			R	R	R	R			R <sup>4</sup>	R <sup>6</sup>	R	R <sup>7</sup>				

R = resistant

# Intrinsic Resistance Gram-Positives

Table 4. Intrinsic resistance in Gram-positive bacteria. Gram-positive bacteria are also intrinsically resistant to aztreonam, temocillin, polymyxin B/colistin and nalidixic acid

Rule no.	Organisms	Fusidic acid	Ceftazidime	Cephalosporins (except ceftazidime)	Aminoglycosides	Macrolides	Clindamycin	Quinupristin-dalfopristin	Vancomycin	Teicoplanin	Fosfomycin	Novobiocin	Sulfonamides
4.1	<i>Staphylococcus saprophyticus</i>	R	R								R	R	
4.2	<i>Staphylococcus cohnii</i> ,		R									R	
4.3	<i>Staphylococcus xylosus</i>		R									R	
4.4	<i>Staphylococcus capitis</i>		R							R			
4.5	Other coagulase-negative staphylococci and <i>Staphylococcus aureus</i>		R										
4.6	<i>Streptococcus</i> spp.	R	R		R <sup>1</sup>								
4.7	<i>Enterococcus faecalis</i>	R	R	R	R <sup>1</sup>	R	R	R					R
4.8	<i>Enterococcus gallinarum</i> , <i>Enterococcus casseliflavus</i>	R	R	R	R <sup>1</sup>	R	R	R	R				R
4.9	<i>Enterococcus faecium</i>	R	R	R	R <sup>1,2</sup>	R							R
4.10	<i>Corynebacterium</i> spp.										R		
4.11	<i>Listeria monocytogenes</i>		R	R									
4.12	<i>Leuconostoc</i> spp., <i>Pediococcus</i> spp.								R	R			
4.13	<i>Lactobacillus</i> spp. ( <i>L. casei</i> , <i>L. casei</i> var. <i>rhamnosus</i> )								R	R			
4.14	<i>Clostridium ramosum</i> , <i>Clostridium innocuum</i>								R				

R = resistant

<sup>1</sup> Low-level resistance (LLR) to aminoglycosides. Combinations of aminoglycosides with cell wall inhibitors (penicillins and glycopeptides) are synergistic and bactericidal against isolates that are susceptible to cell wall inhibitors and do not display high-level resistance to aminoglycosides.

<sup>2</sup> In addition to LLR to aminoglycosides, *Enterococcus faecium* produces a chromosomal AAC(6)-I enzyme that is responsible for the loss of synergism between aminoglycosides (except gentamicin, amikacin and streptomycin) and penicillins or glycopeptides.

# What is Stewardship?

*“The term “antimicrobial stewardship” is used to describe the multifaceted and dynamic approaches required to sustain the clinical efficacy of antimicrobials by optimizing drug use, choice, dosing, duration, and route of administration, while minimizing the emergence of resistance and other adverse effects.”*

## **Antimicrobial Stewardship in Small Animal Veterinary Practice: From Theory to Practice**

Luca Guardabassi, DVM, PhD<sup>a,\*</sup>, John F. Prescott, VetMB, DVM, PhD<sup>b</sup>  
Vet Clin Small Anim 45 (2015) 361–376  
<http://dx.doi.org/10.1016/j.cvsma.2014.11.005>  
0195-5616/15/\$ – see front matter © 2015 Elsevier Inc. All rights reserved. [vetsmall.theclinics.com](http://vetsmall.theclinics.com)

# What is Stewardship?

*“...a coherent set of actions which promote using antimicrobials responsibly... translated into context-specific and time-specific actions.”*

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Review

## What is antimicrobial stewardship?

O.J. Dyar<sup>1,\*</sup>, B. Huttner<sup>2</sup>, J. Schouten<sup>3</sup>, C. Pulcini<sup>4</sup>, on behalf of ESGAP (ESCMID Study Group for Antimicrobial stewardship)



# What is Stewardship?

- Active stewardship – changing behaviors
- Greatest impact on antimicrobial use
  - Specialist consultation on patient management (ID specialists, pharmacists)
  - Laboratory reports
    - Nudging
    - Suppressing
    - Framing
  - Active monitoring of antimicrobial usage (institutional level)
  - Audit and feedback


**ANTIBIOTIC STEWARDSHIP**  
IN YOUR FACILITY WILL

**DECREASE** (downward arrow)  
■ ANTIBIOTIC RESISTANCE  
■ C. DIFFICILE INFECTIONS  
■ COSTS

**INCREASE** (upward arrow)  
■ GOOD PATIENT OUTCOMES


---

**PROMOTE ANTIBIOTIC BEST PRACTICES—  
A FIRST STEP IN ANTIBIOTIC STEWARDSHIP**

 ■ ENSURE ALL ORDERS HAVE DOSE, DURATION, AND INDICATIONS  
■ GET CULTURES BEFORE STARTING ANTIBIOTICS  
■ TAKE AN "ANTIBIOTIC TIMEOUT" REASSESSING ANTIBIOTICS AFTER 48-72 HOURS

---

**ANTIBIOTIC STEWARDSHIP PROGRAMS ARE  
A "WIN-WIN" FOR ALL INVOLVED**

A UNIVERSITY OF MARYLAND STUDY SHOWED  
ONE ANTIBIOTIC STEWARDSHIP PROGRAM  
SAVED A TOTAL OF \$17 MILLION  
OVER EIGHT YEARS 

 ANTIBIOTIC STEWARDSHIP HELPS IMPROVE  
PATIENT CARE AND SHORTEN  
HOSPITAL STAYS, THUS BENEFITING  
PATIENTS AS WELL AS HOSPITALS

# What is Stewardship?

- Passive stewardship – providing knowledge
- Less effective
  - Prudent use guidelines
  - Continuing education



International Society for Companion Animal Infectious Diseases (ISCAID) guidelines for the diagnosis and management of bacterial urinary tract infections in dogs and cats

J. Scott Weese<sup>a,\*</sup>, Joseph Blondeau<sup>b,c</sup>, Dawn Boothe<sup>d</sup>, Luca G. Guardabassi<sup>e,f</sup>, Nigel Gumley<sup>g</sup>, Mark Papich<sup>h</sup>, Lisbeth Rem Jessen<sup>i</sup>, Michael Lappin<sup>j</sup>, Shelley Rankin<sup>k</sup>, Jodi L. Westropp<sup>l</sup>, Jane Sykes<sup>l</sup>



## CVMA GUIDELINES FOR VETERINARY ANTIMICROBIAL USE



A banner for the CVMA Guidelines for Veterinary Antimicrobial Use. It features three images: a pig, a dog and a cat, and a cow. To the right of the images, the text reads: 'CVMA Guidelines for Veterinary Antimicrobial Use' and 'Veterinary oversight is the entire process or mechanism whereby veterinarians provide guidance or direction for appropriate use of antimicrobials.' Below this text is a blue button labeled 'ACCESS'.

# Principles of Rational AMU

## Box 3

### General principles of rational antimicrobial use

- Antimicrobials should be used only when there is evidence or at least a well-founded clinical suspicion of bacterial infection
- Antimicrobials should not be used for treatment of self-limiting infections
- Antimicrobial, pathogen, infection site, and patient factors should be considered when choosing an appropriate treatment
- Cytology should be used as a point-of-care test to guide antimicrobial choice for relevant disease conditions (eg, otitis and urinary tract infections)
- Antimicrobial susceptibility testing should be performed if
  - There is suspicion of a complicated or life-threatening infection
  - The patient does not respond to initial treatment
  - The patient has a recurring or refractory infection
  - The patient is immunosuppressed
  - There is a need to monitor the outcome of therapy (eg, long treatment period)
  - The patient is at risk of infection with multidrug-resistant bacteria

## Antimicrobial Stewardship in Small Animal Veterinary Practice: From Theory to Practice

# Principles of Rational AMU

- As narrow a spectrum therapy as possible should be used
- Topical therapy should be preferred over systemic therapy for treatment of superficial skin infections
- Antimicrobials should be used for as short a time as possible
- Extra-label use should be avoided when on-label options are reasonable
- Use of critically important antimicrobials not authorized for veterinary use should at least be restricted to rare and severe patient conditions (eg, diagnosed, life-threatening bacterial infections that cannot be treated by any other available antimicrobials, provided that treatment has a realistic chance of eliminating infection)
- Antimicrobial therapy should never be used as a substitute for good infection control, and good medical and surgical practices
- Perioperative prophylaxis should be used only when indicated, and follow standard guidelines
- Clients should be educated to ensure compliance

## Antimicrobial Stewardship in Small Animal Veterinary Practice: From Theory to Practice

# Prescribing Decisions

- Pathogen identified (or likely pathogen)
  - Susceptibility of organism
    - Knowledge of local resistance epidemiology
  - Animal species
  - Signalment
  - Site/type of infection
  - Co-morbidities
  - Route of administration
- Cost
  - Client compliance
  - Label indication
  - Withdrawal time

Exploring the behavioural drivers of veterinary surgeon antibiotic prescribing: a qualitative study of companion animal veterinary surgeons in the UK



C. King<sup>1\*</sup>, M. Smith<sup>1</sup>, K. Currie<sup>1</sup>, A. Dickson<sup>1</sup>, F. Smith<sup>1</sup>, M. Davis<sup>2</sup> and P. Flowers<sup>1</sup>

# Prescribing Decisions

- Business factors

## Business factors

Veterinary surgeons talked about the tensions, which they experienced, between maintaining a viable business, client satisfaction and appropriate antibiotic prescribing:

*... people are our customers and they are what keeps the business going, so if we annoy them and there is another veterinary surgeon practice they can go to where they may just be handed out antibiotics [they will potentially do that] (Veterinary surgeon 1)*

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C. King<sup>1\*</sup>, M. Smith<sup>1</sup>, K. Currie<sup>1</sup>, A. Dickson<sup>1</sup>, F. Smith<sup>1</sup>, M. Davis<sup>2</sup> and P. Flowers<sup>1</sup>



# Prescribing Decisions

- Business factors
- Fear factors

## Fear factors

The fear of missing an infection, and potential professional consequences, were also magnified for veterinary surgeons with the forever present possibility of client complaint or disciplinary action through their professional bodies:

*... vets are completely paranoid the Royal Veterinary College [sic Royal College of Veterinary Surgeons] is going to cause them damage or get them struck off (Veterinary surgeon 5)*

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C. King<sup>1\*</sup>, M. Smith<sup>1</sup>, K. Currie<sup>1</sup>, A. Dickson<sup>1</sup>, F. Smith<sup>1</sup>, M. Davis<sup>2</sup> and P. Flowers<sup>1</sup>

# Prescribing Decisions

- Business factors
- Fear factors
- Habitual practice factors

## Habitual practice factors

Many of the veterinary surgeons talked about prescribing patterns which had been established over time and which influenced clients' expectations of when their pet would receive an antibiotic. The examples of kennel cough and the treatment of cat abscesses were often used by veterinary surgeons to illustrate this point:

*There is some kind of pattern generated ... this is what I've always treated this with, a jag (Scottish version of the word injection) of penicillin for a cat bite abscess. It's a hard habit to get out of.  
(Veterinary surgeon 2)*



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C. King<sup>1\*</sup>, M. Smith<sup>1</sup>, K. Currie<sup>1</sup>, A. Dickson<sup>1</sup>, F. Smith<sup>1</sup>, M. Davis<sup>2</sup> and P. Flowers<sup>1</sup>



# Prescribing Decisions

- Business factors
- Fear factors
- Habitual practice factors

Peer influence was viewed to be a powerful factor in shaping prescribing behaviours within veterinary surgeon practice:

*... the new grads are initially more prone to not give antibiotics because they were taught, well actually it's bad, and they stand their ground more. But then as they get in to practice and get more experience and maybe they just get worn down or maybe the daily life ... then they start giving antibiotics more loosely. (Veterinary surgeon 4)*

Exploring the behavioural drivers of veterinary surgeon antibiotic prescribing: a qualitative study of companion animal veterinary surgeons in the UK

C. King<sup>1\*</sup>, M. Smith<sup>1</sup>, K. Currie<sup>1</sup>, A. Dickson<sup>1</sup>, F. Smith<sup>1</sup>, M. Davis<sup>2</sup> and P. Flowers<sup>1</sup>



# Prescribing Decisions

- Business factors
- Fear factors
- Habitual practice factors
- **Pharmaceutical factors**

## Pharmaceutical factors

Veterinary surgeons also identified that pharmaceutical companies influenced antibiotic prescribing. This opportunity to influence prescribing was created by the marketing of products to address challenges around the administration of antibiotics, such as, difficulties in getting cats to consume tablets.

*... we do use [antibiotic injections] in cats and we know the problems with it, but we do it when we feel that the owners will not be able to give tablets ... we prescribe it quite often to be honest. ... I am not aware of much evidence that it contributes to specific antimicrobial resistance, but it is a third generation Cephalosporin ... (Veterinary surgeon 11)*

# Drugs vs. Brands

## Under The Influence

with Terry O'Reilly



*Ceci n'est pas une pipe.*



*Ce n'est pas un antibiotique*

René Magritte

# Drugs vs. Brands

- Recognize impact of marketing
  - Who only refers to a drug by the trade name?

with Terry O'Reilly

- Understanding the active ingredient is critical!
  - The antibiotic is the active ingredient NOT the brand

- A lot of useful information can be gained from pharmaceutical companies

- Critically evaluate science vs. sales

*Ceci n'est pas une pipe.*

*Ce n'est pas un antibiotique*

# Proximate Risks of AMU

## Adverse Drug Events



ANTIBIOTICS ARE RESPONSIBLE  
FOR ALMOST

**1** OUT OF **5**

EMERGENCY DEPARTMENT VISITS  
FOR ADVERSE DRUG EVENTS



ANTIBIOTICS ARE THE  
**MOST COMMON CAUSE OF  
EMERGENCY DEPARTMENT VISITS  
FOR ADVERSE DRUG EVENTS  
IN CHILDREN UNDER  
18 YEARS OF AGE.**

# Adverse Drug Events

- 20% of hospitalized patients given antimicrobials had ADE
  - 19% of ADE occurred in patients not needing antimicrobials

JAMA Internal Medicine | [Original Investigation](#)

## Association of Adverse Events With Antibiotic Use in Hospitalized Patients

Pranita D. Tamma, MD, MHS; Edina Avdic, PharmD, MBA; David X. Li, BS; Kathryn Dzintars, PharmD; Sara E. Cosgrove, MD, MS

*JAMA Intern Med.* 2017;177(9):1308-1315. doi:[10.1001/jamainternmed.2017.1938](https://doi.org/10.1001/jamainternmed.2017.1938)

Published online June 12, 2017.

# Adverse Drug Events

*“... ADEs are common among inpatients receiving antibiotics, some of which may be avoidable with more judicious use of antibiotics.”*

*“...antibiotic-associated ADEs may not be recognized by clinicians because ADEs have varied manifestations...”*

JAMA Internal Medicine | [Original Investigation](#)

## Association of Adverse Events With Antibiotic Use in Hospitalized Patients

Pranita D. Tamma, MD, MHS; Edina Avdic, PharmD, MBA; David X. Li, BS;  
Kathryn Dzintars, PharmD; Sara E. Cosgrove, MD, MS

*JAMA Intern Med.* 2017;177(9):1308-1315. doi:10.1001/jamainternmed.2017.1938  
Published online June 12, 2017.

# Adverse Drug Events

- >140,000 annual emergency department visits in the United States for antibiotic associated ADE

Although the risk of an ED visit for an antibiotic-associated adverse event is small for an individual patient, when antibiotics are commonly prescribed for indications for which they have no benefit, the burden of preventable adverse events in the population is great.

## Emergency Department Visits for Antibiotic-Associated Adverse Events

**Nadine Shehab, Priti R. Patel, Arjun Srinivasan, and Daniel S. Budnitz**

Division of Healthcare Quality Promotion, National Center for Detection, Preparedness, and Control of Infectious Diseases, Coordinating Center for Infectious Diseases, Centers for Disease Control and Prevention, Atlanta, Georgia

**Clinical Infectious Diseases 2008;47:735-43**



# What Stewardship Means to Me

- Treating a diagnosis rather than a syndrome
- Concatenating laboratory evidence and your clinical exam into a diagnosis
  - Asking questions when you need more information
- Using evidence based empiric therapy
  - Likely pathogens, local resistance epidemiology
- Applying your knowledge of
  - Intrinsic resistance
  - Drug mechanisms of action and spectrum of activity
  - Mechanisms of resistance

# What Stewardship Means to Me

- Recognizing the evolving world of infectious diseases
  - Resistance is emerging
  - Be nimble enough to adapt
- Lifelong learning - sounds cliché but:
  - Professional duty
  - If you're not up to date you're out of date
- Utilizing recognized therapeutic guidelines

# Applying Guidelines

- Canine urinary tract infection (sporadic cystitis)
- We'll assume that a diagnosis has been made

Canine	Urinary	Sporadic cystitis	<p><b>RECOMMENDED TREATMENT:</b></p> <ol style="list-style-type: none"> <li>1. Amoxicillin: 11-15 mg/kg PO q12h</li> <li>2. Amoxicillin/clavulanic acid: 12.5-25 mg/kg PO q12h</li> <li>3. Trimethoprim-sulfonamide (TMS): 15-30 mg/kg PO q12h</li> </ol> <p><b>Duration: 3-5d</b></p> <p><b>ALTERNATIVE TREATMENT:</b></p> <ol style="list-style-type: none"> <li>4. Enrofloxacin: 10-20 mg/kg PO q24h</li> <li>5. Marbofloxacin: 2.7-5.5 mg/kg PO q24h</li> <li>6. Orbifloxacin: 2.5-7.5 mg/kg PO q24h</li> <li>7. Pradofloxacin: 3-5 mg/kg PO q24h</li> <li>8. Cefpodoxime: 3-5 mg/kg PO q24h</li> <li>9. Cephalexin: 3-5 mg/kg PO q24h</li> <li>10. Cefovecin: 3-5 mg/kg PO q24h</li> </ol>	<ol style="list-style-type: none"> <li>1. II</li> <li>2. I</li> <li>3. II</li> <li>4. I</li> <li>5. I</li> <li>6. I</li> <li>7. I</li> <li>8. I</li> <li>9. II</li> <li>10. I</li> </ol>	<p>Benefit of amoxicillin/clavulanic acid over amoxicillin is unclear. NSAIDs should be considered to control cystitis, when appropriate for that patient (e.g. consider renal function). An initial course of NSAIDs without antimicrobials can be considered.</p>
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# Short-course Antibiotic Therapy—Replacing Constantine Units With “Shorter Is Better”

Noah Wald-Dickler<sup>1,2</sup> and Brad Spellberg<sup>1,2</sup>

<sup>1</sup>Los Angeles County and University of Southern California (LAC+USC) Medical Center, and <sup>2</sup>Division of Infectious Diseases, Keck School of Medicine at University of Southern California, Los Angeles

**Table 1. Diseases for Which Short-course Antibiotic Therapy Has Been Found to Be Equally Effective to Longer Traditional Courses of Therapy (With References)**

Diagnosis	Short (d)	Long (d)	Result
Community-acquired pneumonia [6–14]	3 or 5	7, 8, or 10	Equal
Hospital-acquired/ventilator-associated pneumonia [15, 16]	7–8	14–15	Equal
Complicated urinary tract infections/pyelonephritis [17–22]	5 or 7	10 or 14	Equal
Complicated/postoperative intraabdominal infections [23, 24]	4 or 8	10 or 15	Equal
Gram-negative bacteremia [25]	7	14	Equal
Acute exacerbation of chronic bronchitis/chronic obstructive pulmonary disease (meta-analysis of 21 trials [26])	≤5	≥7	Equal
Acute bacterial skin and skin structure infections (cellulitis/major abscess) [27–29]	5–6	10	Equal
Chronic osteomyelitis [30]	42	84	Equal
Empiric neutropenic fever [31]	Afebrile and stable × 72 h	Afebrile and stable × 72 h and with absolute neutrophil count > 500 cells/μL	Equal

# Late-career Physicians Prescribe Longer Courses of Antibiotics

Cesar I. Fernandez-Lazaro,<sup>1,2</sup> Kevin A. Brown,<sup>1,3</sup> Bradley J. Langford,<sup>1</sup> Nick Daneman,<sup>1,4,5</sup> Gary Garber,<sup>1,6</sup> and Kevin L. Schwartz<sup>1,3,7</sup>

<sup>1</sup>Infection Prevention and Control, Public Health Ontario, Toronto, Canada; <sup>2</sup>Department of Biomedical and Diagnostic Sciences, University of Salamanca, Spain; and <sup>3</sup>Dalla Lana School of Public Health, University of Toronto, and <sup>4</sup>Division of Infectious Diseases, Department of Medicine, Sunnybrook Health Sciences Centre, University of Toronto, Canada; <sup>5</sup>Institute of Health Policy, Management and Evaluation, University of Toronto, Canada <sup>6</sup>Department of Medicine, Ottawa Hospital Research Institute, Canada; and <sup>7</sup>Department of Medicine, St. Joseph's Health Centre, Toronto, Canada

## CONCLUSIONS

The use of prolonged antibiotic treatments in outpatient settings is common, particularly among those family physicians in late-career stages. Moreover, there is meaningful interphysician variability in the selection of prolonged antibiotic durations, highlighting the need for multifaceted antimicrobial stewardship interventions. Future research should evaluate the optimal community-based interventions to improve prescribing behaviors.

## Duration of Antibiotic Therapy: Shorter Is Better

Vaughn and colleagues' findings add to the considerable body of evidence supporting the antibiotic mantra "shorter is better" (2, 3, 9). The cumulative evidence indicates that each day of antibiotic therapy beyond the first confers a decreasing additional benefit to clinical cure while increasing the burden of harm in the form of adverse effects, superinfections, and selection of antibiotic resistance. The question is, where do those 2 competing trends cross, such that continuing tilts the balance to harm over benefit? For community-acquired pneumonia, the data indicate net harm somewhere around 3 to 5 days of therapy for most patients.

When indicated, the benefits of shorter therapy include:

1. Decreased rate of adverse effects
2. Decreased super-infections
3. Decreased antimicrobial resistance

In a veterinary context, additional benefits conceivably include:

- Increased client compliance
- Decreased cost to client

# What About Feline Dentistry?

Are prophylactic drugs used?

What drugs are used?

What patients would be treated?



CVMA GUIDELINES FOR VETERINARY  
ANTIMICROBIAL USE

# The Guidelines Say...

- Dental abscesses
  - No antimicrobials
  - Unless evidence of cellulitis or bone involvement
- Dental prophylaxis
  - No antimicrobials
  - Unless history of infective endocarditis, unrepaired cyanotic congenital heart disease, PDA, subaortic or aortic stenosis, imbedded pacemaker leads.
- Dental extractions
  - No antimicrobials
  - Unless same indications as above or **MARKED** involvement of local soft tissue or concurrent involvement of bone

**The use of antimicrobials is infrequently indicated –  
should be the exception NOT the rule**



# My Take on Guidelines

- They're a great starting point following diagnosis
- Summary of up-to-date recommendations
  - Whether empiric therapy is warranted
  - First line therapies
  - Treatment duration
- BUT... can't be algorithmic
  - Must have a diagnosis to apply the guidelines
  - Clinical skills required to integrate signalment, history, physical exam findings and lab results into diagnosis

# When Test Result ≠ Outcome

## POSSIBLE EXPLANATIONS FOR TEST/OUTCOME DISAGREEMENT\*

VARIABLE	UNEXPECTED POSITIVE CLINICAL OUTCOME	UNEXPECTED NEGATIVE CLINICAL OUTCOME
PHARMACOKINETIC	High urine drug concentrations	Failure of drugs to penetrate protected sites Drug interactions decreasing absorption or activation or increasing elimination
PHARMACODYNAMIC		Failure of aminoglycosides in acidic or anaerobic environments Failure of sulfonamides in purulent environments
DISEASE/PATHOLOGY	No infection Self-limiting infection	Failure to address underlying pathology or primary disease Indwelling device
THERAPEUTIC	Utilizing localized therapy, high concentrations overcoming low level resistance Off label use (dose, dosing frequency, route of administration)	Poor owner compliance Off label use (dose, dosing frequency, route of administration)
RESISTANCE		Development of resistance <i>in vivo</i>
ORGANISM LIFESTYLE		Biofilm formation Intracellular infections
ORGANISM IDENTIFICATION	Mis-identified organism False positive culture (ex. contamination)	Mis-identified organism Mixed infection
SUSCEPTIBILITY TEST	Incorrectly performed or reported test	Incorrectly performed or reported test Inducible resistance

\*Disagreement: clinical cure despite laboratory determined resistance OR failure to cure despite laboratory determined susceptibility

# Take Home Messages

## THE EASY AND OBVIOUS

- Antimicrobial resistance is increasing
  - The post-antibiotic era is on it's way
- Treat documented (or at least infections w/ evidence!)
- Next time you think "... just in case" your next thought should be "...but what if?"
- Optimize drug/dose to infection
- Familiarize yourself with relevant guidelines (CVMA, ISCAID, industry recommendations)
- Susceptibility profiles are highly variable, laboratory guidance is **VERY** important for aiding therapeutic selection

# Take Home Messages

## THE HARDER ONES

- Be aware of local susceptibility profiles
  - Ask your lab about what's going on locally
  - Keep track of test results your clinic receives
    - ex. how often do you see MRSP?
  - Use them to guide empiric therapy
- Don't forget about intrinsic resistance
- Reflect on outcomes
  - Why did that patient recover/not recover?

QUESTIONS